

Start List for Compass Sport Cup/Trophy NW Heat

22nd February 2026

Penrith Beacon

NOTE: This list does not include any changes made after 17th February. Final start lists will be available on the day at the Event Centre and Pre-Start

BL

Name	Age Class	Course	Start Time	SI Card Number
Isabel Berry	W45	3 Women Open	12:29:00	8640474
Karen Blackburn	W80	8 M80+ W70+	10:34:00	8066681
Mike Cumpstey	M80	6 M65+	10:31:00	10974
Joan Cumpstey	W75	7 M75+ W60+	10:32:00	10975
Ian Cumpstey	M45	2 M18- M45+	11:25:00	8210976
Patricia Davies	W70	8 M80+ W70+	10:37:00	8165201
Nancy Davies	W75	8 M80+ W70+	12:06:00	8214529
Jack Eyre	M35	1 Open	11:54:00	8516937
John Ferris-Worth	M60	4 M55+	11:02:00	8120365
Julie Ferris-Worth	W55	5 W18- W45+	11:05:00	8270519
Paul Gaines	M55	4 M55+	12:20:00	8634073
Christine Goulding	W60	7 M75+ W60+	11:59:00	8630914
Thomas Hartley	M14	10M M14-	12:17:00	202142
Alan Hartley	M50	2 M18- M45+	12:29:00	8641550
Natalie Hawkrigg	W50	5 W18- W45+	12:17:00	8005923
Rob Humphreys	M45	2 M18- M45+	11:49:00	8523422
Claire Humphreys	W45	Light Green		8681956
Edward Hutt	M10	10M M14-	11:37:00	2443502
Ed Hutt	M60	4 M55+	11:50:00	220087
Christine Kiddier	W70	8 M80+ W70+	10:44:00	8630958
Chris Lates	M85	8 M80+ W70+	11:08:00	8140140
Ali Lea	W50	3 Women Open	12:23:00	8662422
Andy Lewsley	M70	6 M65+	10:46:00	7300088
Stella Lewsley	W70	7 M75+ W60+	10:57:00	8641503
Andrew Leon	M70	Light Green		8506344
David Mainwaring	M60	4 M55+	12:02:00	8230762
Gary Newman	M60	Light Green		333797
Janice Nichols	W65	7 M75+ W60+	10:35:00	8280281
Philip Nichols	M65	6 M65+	10:40:00	8005757
Mark Peplow	M50	2 M18- M45+	12:07:00	339722
Jeff Powell Davies	M45	2 M18- M45+	12:25:00	8310580
Heather Prince	W65	7 M75+ W60+	12:28:00	32953
Owain Rice	M35	1 Open	10:39:00	8261376

Richard Sewell	M70	6 M65+	11:58:00	2448462
Paul Watson	M65	6 M65+	12:27:00	8416420
Angela Whitworth	W80	8 M80+ W70+	10:30:00	1008503
Raymond Wren	M80	8 M80+ W70+	12:20:00	8005166
Jenny Wren	W75	8 M80+ W70+	12:25:00	8300750
Jane Yates	W55	5 W18- W45+	11:29:00	8662403

