

Split times for Brown

8.9km 195m

Pos	Name	Age	Time	(S1)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	(F1)
		Class			(128)	(102)	(101)	(134)	(103)	(105)	(120)	(113)	(106)	(108)	(109)	(110)	(115)	(116)	(118)	(131)	(137)	(111)	(114)	(132)	(133)	(117)	(124)	(136)	
1st	Duncan Archer CLOK	M35	66:54	0:00	1:22	2:54	3:58	4:51	6:53	8:14	12:14	14:07	17:02	19:04	20:25	23:47	26:39	28:21	32:56	34:27	37:55	41:24	46:40	49:25	51:33	57:54	62:28	65:08	66:54
				0:00	1:22	1:32	1:04	0:53	2:02	1:21	4:00	1:53	2:55	2:02	1:21	3:22	2:52	1:42	4:35	1:31	3:28	3:29	5:16	2:45	2:08	6:21	4:34	2:40	1:46
2nd	Mike McIver LOC	M21	74:42	0:00	1:42	4:24	5:35	6:25	11:23	13:14	18:04	19:40	22:50	24:58	26:22	29:48	32:56	34:43	39:50	41:48	45:51	49:25	54:58	58:05	60:05	64:31	69:38	72:41	74:42
				0:00	1:42	2:42	1:11	0:50	4:58	1:51	4:50	1:36	3:10	2:08	1:24	3:26	3:08	1:47	5:07	1:58	4:03	3:34	5:33	3:07	2:00	4:26	5:07	3:03	2:01
3rd	Shane Ohly KERNO	M35	81:28	0:00	1:43	5:00	6:01	6:55	8:59	10:28	14:29	16:43	20:25	22:35	25:59	29:14	33:06	34:53	40:30	42:14	46:04	50:02	55:26	59:26	61:37	67:36	73:50	79:45	81:28
				0:00	1:43	3:17	1:01	0:54	2:04	1:29	4:01	2:14	3:42	2:10	3:24	3:15	3:52	1:47	5:37	1:44	3:50	3:58	5:24	4:00	2:11	5:59	6:14	5:55	1:43
4th	Steve Birkinshaw WCOG	M45	84:31	0:00	1:38	6:38	7:45	8:48	10:58	12:35	18:58	21:02	24:41	26:46	28:16	31:32	34:56	36:54	42:26	44:14	48:24	52:11	57:33	61:24	63:48	72:35	78:31	82:27	84:31
				0:00	1:38	5:00	1:07	1:03	2:10	1:37	6:23	2:04	3:39	2:05	1:30	3:16	3:24	1:58	5:32	1:48	4:10	3:47	5:22	3:51	2:24	8:47	5:56	3:56	2:04
5th	Simon Hunter WCOG	M45	86:44	0:00	1:51	3:52	5:08	6:16	8:44	10:21	15:51	17:45	21:43	24:41	26:10	29:38	33:38	36:03	41:45	45:04	49:29	53:21	59:07	62:28	64:48	72:06	78:48	84:58	86:44
				0:00	1:51	2:01	1:16	1:08	2:28	1:37	5:30	1:54	3:58	2:58	1:29	3:28	4:00	2:25	5:42	3:19	4:25	3:52	5:46	3:21	2:20	7:18	6:42	6:10	1:46
6th	Pippa Archer CLOK	W35	90:34	0:00	1:45	4:02	5:50	7:02	10:51	12:55	19:34	21:52	26:03	29:12	30:56	34:44	38:54	42:43	48:34	51:14	55:43	60:02	67:09	71:12	73:51	78:33	84:16	88:15	90:34
				0:00	1:45	2:17	1:48	1:12	3:49	2:04	6:39	2:18	4:11	3:09	1:44	3:48	4:10	3:49	5:51	2:40	4:29	4:19	7:07	4:03	2:39	4:42	5:43	3:59	2:19
7th	Francis Shillitoe NATO	M40	93:36	0:00	1:54	4:54	7:15	8:36	12:01	13:58	19:46	22:26	27:59	30:56	32:34	36:10	39:48	43:48	50:42	53:04	57:22	62:02	67:50	71:23	77:01	81:38	87:50	91:42	93:36
				0:00	1:54	3:00	2:21	1:21	3:25	1:57	5:48	2:40	5:33	2:57	1:38	3:36	3:38	4:00	6:54	2:22	4:18	4:40	5:48	3:33	5:38	4:37	6:12	3:52	1:54
8th	Alastair Mackenzie CLOK	M55	93:56	0:00	2:03	7:19	8:24	9:31	12:07	14:01	19:01	20:56	25:07	28:07	30:14	33:47	38:39	40:55	46:50	48:48	53:29	58:21	65:10	69:49	72:40	80:48	87:54	91:46	93:56
				0:00	2:03	5:16	1:05	1:07	2:36	1:54	5:00	1:55	4:11	3:00	2:07	3:33	4:52	2:16	5:55	1:58	4:41	4:52	6:49	4:39	2:51	8:08	7:06	3:52	2:10
9th	Ian Cumpstey JOK	M35	94:44	0:00	1:46	6:31	7:42	12:02	15:21	17:16	23:16	26:17	30:06	33:01	34:50	38:26	42:48	45:19	51:36	53:56	58:51	63:30	70:35	74:20	76:44	81:32	88:11	92:29	94:44
				0:00	1:46	4:45	1:11	4:20	3:19	1:55	6:00	3:01	3:49	2:55	1:49	3:36	4:22	2:31	6:17	2:20	4:55	4:39	7:05	3:45	2:24	4:48	6:39	4:18	2:15
10th	Alan Irving WCOG	M45	96:07	0:00	1:41	4:07	5:21	6:26	9:00	10:46	18:18	22:22	27:11	29:47	32:04	35:47	41:18	43:52	52:29	54:31	59:35	66:03	72:26	76:17	79:00	84:04	90:24	94:11	96:07
				0:00	1:41	2:26	1:14	1:05	2:34	1:46	7:32	4:04	4:49	2:36	2:17	3:43	5:31	2:34	8:37	2:02	5:04	6:28	6:23	3:51	2:43	5:04	6:20	3:47	1:56
