



Penrith Explorer: Long

MAPRUN

Discover Penrith, the Heart of Cumbria!



Use Maprun to check in to points around Penrith centre & Castle Park. Assuming you have already installed the Maprun app on your phone you can scan the adjacent QR code and this will load the appropriate course into Maprun the app. Alternatively from within the Maprun app select an event by navigating to the folder UK/Cumbria/North and selecting one of the Penrith Explorer courses.

Information from points around both courses is presented below. If you are on the short course do consider a deviation into St Andrew's churchyard to see the church & the Giants' Grave.

1 Castle ruins & park

Penrith Castle ruins sit in Castle Park between the town centre & the station. Built at the end of the 14th century the castle played a role in the defence of the Scottish borders. It was

transformed into a
"luxury residence" by
Richard III who lived
here for periods
between 1471 and
1483 before becoming
King. The castle
fell into decline during
the 1600s and by
1695 was largely in
ruins.



6 Paddington Bear comes to Penrith

7 The George Hotel

invasion of England.

The George, formerly the George & Dragon,

was a coaching inn. Apparently the dragon

was dropped from it's name in 1715 due to fears of it being treasonous. In 1745 Bonnie Prince Charlie paid a short visit on his

8 Penrith & Eden Museum

who made his money in London.

Located at the end of Middlegate the museum is

in the building that was once Robinson's School,

established in 1670 by a Penrith-born merchant

also the Tourist information office. It is situated



One of 23 Paddington Bear statues added through Britain. Penrith was selected as a location due to nearby Dalemain House being the home of the World Marmalade Awards each year.... and we all know what

Paddington preferred in his sandwiches!!

Why not take a selfie sitting beside Paddington, but don't take his sandwich!

2 Black Angel & band stand

The hill with the band stand is the high point of Castle Park, not the castle itself. The Black Angel memorial is to lives lost in the Boer War (1899-1902)

3 Great Dockray

In the 18th century this was Penrith's cattle market, complete with many inns.

4 Clock Tower



Situated in Penrith's
"Market Square" the tower
is called the Musgrave
Monument, a gift to the
town in 1861 by the
wealthy Musgrave
family who wanted
to memoralise
their son.
Situate

n in 1861 by the
Ithy Musgrave
Ily who wanted

9 Giants' Grave & St Andrews Church

Situated in the graveyard surrounding St Andrews Church is Penrith's Giants' Grave. Rumoured to be the grave of Owen Caesarius, "King of Cumbria" (900-937AD), although excavations would suggest probably not.

St Andrew's Church is interesting in it's own right. Constructed with the local red sandstone it incorporates a castellated tower with 6' walls built to protect townfolk from Scottish raiders. St Andrew, the patron saint of Scotland, reflects old links north of what is now the border.

The current church was built in 1720. Take a look inside to see what was considered at the time one of the most elegant churches in England.



Penrith Explorer Maprun				
Long		J	3.4 km	
$\overline{>}$		Start	: Southern Tree	=
1	230	Single Tree		
2	204	Wall, NW. End		
3	234	Seat		
4	223	Thicket, SE. Side		
5	206	Steps, foot		
6	207	Between Trees		
7	208	Seat		
8	209	NE. Single Tree		
9	210	Single Tree		
10	211	Single Tree		
11	218	Angel Monument		
12	212	Steps, Foot		
13	228	N. Single Tree		
14	224	Building canopy, SW. End		
15	217	Clock tower		
16	229	Band stand canopy		
17	219	Steps		
18	201	Bear		
19	220	Between Buildings		
20	232	Wall,	SE. Corner (outsi	de)
21	213	Build	ling, NW. Corner (d	outside)
22	214	Well	(Flower bed)	
23	215	SW. Single Tree		
24	202	Fence, NE. End		
25	225	Boulder		
26	226	Giant's Grave		
27	203	W. Building, N Corner (outside)		
28	205	Steps to nowhere (!), South end		
29	227	Fence, N. End		
30	222	Steps, top		

5 Cornmarket

Cornmarket was where the grain market was held. Inns frequented by farmers were many. Only the Board & Elbow survives (then called the Black Bull).

Discover Penrith map information

The map is based on Border Liners' urban map of Penrith at a scale of 1:4000. It has been enlarged to 1:3000 for the purposes of this activity. Roads & other hard surfaces have been hidden, apart from those roads that have busier town centre traffic which are shown brown. Contours have also been hidden to simplify the map (there aren't too many in the centre!), and some additional "informational" symbols added to provide help.



Parking locations



Bus station

Leisure centre



Busy road Seat / bench



Navigate 70 m to Finish

borderlinersorienteering.org
 Border Liners
 Orienteering Club

Tourist information office