LOC

Name	Age Class	Course	Start Time	SI Card Number
Michael Adams	M21	1 Open	11:22:00	8100996
Mary Adams	W65	7 M75+ W60+	11:25:00	8680924
Neil Adams	M65	6 M65+	11:28:00	8680925
Pippa Archer	W45	3 Women Open	11:14:00	8132132
Duncan Archer	M45	2 M18- M45+	11:28:00	8110277
Mike Atherton	M80	8 M80+ W70+	10:32:00	8015395
Nicholas Barber	M35	1 Open	10:36:00	9058008
Lindsey Bayles	W65	7 M75+ W60+	12:10:00	8670617
Tim Boden	M60	4 M55+	12:23:00	33186
Gill Browne	W70	8 M80+ W70+	12:10:00	8657439
Steve Burge	M80	8 M80+ W70+	11:02:00	8100242
Judy Burge	W65	7 M75+ W60+	11:05:00	8191157
Simon Cane	M75	7 M75+ W60+	11:13:00	8120861
David Corp	M75	7 M75+ W60+	11:54:00	8413726
Susan Edlington	W70	Light Green		8221053
Anne Edwards	W35	3 Women Open	11:38:00	8333330
Cliff Etherden	M75	7 M75+ W60+	11:09:00	8657413
Simon Filmore	M70	6 M65+	10:52:00	8117048
Judith Filmore	W65	7 M75+ W60+	10:52:00	8117058
Derek Fryer	M70	4 M55+	12:08:00	8453071
Elodie Haslett	W12	10W W14-	11:22:00	8176003
Joanne Haslett	W45	5 W18- W45+	11:25:00	8176002
Jenny Hauxwell	W45	5 W18- W45+	10:43:00	8190779
Theo Hauxwell	M12	Yellow		50122
Liz Heaton	W45	5 W18- W45+	11:25:00	8201837
Alan Heppenstall	M80	8 M80+ W70+	11:42:00	8740290
Jess Hinkins	W12	10W W14-	10:47:00	8123417
Alex Hinkins	M10	10M M14-	11:07:00	8123426
Ian Hinkins	M40	1 Open	11:09:00	8508244
Catherine Hinkins	W40	Light Green		8123423
Alison Hooper	W50	5 W18- W45+	10:53:00	8221105
Mike Hooper	M55	4 M55+	10:53:00	8628552
Nick Howlett	M55	4 M55+	11:09:00	8640476
Jack Hutchinson	M12	10M M14-	10:32:00	1800391
Steve Kruger	M65	6 M65+	11:43:00	8214509

David Lloyd	M75	7 M75+ W60+	11:45:00	8235610
Carol McNeill	W80	8 M80+ W70+	11:52:00	8680561
Michael Napier	M70	6 M65+	11:12:00	8171791
Janet Nash	W75	8 M80+ W70+	11:28:00	2064128
John Nash	M75	7 M75+ W60+	11:29:00	11721
Helen Neild	W75	8 M80+ W70+	12:04:00	2061455
Dave Neild	M75	7 M75+ W60+	12:05:00	2127412
Todd Oates	M40	1 Open	10:52:00	8080085
Meg Owens	W65	7 M75+ W60+	11:35:00	414029
Pete Owens	M65	4 M55+	11:38:00	887395
Rachel Powell	W55	5 W18- W45+	11:49:00	8341212
Martin Powell	M75	7 M75+ W60+	11:49:00	8341211
Christine Robinson	W70	8 M80+ W70+	10:40:00	8632891
Andy Robinson	M70	6 M65+	10:45:00	8632898
Rebecca Rooke	W35	3 Women Open	10:50:00	8658326
Matthew Rooke	M35	1 Open	11:57:00	8416921
Harriet Rooke	W10	10W W14-	11:57:00	8300116
Cecily Rooke	W10	Yellow		503587
Roger Smith	M75	7 M75+ W60+	10:47:00	8657416
Ann Smith	W75	8 M80+ W70+	10:50:00	2447349
Robert Smith	M60	4 M55+	11:55:00	2052897
Iain Smith-Ward	M55	2 M18- M45+	10:38:00	8240868
Rach Stavert	W60	7 M75+ W60+	10:43:00	8224974
Richard Tiley	M65	6 M65+	11:57:00	8516569
Richard Towler	M75	7 M75+ W60+	10:31:00	8197024
Isobel Williamson	W75	8 M80+ W70+	11:16:00	2064227