11th	Mike Harrison WCOG	M40	98:10	0:00	2:10	5:26	7:09	8:40	13:16	15:31	21:34	24:35	29:02	32:02	34:22	38:07	43:11	45:52	52:42	54:49	59:47	64:40	71:29	76:55	79:42	86:16	93:04	96:23	98:10
				0:00	2:10	3:16	1:43	1:31	4:36	2:15	6:03	3:01	4:27	3:00	2:20	3:45	5:04	2:41	6:50	2:07	4:58	4:53	6:49	5:26	2:47	6:34	6:48	3:19	1:47
12th	Daniel Parker BL	M50	99:51	0:00	1:56	4:27	12:57	14:06	17:34	19:27	25:28	28:32	32:36	35:37	37:45	42:02	45:47	48:24	55:30	57:23	61:48	66:57	73:21	77:55	80:31	85:20	91:14	95:05	99:51
				0:00	1:56	2:31	8:30	1:09	3:28	1:53	6:01	3:04	4:04	3:01	2:08	4:17	3:45	2:37	7:06	1:53	4:25	5:09	6:24	4:34	2:36	4:49	5:54	3:51	4:46
13th	Jonathan Brown BL	M45	101:22	0:00	2:46	12:49	14:32	15:34	18:44	21:55	27:50	30:49	34:34	37:26	39:10	42:26	47:10	50:18	56:54	59:04	63:26	67:22	73:59	79:06	81:52	89:00	95:17	99:08	101:22
				0:00	2:46	10:03	1:43	1:02	3:10	3:11	5:55	2:59	3:45	2:52	1:44	3:16	4:44	3:08	6:36	2:10	4:22	3:56	6:37	5:07	2:46	7:08	6:17	3:51	2:14
14th	Karen Parker BL	W50	103:08	0:00	2:07	4:55	7:08	9:00	12:30	14:48	22:46	25:06	29:34	32:40	34:46	39:35	43:46	46:48	54:59	57:07	62:14	67:21	74:48	79:26	82:24	88:43	95:31	99:59	103:08
				0:00	2:07	2:48	2:13	1:52	3:30	2:18	7:58	2:20	4:28	3:06	2:06	4:49	4:11	3:02	8:11	2:08	5:07	5:07	7:27	4:38	2:58	6:19	6:48	4:28	3:09
15th	Helen Ockenden SROC	W18	105:13	0:00	1:43	5:08	6:25	7:38	10:26	12:37	18:13	25:31	30:04	33:08	35:05	39:05	43:17	45:53	55:42	57:45	62:47	67:57	75:01	79:57	83:08	90:44	97:29	102:54	105:13
				0:00	1:43	3:25	1:17	1:13	2:48	2:11	5:36	7:18	4:33	3:04	1:57	4:00	4:12	2:36	9:49	2:03	5:02	5:10	7:04	4:56	3:11	7:36	6:45	5:25	2:19
16th	Steve Lang MDOC	M40	106:47	0:00	2:30	18:32	20:10	21:22	24:23	26:12	33:11	35:32	39:27	43:07	45:18	49:00	54:59	57:42	64:19	66:14	71:18	75:44	82:08	86:07	89:11	94:54	100:55	104:41	106:47
				0:00	2:30	16:02	1:38	1:12	3:01	1:49	6:59	2:21	3:55	3:40	2:11	3:42	5:59	2:43	6:37	1:55	5:04	4:26	6:24	3:59	3:04	5:43	6:01	3:46	2:06
17th	Hannah Cleary-Hughes LOC	W18	107:13	0:00	1:41	3:47	5:08	6:51	14:51	16:53	23:49	26:35	30:50	38:11	39:53	44:03	49:51	52:39	61:18	63:17	67:56	73:48	81:31	85:33	88:24	94:09	101:01	105:07	107:13
				0:00	1:41	2:06	1:21	1:43	8:00	2:02	6:56	2:46	4:15	7:21	1:42	4:10	5:48	2:48	8:39	1:59	4:39	5:52	7:43	4:02	2:51	5:45	6:52	4:06	2:06
18th	Richard Wilson LOC	M60	108:50	0:00	2:43	5:17	7:03	8:32	13:40	15:37	21:38	24:16	29:28	33:06	35:23	39:25	43:40	46:23	52:53	54:51	59:59	64:38	73:57	79:56	83:06	92:34	101:00	105:27	108:50
				0:00	2:43	2:34	1:46	1:29	5:08	1:57	6:01	2:38	5:12	3:38	2:17	4:02	4:15	2:43	6:30	1:58	5:08	4:39	9:19	5:59	3:10	9:28	8:26	4:27	3:23
19th	Ian Murgatroyd SOLWAY	M50	120:23	0:00	3:01	6:14	8:27	9:58	13:34	15:58	24:10	26:43	32:01	37:02	39:32	43:49	51:20	54:59	64:53	70:50	76:11	81:25	90:21	96:21	100:22	106:08	113:39	117:36	120:23
				0:00	3:01	3:13	2:13	1:31	3:36	2:24	8:12	2:33	5:18	5:01	2:30	4:17	7:31	3:39	9:54	5:57	5:21	5:14	8:56	6:00	4:01	5:46	7:31	3:57	2:47
20th	Geoff Clarke LOC	M21	127:08	0:00	1:53	6:57	10:32	15:24	19:25	21:21	31:54	36:02	42:29	47:49	50:13	53:55	59:28	63:03	70:19	72:38	77:29	82:33	90:34	97:00	100:38	110:52	118:58	124:12	127:08
				0:00	1:53	5:04	3:35	4:52	4:01	1:56	10:33	4:08	6:27	5:20	2:24	3:42	5:33	3:35	7:16	2:19	4:51	5:04	8:01	6:26	3:38	10:14	8:06	5:14	2:56
21st	Ian Peerless CLOK	M55	150:36	0:00	3:28	6:35	10:30	13:28	17:41	20:27	29:21	32:25	38:34	43:25	48:19	52:53	58:04	67:52	76:28	79:09	85:09	91:31	107:01	113:39	118:11	127:09	135:37	147:10	150:36
				0:00	3:28	3:07	3:55	2:58	4:13	2:46	8:54	3:04	6:09	4:51	4:54	4:34	5:11	9:48	8:36	2:41	6:00	6:22	15:30	6:38	4:32	8:58	8:28	11:33	3:26

Split times for Blue

5.9km 160m

Pos	Name	Age Class	Time	(S1)	1 (136)	2 (102)	3 (101)	4 (134)	5 (115)	6 (104)	7 (121)	8 (118)	9 (135)	10 (105)	11 (107)	12 (106)	13 (124)	14 (117)	15 (137)	16 (131)	17 (132)	(F1)
1st	Jonny Malley EBOR	M21	56:07	0:00 0:00	2:32 2:32	4:58 2:26	5:57 0:59	6:46 0:49	10:23 3:37	14:11 3:48	16:07 1:56	18:33 2:26	21:52 3:19	25:17 3:25	28:24 3:07	29:35 1:11	33:12 3:37	44:49 11:37	46:03 1:14	52:41 6:38	55:10 2:29	56:07 0:57
2nd	Duncan Innes BOK	M50	65:16	0:00 0:00	4:16 4:16	10:00 5:44	11:50 1:50	13:04 1:14	18:13 5:09	22:12 3:59	24:58 2:46	27:51 2:53	32:18 4:27	38:17 5:59	42:26 4:09	44:00 1:34	50:01 6:01	55:29 5:28	57:03 1:34	62:00 4:57	64:25 2:25	65:16 0:51
3rd	Rebecca Rooke SROC	W21	65:43	0:00 0:00	3:17 3:17	7:11 3:54	13:01 5:50	14:26 1:25	18:41 4:15	22:07 3:26	25:09 3:02	27:37 2:28	31:36 3:59	37:18 5:42	40:42 3:24	42:07 1:25	46:32 4:25	56:38 10:06	58:14 1:36	62:59 4:45	64:58 1:59	65:43 0:45
4th	George Hare NATO	M50	66:44	0:00 0:00	4:41 4:41	9:37 4:56	12:36 2:59	14:02 1:26	19:26 5:24	23:41 4:15	26:24 2:43	29:09 2:45	34:04 4:55	39:36 5:32	43:37 4:01	45:14 1:37	50:54 5:40	56:59 6:05	58:28 1:29	63:24 4:56	65:51 2:27	66:44 0:53
5th	Julian Lailey SROC	M65	67:57	0:00 0:00	3:41 3:41	7:20 3:39	9:04 1:44	10:15 1:11	15:20 5:05	18:59 3:39	21:55 2:56	25:19 3:24	30:01 4:42	35:30 5:29	40:25 4:55	42:06 1:41	47:45 5:39	58:12 10:27	59:40 1:28	64:33 4:53	67:05 2:32	67:57 0:52
6th	Kim Baxter SYO	W35	68:42	0:00 0:00	4:19 4:19	8:57 4:38	10:35 1:38	11:49 1:14	16:35 4:46	21:09 4:34	23:56 2:47	26:51 2:55	31:15 4:24	36:59 5:44	41:22 4:23	42:48 1:26	47:29 4:41	59:34 12:05	61:10 1:36	65:58 4:48	67:56 1:58	68:42 0:46
7th	Richard Baxter SYO	M45	69:13	0:00 0:00	3:38 3:38	11:58 8:20	13:29 1:31	14:29 1:00	19:54 5:25	24:08 4:14	26:53 2:45	29:59 3:06	34:48 4:49	40:35 5:47	44:20 3:45	45:54 1:34	51:20 5:26	59:44 8:24	61:03 1:19	66:01 4:58	68:22 2:21	69:13 0:51
8th	Nick Howlett LOC	M45	70:39	0:00 0:00	5:33 5:33	9:13 3:40	11:09 1:56	12:47 1:38	17:36 4:49	21:19 3:43	24:12 2:53	27:42 3:30	33:03 5:21	38:11 5:08	42:28 4:17	44:02 1:34	49:39 5:37	60:38 10:59	62:19 1:41	67:10 4:51	69:46 2:36	70:39 0:53
9th	Matthew Rooke LOC	M21	71:47	0:00 0:00	3:20 3:20	6:37 3:17	7:57 1:20	9:03 1:06	13:10 4:07	16:21 3:11	22:00 5:39	24:23 2:23	30:38 6:15	35:45 5:07	39:11 3:26	42:03 2:52	46:13 4:10	62:24 16:11	63:48 1:24	69:06 5:18	71:08 2:02	71:47 0:39
10th	Gavin Smith SROC	M55	71:56	0:00 0:00	4:27 4:27	10:22 5:55	12:22 2:00	14:50 2:28	21:14 6:24	25:27 4:13	28:29 3:02	31:49 3:20	36:49 5:00	42:38 5:49	47:25 4:47	48:59 1:34	54:45 5:46	61:40 6:55	63:07 1:27	68:20 5:13	70:52 2:32	71:56 1:04
11th	Noah Howlett LOC	M16	72:55	0:00 0:00	3:22 3:22	6:24 3:02	7:48 1:24	8:51 1:03	14:08 5:17	20:08 6:00	22:25 2:17	26:56 4:31	31:43 4:47	36:54 5:11	40:40 3:46	42:13 1:33	55:23 13:10	61:41 6:18	63:20 1:39	67:54 4:34	72:06 4:12	72:55 0:49
12th	Robert McKenna NN	M60	73:02	0:00 0:00	4:22 4:22	11:22 7:00	12:59 1:37	17:11 4:12	23:00 5:49	27:48 4:48	30:40 2:52	33:47 3:07	38:32 4:45	44:29 5:57	48:34 4:05	50:06 1:32	55:50 5:44	63:10 7:20	65:07 1:57	69:48 4:41	72:08 2:20	73:02 0:54