MDOC

Name	Age Class	Course	Start Time	SI Card Number
Duncan Birtwistle	M21	1 Open	12:15:00	8003872
John Britton	M75	7 M75+ W60+	12:13:00	8195196
Mark Burley	M35	1 Open	11:12:00	8060187
Liam Corner	M55	4 M55+	11:06:00	8091170
Michele Dawson	W21	3 Women Open	12:17:00	8471994
Jillyan Dobby	W70	8 M80+ W70+	11:14:00	8010851
Cecilia Fenerty	W60	7 M75+ W60+	11:03:00	8060764
Simon Freytag	M45	2 M18- M45+	11:52:00	8133144
David Gray	M45	2 M18- M45+	11:10:00	8202810
Sophie Gray	W18	9W W18-	11:10:00	2139349
Rowena Hamilton	W45	5 W18- W45+	11:56:00	8667396
Graham Heap	M65	6 M65+	10:55:00	8499924
David McCann	M60	4 M55+	11:23:00	8657409
Jane McCann	W60	7 M75+ W60+	11:33:00	7081966
Peter Ross	M75	7 M75+ W60+	11:11:00	8221147

Chris Rostron	M75	7 M75+ W60+	11:53:00	8220247
Julia Simpson	W60	7 M75+ W60+	11:47:00	8761128
Peter Taylor-Bray	M21	1 Open	10:57:00	8394975
David Wathey	M60	4 M55+	10:51:00	8031065

PFO

Name	Age Class	Course	Start Time	SI Card Number
Ginny Anderson	W70	8 M80+ W70+	11:22:00	2022714
Helen Ashton	W45	5 W18- W45+	11:41:00	8280779
Aly Brook	W40	3 Women Open	11:35:00	8003972
Ellen Butcher	W50	5 W18- W45+	12:05:00	8225029
Ben Carter	M45	2 M18- M45+	11:43:00	8003273
Susannah Cass	W35	Light Green		2158383
Nicholas Colwill	M40	1 Open	12:26:00	8761171
Wendy Crawford-Smith	W75	8 M80+ W70+	10:58:00	8181047
George Crawford-Smith	M80	8 M80+ W70+	11:06:00	8261384
Hannah Dabinett	W35	3 Women Open	11:23:00	8461725
Richard Edwards	M60	4 M55+	11:18:00	8210163
Andy Ellis	M65	6 M65+	10:43:00	8170360
Helen Ellis	W50	5 W18- W45+	10:45:00	8030572
Isabelle Garrett	W21	3 Women Open	12:20:00	2011384
Christopher Goddard	M45	1 Open	11:36:00	8640448
Kirsty Hall	W50	5 W18- W45+	12:29:00	8191073
Kay Hawke	W40	3 Women Open	11:02:00	8072540
Cath Hignett	W65	7 M75+ W60+	11:41:00	8214531
Pauline May	W45	5 W18- W45+	11:17:00	8500610
Greg May	M45	2 M18- M45+	11:19:00	8654197
Una May	W10	Yellow		2136455
Ben Mounsey	M45	2 M18- M45+	12:28:00	8260881
Maggie Ridehalgh	W70	8 M80+ W70+	11:48:00	2022728
Helen Smethurst	W65	7 M75+ W60+	11:22:00	33058
Peter Stobbs	M60	4 M55+	11:47:00	1407572
Emma Taylor	W35	3 Women Open	10:53:00	8008106
Mark Villiers	M45	1 Open	12:12:00	8294798
Steven White	M45	2 M18- M45+	12:10:00	8197911
Steve Wilson	M50	2 M18- M45+	10:52:00	8041274
Anna Wilson	W16	9W W18-	10:58:00	8332310
Catherine Wilson	W45	5 W18- W45+	11:33:00	8191078
Judith Wood	W60	7 M75+ W60+	12:22:00	8630882
Paul Wright	M65	6 M65+	11:55:00	9875112