13th	John Taylor WCOC	M50	73:53	0:00 0:00	3:46 3:46	8:52 5:06	10:56 2:04	12:16 1:20	19:01 6:45	25:22 6:21	28:08 2:46	31:50 3:42	37:52 6:02	43:42 5:50	47:56 4:14	49:36 1:40	55:05 5:29	61:57 6:52	64:04 2:07	70:40 6:36	72:57 2:17	73:53 0:56
14th	Lynne Thomas WCOC	W40	76:09	0:00 0:00	4:41 4:41	9:37 4:56	11:20 1:43	14:00 2:40	19:06 5:06	23:03 3:57	25:39 2:36	29:35 3:56	35:04 5:29	42:04 7:00	46:50 4:46	50:18 3:28	56:23 6:05	64:30 8:07	66:47 2:17	71:39 4:52	75:19 3:40	76:09 0:50
15th	Steven Breeze WCOC	M40	77:19	0:00 0:00	4:09 4:09	8:17 4:08	10:23 2:06	11:54 1:31	18:48 6:54	23:14 4:26	26:50 3:36	30:54 4:04	37:00 6:06	45:17 8:17	49:32 4:15	52:16 2:44	57:37 5:21	64:54 7:17	67:09 2:15	73:55 6:46	76:21 2:26	77:19 0:58
16th	Darren Baker DEE	M45	79:29	0:00 0:00	4:29 4:29	8:35 4:06	10:05 1:30	11:58 1:53	17:38 5:40	22:13 4:35	25:26 3:13	29:01 3:35	34:48 5:47	41:55 7:07	46:06 4:11	47:49 1:43	60:17 12:28	69:06 8:49	71:07 2:01	76:22 5:15	78:43 2:21	79:29 0:46
17th	Emily Brown BL	W16	79:49	0:00 0:00	5:10 5:10	10:07 4:57	12:53 2:46	15:41 2:48	21:38 5:57	26:43 5:05	29:19 2:36	32:37 3:18	41:54 9:17	49:06 7:12	53:26 4:20	55:37 2:11	61:24 5:47	68:48 7:24	70:30 1:42	75:35 5:05	79:06 3:31	79:49 0:43
18th	Ian Lowles WCOC	M45	80:45	0:00 0:00	4:17 4:17	9:03 4:46	12:52 3:49	14:39 1:47	21:26 6:47	26:33 5:07	30:19 3:46	35:51 5:32	41:11 5:20	47:13 6:02	52:19 5:06	54:03 1:44	59:56 5:53	68:29 8:33	70:55 2:26	77:05 6:10	80:00 2:55	80:45 0:45
19th	Cliff Etherden LOC	M65	80:52	0:00 0:00	4:23 4:23	9:17 4:54	11:41 2:24	17:06 5:25	23:12 6:06	28:10 4:58	31:31 3:21	34:44 3:13	40:21 5:37	46:03 5:42	50:26 4:23	52:21 1:55	58:12 5:51	70:33 12:21	72:15 1:42	77:26 5:11	79:56 2:30	80:52 0:56
20th	Simon Filmore LOC	M55	82:56	0:00 0:00	4:50 4:50	10:27 5:37	13:15 2:48	14:41 1:26	21:31 6:50	32:17 10:46	35:59 3:42	39:41 3:42	45:17 5:36	51:38 6:21	56:25 4:47	58:04 1:39	63:47 5:43	72:11 8:24	74:25 2:14	79:23 4:58	82:06 2:43	82:56 0:50
21st	Katherine Lowles WCOC	W16	83:17	0:00 0:00	4:54 4:54	11:56 7:02	13:39 1:43	15:01 1:22	21:55 6:54	28:25 6:30	32:45 4:20	37:50 5:05	43:29 5:39	49:42 6:13	54:29 4:47	56:06 1:37	62:38 6:32	70:42 8:04	72:54 2:12	79:00 6:06	82:18 3:18	83:17 0:59
22nd	Jeff Goodwin WCOC	M50	84:23	0:00 0:00	5:50 5:50	9:16 3:26	10:39 1:23	12:20 1:41	18:13 5:53	25:02 6:49	28:38 3:36	31:56 3:18	37:27 5:31	43:29 6:02	47:25 3:56	49:21 1:56	56:05 6:44	72:31 16:26	74:26 1:55	81:00 6:34	83:39 2:39	84:23 0:44
23rd	Mary Ockenden SROC	W55	84:30	0:00 0:00	6:10 6:10	13:06 6:56	15:17 2:11	17:02 1:45	23:03 6:01	29:20 6:17	34:27 5:07	38:46 4:19	44:46 6:00	51:24 6:38	55:59 4:35	57:32 1:33	63:52 6:20	73:38 9:46	75:27 1:49	81:08 5:41	83:32 2:24	84:30 0:58
24th	Rob Bailey CLOK	M55	85:21	0:00 0:00	5:34 5:34	12:55 7:21	15:36 2:41	19:27 3:51	25:11 5:44	31:12 6:01	34:07 2:55	37:15 3:08	45:52 8:37	53:57 8:05	58:23 4:26	59:58 1:35	65:09 5:11	71:57 6:48	74:00 2:03	78:48 4:48	84:23 5:35	85:21 0:58
25th	Debbie Thompson BL	W55	86:43	0:00 0:00	4:25 4:25	9:56 5:31	12:26 2:30	13:55 1:29	20:15 6:20	25:33 5:18	30:06 4:33	36:28 6:22	43:56 7:28	51:12 7:16	56:21 5:09	58:37 2:16	65:40 7:03	74:54 9:14	77:22 2:28	82:52 5:30	85:38 2:46	86:43 1:05

26th	Norman French LOC	M65	87:50	0:00 0:00	4:53 4:53	15:14 10:21	21:17 6:03	23:30 2:13	28:28 4:58	32:26 3:58	35:29 3:03	38:29 3:00	43:28 4:59	48:53 5:25	54:19 5:26	56:06 1:47	61:45 5:39	73:18 11:33	76:04 2:46	82:14 6:10	87:00 4:46	87:50 0:50
27th	Bob Cooper NN	M65	90:02	0:00 0:00	5:35 5:35	9:33 3:58	11:12 1:39	14:12 3:00	20:00 5:48	25:22 5:22	28:55 3:33	32:21 3:26	38:42 6:21	45:33 6:51	51:02 5:29	53:56 2:54	66:10 12:14	75:26 9:16	77:19 1:53	83:10 5:51	89:10 6:00	90:02 0:52
28th	Dave Neild LOC	M65	90:36	0:00 0:00	5:15 5:15	16:32 11:17	18:28 1:56	20:38 2:10	27:47 7:09	33:29 5:42	36:38 3:09	41:25 4:47	47:13 5:48	53:44 6:31	59:25 5:41	61:39 2:14	68:42 7:03	76:16 7:34	79:09 2:53	85:23 6:14	89:34 4:11	90:36 1:02
29th	Jo Cleary LOC	W50	91:12	0:00 0:00	4:30 4:30	8:51 4:21	11:39 2:48	13:19 1:40	19:46 6:27	26:42 6:56	29:40 2:58	32:39 2:59	47:29 14:50	54:03 6:34	58:31 4:28	61:03 2:32	68:52 7:49	77:36 8:44	79:47 2:11	87:53 8:06	90:18 2:25	91:12 0:54
30th	Alastair Murgatroyd SOLWAY	M21	91:22	0:00 0:00	4:46 4:46	10:12 5:26	11:53 1:41	13:24 1:31	22:27 9:03	27:31 5:04	30:47 3:16	34:29 3:42	41:11 6:42	47:32 6:21	52:49 5:17	55:56 3:07	68:18 12:22	77:11 8:53	78:43 1:32	85:07 6:24	90:42 5:35	91:22 0:40
31st	Stuart Graham SOLWAY	M45	96:19	0:00 0:00	5:42 5:42	10:26 4:44	12:35 2:09	13:58 1:23	20:19 6:21	27:59 7:40	32:20 4:21	36:44 4:24	49:19 12:35	55:54 6:35	61:02 5:08	63:21 2:19	71:03 7:42	81:48 10:45	84:31 2:43	90:15 5:44	95:35 5:20	96:19 0:44
32nd=	Lindsey Bayles LOC	W50	98:19	0:00 0:00	5:41 5:41	10:43 5:02	16:44 6:01	17:58 1:14	23:18 5:20	29:11 5:53	32:33 3:22	37:25 4:52	42:46 5:21	53:00 10:14	57:28 4:28	59:18 1:50	66:02 6:44	84:01 17:59	86:28 2:27	94:50 8:22	97:22 2:32	98:19 0:57
32nd=	Bill Hyslop SROC	M70	98:19	0:00 0:00	5:42 5:42	11:13 5:31	13:21 2:08	14:58 1:37	22:01 7:03	28:16 6:15	32:05 3:49	37:08 5:03	43:46 6:38	52:21 8:35	61:23 9:02	63:30 2:07	70:48 7:18	79:46 8:58	82:01 2:15	91:24 9:23	97:02 5:38	98:19 1:17
34th	Matthew Allen IND	M21	99:37	0:00 0:00	13:45 13:45	18:38 4:53	24:39 6:01	25:56 1:17	30:45 4:49	42:59 12:14	46:33 3:34	53:38 7:05	59:23 5:45	66:04 6:41	71:38 5:34	73:14 1:36	79:31 6:17	88:20 8:49	89:41 1:21	95:39 5:58	98:41 3:02	99:37 0:56
35th	Richard Evans BL	M60	100:18	0:00 0:00	6:19 6:19	12:27 6:08	14:57 2:30	16:46 1:49	24:28 7:42	33:10 8:42	37:08 3:58	40:56 3:48	49:38 8:42	58:49 9:11	64:18 5:29	66:42 2:24	75:45 9:03	86:16 10:31	88:12 1:56	95:15 7:03	99:14 3:59	100:18 1:04
36th	Tom Barkas SROC	M65	102:32	0:00 0:00	14:13 14:13	19:57 5:44	22:49 2:52	24:18 1:29	32:20 8:02	38:42 6:22	42:51 4:09	47:05 4:14	53:51 6:46	63:35 9:44	68:31 4:56	71:03 2:32	80:01 8:58	89:27 9:26	91:46 2:19	97:48 6:02	101:31 3:43	102:32 1:01
37th	Tony Duncan WCOC	M70	103:17	0:00 0:00	6:48 6:48	15:57 9:09	18:41 2:44	26:51 8:10	33:52 7:01	38:52 5:00	43:16 4:24	47:27 4:11	54:48 7:21	64:40 9:52	72:51 8:11	75:25 2:34	82:32 7:07	91:04 8:32	93:10 2:06	99:10 6:00	101:56 2:46	103:17 1:21
38th	Ali Clark BL	W35	104:04	0:00 0:00	8:56 8:56	15:02 6:06	19:07 4:05	28:09 9:02	34:46 6:37	41:01 6:15	45:32 4:31	49:21 3:49	54:56 5:35	68:13 13:17	73:21 5:08	75:42 2:21	83:41 7:59	92:22 8:41	94:49 2:27	100:53 6:04	103:10 2:17	104:04 0:54
39th	Stephen Farthing BL	M50	111:28	0:00 0:00	4:45 4:45	10:28 5:43	13:29 3:01	15:36 2:07	22:33 6:57	29:19 6:46	34:04 4:45	40:41 6:37	54:08 13:27	65:27 11:19	71:05 5:38	75:08 4:03	83:29 8:21	98:06 14:37	101:34 3:28	107:49 6:15	110:35 2:46	111:28 0:53
40th	Paul David Williams BL	M60	112:14	0:00 0:00	6:30 6:30	11:10 4:40	14:22 3:12	16:23 2:01	28:50 12:27	34:35 5:45	39:20 4:45	45:09 5:49	51:54 6:45	70:30 18:36	76:42 6:12	78:55 2:13	86:37 7:42	95:40 9:03	98:54 3:14	106:52 7:58	110:38 3:46	112:14 1:36
41st	Calum Mitchell LOC	M16	114:11	0:00 0:00	15:09 15:09	19:20 4:11	21:32 2:12	23:24 1:52	30:45 7:21	36:36 5:51	41:56 5:20	47:39 5:43	54:36 6:57	60:55 6:19	67:11 6:16	68:56 1:45	77:30 8:34	103:04 25:34	104:10 1:06	111:39 7:29	113:33 1:54	114:11 0:38
42nd	Anne Ockenden SROC	W16	124:44	0:00 0:00	24:35 24:35	31:35 7:00	33:41 2:06	35:36 1:55	42:13 6:37	55:19 13:06	58:03 2:44	62:27 4:24	69:41 7:14	77:55 8:14	83:55 6:00	87:50 3:55	96:05 8:15	107:01 10:56	109:41 2:40	118:03 8:22	123:42 5:39	124:44 1:02
43rd	Philip Gager SROC	M65	136:45	0:00 0:00	5:01 5:01	13:42 8:41	17:05 3:23	20:35 3:30	29:34 8:59	57:42 28:08	62:51 5:09	69:02 6:11	79:08 10:06	88:57 9:49	97:17 8:20	100:30 3:13	110:33 10:03	122:14 11:41	125:17 3:03	132:06 6:49	135:35 3:29	136:45 1:10
m7-17	Christine Farr SWOC	W35	39:04	0:00 0:00	5:22 5:22	12:46 7:24	16:01 3:15	18:37 2:36	26:49 8:12	32:32 5:43	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	39:04 -----
m8-17	Rob Stein WCOC	M21	43:08	0:00 0:00	5:57 5:57	21:24 15:27	23:00 1:36	24:09 1:09	28:57 4:48	32:24 3:27	34:46 2:22	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	43:08 -----
m8-17	Cerys Jones LOC	W21	43:19	0:00 0:00	6:48 6:48	13:43 6:55	16:17 2:34	17:36 1:19	23:31 5:55	28:12 4:41	33:33 5:21	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	43:19 -----
m2-17	Frances Brown FVO	W20	45:51	0:00 0:00	4:16 4:16	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	45:51 -----
m14	Adrian Barnes NATO	M60	75:40	0:00 0:00	4:05 4:05	7:59 3:54	9:54 1:55	10:58 1:04	17:37 6:39	22:14 4:37	25:19 3:05	28:17 2:58	33:44 5:27	39:24 5:40	43:39 4:15	45:34 1:55	51:41 6:07	-----	66:22 -----	71:47 5:25	74:34 2:47	75:40 1:06
m14	Christine Goulding BL	W50	85:49	0:00 0:00	5:08 5:08	9:42 4:34	11:52 2:10	13:21 1:29	18:41 5:20	24:25 5:44	27:25 3:00	30:59 3:34	36:38 5:39	43:59 7:21	48:58 4:59	50:48 1:50	56:13 5:25	-----	75:11 -----	81:35 6:24	84:42 3:07	85:49 1:07
m14-17	Angela Jackson WCOC	W35	112:32	0:00 0:00	5:43 5:43	16:43 11:00	19:06 2:23	20:49 1:43	28:18 7:29	33:55 5:37	37:50 3:55	48:34 10:44	65:34 17:00	74:06 8:32	79:44 5:38	81:51 2:07	89:15 7:24	-----	-----	-----	-----	112:32 -----
w5	Anne Wilson LOC	W60	121:00	0:00 0:00	7:19 7:19	14:49 7:30	21:19 6:30	30:02 8:43	-----	44:42 -----	49:41 4:59	54:56 5:15	62:27 7:31	71:04 8:37	77:54 6:50	81:59 4:05	91:08 9:09	101:00 9:52	105:06 4:06	113:06 8:00	119:20 6:14	121:00 1:40