SELOC

Name	Age Class	Course	Start Time	SI Card Number
Caroline Barcham	W60	7 M75+ W60+	11:15:00	11115
Dorothea Brooke	W10	10W W14-	11:29:00	442961
Lorna Brooke	W40	3 Women Open	11:44:00	349292
Peter Brooke	M40	1 Open	11:45:00	8519833
Carmel Burke	W55	5 W18- W45+	11:13:00	2079955
Kath Etherden	W75	8 M80+ W70+	11:38:00	261211
Michael Hood	M65	6 M65+	10:36:00	436255
Edward Mellor	M55	2 M18- M45+	11:16:00	8197999
John Nuttall	M80	8 M80+ W70+	11:50:00	8189681
Stephen Richards	M70	6 M65+	11:21:00	8060753
Stephen Round	M75	7 M75+ W60+	11:55:00	8630892
Mark Sammon	M55	1 Open	11:15:00	442930
Mark Seddon	M60	4 M55+	11:36:00	8210162
Chris Stafford	M35	1 Open	12:18:00	
Abbi Taylor	W14	10W W14-	10:34:00	442950
Chris Taylor	M55	4 M55+	10:35:00	8267053
Florence Taylor	W16	9W W18-	10:35:00	8202515
Karen Taylor	W50	5 W18- W45+	10:41:00	1000288
Dean Thetford	M65	6 M65+	11:49:00	349289
Joanna Treasure	W60	7 M75+ W60+	10:53:00	1317538
Paul Turner	M65	4 M55+	11:08:00	8656108
Lee Ward	M50	2 M18- M45+	10:50:00	8008761

SOLWAY

Name	Age Class	Course	Start Time	SI Card Number
Suzanne Christie	W55	5 W18- W45+	10:37:00	2022615
Richard Colbeck	M60	2 M18- M45+	11:34:00	8610865
Carol Graham	W60	5 W18- W45+	11:09:00	8680555
Stuart Graham	W55	4 M55+	11:14:00	9201081
Glyn Jones	M75	7 M75+ W60+	11:26:00	345580
Derek Kennedy	W60	4 M55+	11:44:00	8121964
Briony Kincaid	W21	1 Open	11:42:00	442978
Dave McQuillen	M80	8 M80+ W70+	11:54:00	8100601
Ian Murgatroyd	M60	2 M18- M45+	11:31:00	1404023
Helen O'Donoghue	W60	7 M75+ W60+	11:06:00	8508242
Joyce Rammell	W75	8 M80+ W70+	11:30:00	37632
Keira Tedd	W21	3 Women Open	11:29:00	2030865
Ian Turner	M75	7 M75+ W60+	12:07:00	8669965
Claire Wilkinson	W40	3 Women Open	11:47:00	8103336

SROC

Name	Age Class	Course	Start Time	SI Card Number
Juliet Bentley	W55	5 W18- W45+	11:55:00	1030867
Rowena Browne	W60	7 M75+ W60+	11:07:00	11776
Graham Capper	M65	6 M65+	10:37:00	8270258
Tom Chapman	M16	9M M18-	11:00:00	8261425
Matthew Cochrane	M70	6 M65+	11:39:00	8125654
Jill Cochrane	W65	7 M75+ W60+	11:47:00	8090257
Dawn Corlett	W55	5 W18- W45+	12:19:00	8505646
Tony Davies	M75	7 M75+ W60+	12:19:00	8241148
Fraser Dixon	M21	1 Open	10:42:00	8161103
Louise Dunn	W65	7 M75+ W60+	10:34:00	8250660
Jacky Embrey	W65	3 Women Open	10:59:00	8170958
John Embrey	M65	6 M65+	11:07:00	8150558
Paul Ferguson	M75	7 M75+ W60+	11:01:00	8657495
Alex Finch	M65	6 M65+	11:01:00	8220751
Michael Finch	M21	1 Open	11:03:00	8212782
Jon Green	M50	2 M18- M45+	12:04:00	8451786
David Hargreaves	M75	7 M75+ W60+	11:37:00	8680927
Samuel Heery	M16	9M M18-	11:15:00	363683
Brian Jackson	M80	8 M80+ W70+	11:56:00	8502606
Mike Johnson	M65	6 M65+	11:30:00	8110160
Finlay Johnson	M21	1 Open	11:33:00	8280102
Julian Lailey	M80	8 M80+ W70+	11:00:00	8459900
Roy McGregor	M60	4 M55+	11:59:00	8770585
Michael McLoughlin	M70	6 M65+	12:13:00	8061052
Tania Milnes	W50	5 W18- W45+	10:57:00	8004559
Peter Moseley	M45	2 M18- M45+	11:37:00	2096643
Joe Murphy	M60	4 M55+	10:44:00	8111419
Deb Murrell	W60	7 M75+ W60+	11:27:00	8240766
Karen Nash	W65	3 Women Open	11:26:00	721573
Anne Ockenden	W21	3 Women Open	11:50:00	1981021
Mary Ockenden	W65	7 M75+ W60+	12:09:00	8310759
Ian Porter	M55	4 M55+	10:59:00	8004569
Karen Quickfall	W60	7 M75+ W60+	11:17:00	8667588
Andrew Quickfall	M65	6 M65+	11:22:00	8667584
Sam Roberts	M16	9M M18-	10:40:00	2443375
Fiona Roberts	W50	5 W18- W45+	10:48:00	1191079
David Roome	M40	1 Open	10:30:00	8404390
Heather Roome	W40	3 Women Open	10:32:00	8347438
Sue Roome	W70	8 M80+ W70+	12:28:00	8180652
Martyn Roome	M70	6 M65+	12:28:00	8141052
Rebecca Rowe	W45	5 W18- W45+	11:31:00	8270179