Split times for Green

4.4km 100m

Pos	Name	Age Class	Time	(S1)	1 (102)	2 (103)	3 (115)	4 (106)	5 (111)	6 (113)	7 (117)	8 (118)	9 (133)	10 (120)	11 (114)	12 (124)	13 (116)	14 (104)	15 (121)	(F1)
1st	Daniel Spencer WCOC	M14	49:13	0:00	4:02	5:43	9:14	12:20	14:59	17:56	21:43	27:06	33:11	35:12	37:36	39:35	41:19	45:23	48:02	49:13
				0:00	4:02	1:41	3:31	3:06	2:39	2:57	3:47	5:23	6:05	2:01	2:24	1:59	1:44	4:04	2:39	1:11
2nd	Harry Scott LOC	M14	51:15	0:00	3:21	4:57	7:58	11:36	14:28	17:33	26:55	31:12	33:52	36:53	40:10	42:23	44:13	47:05	50:10	51:15
				0:00	3:21	1:36	3:01	3:38	2:52	3:05	9:22	4:17	2:40	3:01	3:17	2:13	1:50	2:52	3:05	1:05
3rd	Sam Yates LOC	M16	54:12	0:00	4:46	7:55	11:13	14:39	17:32	20:36	30:08	36:08	38:11	40:57	44:26	46:45	48:33	50:29	53:12	54:12
				0:00	4:46	3:09	3:18	3:26	2:53	3:04	9:32	6:00	2:03	2:46	3:29	2:19	1:48	1:56	2:43	1:00
4th	Michael Pearson WCOC	M70	54:13	0:00	3:05	8:42	12:44	17:08	20:49	24:40	27:28	33:56	36:32	40:01	43:13	45:28	47:30	49:20	52:45	54:13
				0:00	3:05	5:37	4:02	4:24	3:41	3:51	2:48	6:28	2:36	3:29	3:12	2:15	2:02	1:50	3:25	1:28
5th	Richard Towler LOC	M65	55:32	0:00	3:21	8:50	13:14	18:14	21:50	25:23	27:48	33:36	36:04	39:23	43:06	45:40	48:46	51:05	53:54	55:32
				0:00	3:21	5:29	4:24	5:00	3:36	3:33	2:25	5:48	2:28	3:19	3:43	2:34	3:06	2:19	2:49	1:38
6th	Ian Teasdale WCOC	M50	59:31	0:00	4:11	6:08	10:32	15:15	20:37	24:28	27:15	34:05	37:29	41:09	45:30	48:42	51:25	55:23	58:10	59:31
				0:00	4:11	1:57	4:24	4:43	5:22	3:51	2:47	6:50	3:24	3:40	4:21	3:12	2:43	3:58	2:47	1:21
7th	Julia Laverack WAROC	W50	61:15	0:00	6:53	8:55	12:59	17:23	21:10	25:24	28:56	35:45	38:56	42:17	46:41	49:11	51:39	56:07	59:34	61:15
				0:00	6:53	2:02	4:04	4:24	3:47	4:14	3:32	6:49	3:11	3:21	4:24	2:30	2:28	4:28	3:27	1:41
8th	Roger Jackson WCOC	M65	65:35	0:00	8:44	10:33	14:25	18:13	22:56	32:53	37:16	42:52	45:05	48:08	51:39	54:03	56:36	61:02	63:53	65:35
				0:00	8:44	1:49	3:52	3:48	4:43	9:57	4:23	5:36	2:13	3:03	3:31	2:24	2:33	4:26	2:51	1:42
9th	David Fenwick WCOC	M70	67:15	0:00	4:42	7:41	12:31	17:11	22:07	27:43	31:46	38:56	41:39	46:09	50:45	54:31	57:54	60:33	65:19	67:15
				0:00	4:42	2:59	4:50	4:40	4:56	5:36	4:03	7:10	2:43	4:30	4:36	3:46	3:23	2:39	4:46	1:56
10th	Alexander O'Donovan LOC	M14	69:11	0:00	7:46	9:29	13:14	21:31	24:30	28:09	37:53	43:53	45:57	48:55	52:30	54:43	57:08	59:05	67:53	69:11
				0:00	7:46	1:43	3:45	8:17	2:59	3:39	9:44	6:00	2:04	2:58	3:35	2:13	2:25	1:57	8:48	1:18
11th	Martin Powell LOC	M60	70:33	0:00	3:58	6:44	11:24	17:07	21:28	26:10	34:05	41:14	44:05	49:05	53:51	57:54	60:51	63:44	68:30	70:33
				0:00	3:58	2:46	4:40	5:43	4:21	4:42	7:55	7:09	2:51	5:00	4:46	4:03	2:57	2:53	4:46	2:03
12th	Ben Breeze WCOC	M14	71:33	0:00	4:25	6:19	10:11	14:01	18:48	27:02	40:39	47:13	49:19	53:10	57:29	60:40	63:34	66:05	69:57	71:33
				0:00	4:25	1:54	3:52	3:50	4:47	8:14	13:37	6:34	2:06	3:51	4:19	3:11	2:54	2:31	3:52	1:36
13th	Gill Browne LOC	W55	72:17	0:00	3:39	9:46	14:10	18:47	26:07	30:30	38:12	44:05	47:58	53:26	58:39	61:25	64:00	66:18	70:31	72:17
				0:00	3:39	6:07	4:24	4:37	7:20	4:23	7:42	5:53	3:53	5:28	5:13	2:46	2:35	2:18	4:13	1:46
14th	Neil Morley BL	M55	72:47	0:00	4:30	15:00	19:46	27:49	31:52	35:58	38:44	45:42	48:54	52:48	57:07	59:59	62:40	66:45	71:00	72:47
				0:00	4:30	10:30	4:46	8:03	4:03	4:06	2:46	6:58	3:12	3:54	4:19	2:52	2:41	4:05	4:15	1:47
15th	Robert Forster LOC	M70	73:03	0:00	5:23	7:47	12:44	20:10	25:23	30:08	39:37	46:34	49:31	53:02	57:31	60:18	62:55	67:36	70:55	73:03
				0:00	5:23	2:24	4:57	7:26	5:13	4:45	9:29	6:57	2:57	3:31	4:29	2:47	2:37	4:41	3:19	2:08
16th	Jill Smith EBOR	W60	76:00	0:00	5:20	7:24	11:35	15:40	19:48	23:55	26:56	34:06	36:49	41:09	46:19	49:06	51:27	70:33	74:07	76:00
				0:00	5:20	2:04	4:11	4:05	4:08	4:07	3:01	7:10	2:43	4:20	5:10	2:47	2:21	19:06	3:34	1:53
17th	Mary Rack NATO	W55	76:17	0:00	3:47	13:09	18:42	23:59	30:57	35:32	40:25	46:34	49:52	54:22	60:01	63:33	66:49	69:54	74:40	76:17
				0:00	3:47	9:22	5:33	5:17	6:58	4:35	4:53	6:09	3:18	4:30	5:39	3:32	3:16	3:05	4:46	1:37
18th	Paul Tickner WCOC	M55	76:37	0:00	4:13	7:12	13:10	20:50	27:31	32:55	42:16	48:57	52:31	57:19	61:14	64:28	67:58	70:16	74:49	76:37
				0:00	4:13	2:59	5:58	7:40	6:41	5:24	9:21	6:41	3:34	4:48	3:55	3:14	3:30	2:18	4:33	1:48
19th	Deborah Goodwin WCOC	W50	76:44	0:00	6:54	9:37	14:38	21:35	27:42	32:27	37:43	44:34	48:40	53:19	58:47	64:49	67:36	70:22	74:33	76:44
				0:00	6:54	2:43	5:01	6:57	6:07	4:45	5:16	6:51	4:06	4:39	5:28	6:02	2:47	2:46	4:11	2:11
20th	David Rawle BL	M45	79:03	0:00	6:33	9:39	14:21	22:27	27:16	32:55	39:53	46:54	50:01	54:41	60:59	65:07	68:41	74:07	77:26	79:03
				0:00	6:33	3:06	4:42	8:06	4:49	5:39	6:58	7:01	3:07	4:40	6:18	4:08	3:34	5:26	3:19	1:37
21st	Caroline Mackenzie CLOK	W50	80:09	0:00	6:19	13:24	18:06	26:26	32:42	38:01	41:41	50:54	54:21	58:37	63:06	65:54	68:42	74:02	78:10	80:09
				0:00	6:19	7:05	4:42	8:20	6:16	5:19	3:40	9:13	3:27	4:16	4:29	2:48	2:48	5:20	4:08	1:59
22nd	Niamh Hunter WCOC	W14	81:19	0:00	11:19	14:05	17:53	27:07	32:35	37:39	48:45	56:02	59:01	62:40	66:44	69:38	72:27	75:57	79:39	81:19
				0:00	11:19	2:46	3:48	9:14	5:28	5:04	11:06	7:17	2:59	3:39	4:04	2:54	2:49	3:30	3:42	1:40
23rd	Robert Holder WCOC	M60	82:28	0:00	6:13	9:10	14:24	20:40	27:04	31:42	40:18	50:21	54:30	59:06	66:06	69:35	72:52	75:53	80:16	82:28
				0:00	6:13	2:57	5:14	6:16	6:24	4:38	8:36	10:03	4:09	4:36	7:00	3:29	3:17	3:01	4:23	2:12
24th	Jack Caine LOC	M16	84:07	0:00	5:36	7:48	14:16	22:37	28:14	32:58	36:23	43:04	48:11	52:04	56:22	70:05	72:59	76:42	83:02	84:07
				0:00	5:36	2:12	6:28	8:21	5:37	4:44	3:25	6:41	5:07	3:53	4:18	13:43	2:54	3:43	6:20	1:05
25th	Chris Lates BL	M70	85:25	0:00	5:22	9:49	15:06	21:26	25:50	30:01	37:52	43:36	46:36	50:31	55:12	59:22	62:12	77:29	83:30	85:25
				0:00	5:22	4:27	5:17	6:20	4:24	4:11	7:51	5:44	3:00	3:55	4:41	4:10	2:50	15:17	6:01	1:55
26th	Isla Mathieson CLOK	W45	86:24	0:00	4:26	9:27	14:50	23:07	28:24	34:37	46:02	52:51	56:06	63:40	68:57	72:31	75:33	79:10	84:10	86:24
				0:00	4:26	5:01	5:23	8:17	5:17	6:13	11:25	6:49	3:15	7:34	5:17	3:34	3:02	3:37	5:00	2:14
27th	Ryan Smith LOC	M16	89:00	0:00	10:05	12:15	18:53	26:59	32:45	37:46	40:54	47:41	52:46	56:44	60:59	74:45	77:35	81:21	87:41	89:00
				0:00	10:05	2:10	6:38	8:06	5:46	5:01	3:08	6:47	5:05	3:58	4:15	13:46	2:50	3:46	6:20	1:19

28th	Fran McDonald WCOC	W60	89:08	0:00	3:42	7:08	12:02	22:51	28:37	33:48	37:52	50:34	54:22	62:11	68:33	73:24	76:55	80:33	86:50	89:08
				0:00	3:42	3:26	4:54	10:49	5:46	5:11	4:04	12:42	3:48	7:49	6:22	4:51	3:31	3:38	6:17	2:18
29th	Rachel Powell LOC	W45	90:20	0:00	7:39	10:44	16:21	21:57	27:49	33:55	44:11	50:25	53:45	58:11	72:41	76:38	80:31	83:57	88:23	90:20
				0:00	7:39	3:05	5:37	5:36	5:52	6:06	10:16	6:14	3:20	4:26	14:30	3:57	3:53	3:26	4:26	1:57
30th	Diana McClure LOC	W60	91:10	0:00	5:17	9:30	15:14	20:43	30:46	35:14	52:15	59:40	64:27	68:50	73:01	76:16	81:26	84:43	88:57	91:10
				0:00	5:17	4:13	5:44	5:29	10:03	4:28	17:01	7:25	4:47	4:23	4:11	3:15	5:10	3:17	4:14	2:13
31st	Dick Whitworth BL	M75	91:58	0:00	5:06	8:20	13:49	20:58	28:01	33:21	37:53	45:08	56:32	61:11	69:04	76:26	79:42	83:09	89:46	91:58
				0:00	5:06	3:14	5:29	7:09	7:03	5:20	4:32	7:15	11:24	4:39	7:53	7:22	3:16	3:27	6:37	2:12
32nd	Joe Goodwin WCOC	M14	94:11	0:00	7:21	10:15	20:11	25:54	29:16	42:06	50:48	56:09	59:22	63:43	73:42	76:17	78:35	86:58	92:45	94:11
				0:00	7:21	2:54	9:56	5:43	3:22	12:50	8:42	5:21	3:13	4:21	9:59	2:35	2:18	8:23	5:47	1:26
33rd	Helen Neild LOC	W65	100:28	0:00	7:30	10:41	17:10	23:42	30:45	37:07	55:33	64:37	67:42	71:58	78:10	81:31	85:09	90:46	98:13	100:28
				0:00	7:30	3:11	6:29	6:32	7:03	6:22	18:26	9:04	3:05	4:16	6:12	3:21	3:38	5:37	7:27	2:15
34th	Janet Nash LOC	W60	100:46	0:00	7:34	14:45	19:32	25:29	46:08	51:06	62:58	69:56	73:01	77:01	81:49	85:05	89:04	92:04	98:37	100:46
				0:00	7:34	7:11	4:47	5:57	20:39	4:58	11:52	6:58	3:05	4:00	4:48	3:16	3:59	3:00	6:33	2:09
35th	Anita Evans BL	W60	104:28	0:00	8:39	16:14	21:44	28:51	34:54	44:01	47:57	55:34	61:47	76:23	82:26	88:06	92:18	96:34	102:21	104:28
				0:00	8:39	7:35	5:30	7:07	6:03	9:07	3:56	7:37	6:13	14:36	6:03	5:40	4:12	4:16	5:47	2:07
36th	Mike Cumpstey BL	M65	113:28	0:00	5:17	22:05	27:39	38:56	47:18	55:09	69:26	77:34	81:03	86:37	92:27	96:37	99:55	106:06	111:23	113:28
				0:00	5:17	16:48	5:34	11:17	8:22	7:51	14:17	8:08	3:29	5:34	5:50	4:10	3:18	6:11	5:17	2:05
37th	Angela Whitworth BL	W70	117:39	0:00	8:53	13:02	20:13	31:16	39:17	46:58	52:01	64:11	69:08	75:23	83:52	91:04	96:48	105:59	114:57	117:39
				0:00	8:53	4:09	7:11	11:03	8:01	7:41	5:03	12:10	4:57	6:15	8:29	7:12	5:44	9:11	8:58	2:42
38th	Sarah Hiscoke BL	W50	119:23	0:00	27:37	31:02	37:04	43:41	49:56	63:20	68:07	79:48	84:45	92:06	100:14	105:42	109:11	112:25	116:54	119:23
				0:00	27:37	3:25	6:02	6:37	6:15	13:24	4:47	11:41	4:57	7:21	8:08	5:28	3:29	3:14	4:29	2:29
39th	Isabel Berry BL	W21	121:23	0:00	7:59	11:52	16:59	24:13	29:56	37:39	60:57	68:59	78:58	88:33	94:27	99:48	104:11	114:14	119:14	121:23
				0:00	7:59	3:53	5:07	7:14	5:43	7:43	23:18	8:02	9:59	9:35	5:54	5:21	4:23	10:03	5:00	2:09
40th	Judith Filmore LOC	W55	124:40	0:00	4:30	13:38	19:41	26:37	32:36	37:08	48:01	56:07	83:01	87:15	93:52	97:58	107:18	115:45	122:07	124:40
				0:00	4:30	9:08	6:03	6:56	5:59	4:32	10:53	8:06	26:54	4:14	6:37	4:06	9:20	8:27	6:22	2:33
41st	Jonathan Eaton WCOC	M55	133:11	0:00	5:58	17:30	23:05	32:48	39:17	44:34	48:15	60:44	63:56	75:34	101:54	106:20	110:01	120:33	130:27	133:11
				0:00	5:58	11:32	5:35	9:43	6:29	5:17	3:41	12:29	3:12	11:38	26:20	4:26	3:41	10:32	9:54	2:44
m9-15	Sophie Roberts SROC	W18	95:37	0:00	6:30	8:59	13:26	33:54	39:43	45:21	56:35	64:17								95:37
				0:00	6:30	2:29	4:27	20:28	5:49	5:38	11:14	7:42	-----	-----	-----	-----	-----	-----	-----	-----