Simonas Sakalauskas	M40	1 Open	12:09:00	8211753
Katharine Shrine	W50	5 W18- W45+	11:21:00	8310774
Gavin Smith	M65	4 M55+	12:14:00	8030958
Joanne Taylor	W60	7 M75+ W60+	11:57:00	8196301
John Taylor	M75	7 M75+ W60+	12:02:00	8670612
Ian Thomas	M55	4 M55+	11:29:00	8140968
Fay Thomas	W16	9W W18-	11:35:00	8122011
Zach Thomas	M18	9M M18-	11:55:00	8191209
James Todhunter	M45	2 M18- M45+	10:46:00	8008594
Maisie Todhunter	W14	10W W14-	10:54:00	8145310
Lucie Todhunter	W45	5 W18- W45+	11:07:00	8008587
Ben Todhunter	M18	2 M18- M45+	11:13:00	8145312
Sarah Watkins	W50	5 W18- W45+	12:09:00	8261746
Max Watson	M21	1 Open	12:22:00	8072703
Liam Webb	M40	1 Open	11:51:00	8740105

WCOC

Name	Age Class	Course	Start Time	SI Card Number
Elizabeth Adams	W45	5 W18- W45+	11:11:00	1693022
Bob Barnby	M75	7 M75+ W60+	10:49:00	8667391
Kay Billinghamurst	W60	7 M75+ W60+	11:31:00	1101964
Hannah Birkinshaw	W18	9W W18-	11:20:00	8681168
Steve Birkinshaw	M55	2 M18- M45+	11:22:00	8681166
Cecilia Boardman	W12	10W W14-	11:32:00	
Fred Boardman	M50	2 M18- M45+	11:32:00	
Jacob Boardman	M10	Yellow		
Andrew Bradley	M60	4 M55+	10:56:00	8669944
Steven Breeze	M55	4 M55+	12:11:00	8669941
Urszula Bronkowska	W35	3 Women Open	11:20:00	8413737
Anne Burbidge	W65	7 M75+ W60+	11:36:00	345538
Alex Crawford	W55	5 W18- W45+	10:51:00	8256373
Emma Crawford	W21	3 Women Open	11:32:00	8256371
Ryan Crellin	M40	1 Open	10:45:00	8020785
Rebecca Crellin	W40	3 Women Open	10:47:00	8280585
Ann Cummings	W65	7 M75+ W60+	12:01:00	8121059
Richard Cummings	M65	6 M65+	12:15:00	8050403
Hywel Davies	M40	1 Open	11:18:00	2227149
David Downes	M70	6 M65+	11:16:00	8072448
Tony Duncan	M80	8 M80+ W70+	12:00:00	8190343
Jonathan Eaton	M65	6 M65+	12:01:00	8102030
Elizabeth Elliott	W75	8 M80+ W70+	11:12:00	8632872
Jasmine Girdlestone	W21	3 Women Open	11:11:00	223258
Jonty Goodwin	M21	1 Open	11:48:00	8074458
Deborah Goodwin	W65	7 M75+ W60+	11:51:00	8074460

Katie Graham	W12	10W W14-	11:49:00	2445743
Richard Graham	M16	9M M18-	12:00:00	2222691
Mike Harrison	M55	4 M55+	11:17:00	8655922
Charlotte Henderson	W12	10W W14-	10:42:00	
Scott Henderson	M50	2 M18- M45+	10:55:00	
James Henderson	M14	10M M14-	10:57:00	
Catherine Henderson	W45	5 W18- W45+	10:59:00	8498112
Sally Heppell	W45	5 W18- W45+	11:23:00	345721
Sola Holmes	W14	10W W14-	12:07:00	606868
Hiroki Holmes	M16	9M M18-	12:20:00	8203203
Steve Holmes	M55	4 M55+	12:26:00	8628899
Alan Homer	M40	1 Open	11:00:00	1800399
Carl Humphreys	M45	2 M18- M45+	11:46:00	8182629
Eva Humphreys	W20	3 Women Open	11:53:00	8040505
Angela Jackson	W50	5 W18- W45+	11:15:00	8700492
Roger Jackson	M75	7 M75+ W60+	12:21:00	8602083
Ray Johnstone	M75	7 M75+ W60+	10:59:00	8010951
Kim Leslie	W60	7 M75+ W60+	11:10:00	8003332
Howard Leslie	M60	4 M55+	11:11:00	8003331
Margaret Mackenzie	W65	7 M75+ W60+	12:11:00	8600116
Janette McHendry	W55	5 W18- W45+	12:11:00	8080169
Emma Moody	W55	5 W18- W45+	11:35:00	2072440
Jim Morris	M45	2 M18- M45+	11:04:00	8170501
Sam Morris	M16	9M M18-	11:05:00	8075567
Chris Naylor	M40	1 Open	11:39:00	8276412
Stacy Ness	W21	Light Green		2218544
Adele Newall	W65	7 M75+ W60+	10:37:00	8031161
Phil Newall	M60	4 M55+	10:41:00	8005362
Alison Parker	W40	3 Women Open	10:56:00	50188
Michael Pearson	M80	8 M80+ W70+	11:24:00	8554242
Dave Phillips	M45	2 M18- M45+	10:40:00	
Rafferty Phillips	M14	10M M14-	10:42:00	
Gwen Rea	W70	8 M80+ W70+	10:46:00	434748
George Rennie	M18	9M M18-	11:40:00	8126579
Helen Rennie	W50	5 W18- W45+	11:47:00	8005235
Jamie Rennie	M55	2 M18- M45+	11:58:00	8069601
Malcolm Ruckledge	M80	8 M80+ W70+	11:36:00	2052899
Susan Skinner	W60	7 M75+ W60+	11:40:00	8004008
Martin Skinner	M60	4 M55+	11:41:00	8002008
David Spencer	M55	4 M55+	11:32:00	1671969
Issy Sunley	W21	3 Women Open	12:08:00	8240105
Joe Sunley	M21	1 Open	12:21:00	8200203
John Taylor	M60	4 M55+	11:56:00	8290014
Roger Thomas	M65	6 M65+	11:48:00	8657548
Lynne Thomas	W55	5 W18- W45+	11:59:00	8632164
Simon Thomas	M45	2 M18- M45+	12:13:00	8261294
Paul Tickner	M70	6 M65+	11:31:00	223305
James Trott	M21	1 Open	12:06:00	8097024

Emma Trott
Graham Watson

W21
M60

Light Green
4 M55+

11:27:00

220729