Split times for Short Green

2.9km 55m

Pos	Name	Age Class	Time	(S1)	1 (128)	2 (103)	3 (116)	4 (114)	5 (138)	6 (113)	7 (137)	8 (133)	9 (118)	10 (131)	11 (121)	(F1)
1st	Catherine Wetherfield WCOC	W50	44:29	0:00	2:49	7:05	9:41	13:19	18:47	23:06	27:35	34:07	36:31	40:01	42:30	44:29
				0:00	2:49	4:16	2:36	3:38	5:28	4:19	4:29	6:32	2:24	3:30	2:29	1:59
2nd	Vanessa Brierley WCOC	W45	48:22	0:00	2:34	6:28	8:54	12:37	17:55	22:18	28:04	35:13	38:18	44:14	46:36	48:22
				0:00	2:34	3:54	2:26	3:43	5:18	4:23	5:46	7:09	3:05	5:56	2:22	1:46
3rd	Stan Johnston LOC	M75	48:29	0:00	4:10	9:12	12:10	15:45	20:58	25:03	29:54	35:38	38:36	42:59	46:00	48:29
				0:00	4:10	5:02	2:58	3:35	5:13	4:05	4:51	5:44	2:58	4:23	3:01	2:29
4th	Jane Yates BL	W45	48:41	0:00	3:29	8:56	11:29	14:57	19:23	22:44	27:10	33:00	39:11	41:54	46:45	48:41
				0:00	3:29	5:27	2:33	3:28	4:26	3:21	4:26	5:50	6:11	2:43	4:51	1:56
5th	Robin Stansfield BL	M70	54:52	0:00	3:33	9:36	12:29	16:27	22:22	27:01	32:20	41:24	45:29	48:52	52:14	54:52
				0:00	3:33	6:03	2:53	3:58	5:55	4:39	5:19	9:04	4:05	3:23	3:22	2:38
6th	Ernie Williams LEI	M70	55:37	0:00	4:40	11:15	14:08	18:13	25:00	29:41	35:50	42:28	46:39	50:17	53:15	55:37
				0:00	4:40	6:35	2:53	4:05	6:47	4:41	6:09	6:38	4:11	3:38	2:58	2:22
7th	Kate Kilpatrick BL	W40	60:02	0:00	6:05	13:02	16:29	21:13	27:49	32:01	38:20	46:56	50:53	54:16	57:35	60:02
				0:00	6:05	6:57	3:27	4:44	6:36	4:12	6:19	8:36	3:57	3:23	3:19	2:27
8th	Mike Atherton LOC	M70	63:39	0:00	3:41	10:37	14:33	19:28	27:32	32:19	40:21	48:22	52:35	56:41	60:26	63:39
				0:00	3:41	6:56	3:56	4:55	8:04	4:47	8:02	8:01	4:13	4:06	3:45	3:13
9th	Ruth Halsey WAROC	W55	64:28	0:00	3:43	16:53	19:51	23:57	32:16	37:55	43:25	51:09	54:43	58:31	61:47	64:28
				0:00	3:43	13:10	2:58	4:06	8:19	5:39	5:30	7:44	3:34	3:48	3:16	2:41
10th	Sally Rollo SOLWAY	W60	65:22	0:00	4:07	20:24	23:39	27:37	35:04	39:41	46:00	52:43	56:42	60:00	62:53	65:22
				0:00	4:07	16:17	3:15	3:58	7:27	4:37	6:19	6:43	3:59	3:18	2:53	2:29

11th	Joan Selby CLOK	W70	65:37	0:00	3:54	7:13	13:54	22:07	29:20	36:00	43:29	52:34	56:15	59:51	63:23	65:37
				0:00	3:54	7:13	4:41	6:19	7:13	6:40	7:29	9:05	3:41	3:36	3:32	2:14
12th	Jan Clenaghan SOLWAY	W60	72:38	0:00	2:52	14:59	17:33	33:49	40:16	44:19	49:34	59:40	63:56	66:46	70:33	72:38
				0:00	2:52	12:07	2:34	16:16	6:27	4:03	5:15	10:06	4:16	2:50	3:47	2:05
13th	Lesley Wornham WCOC	W55	73:01	0:00	4:40	10:56	18:10	25:45	33:11	37:40	44:37	55:13	59:26	65:44	70:39	73:01
				0:00	4:40	6:16	7:14	7:35	7:26	4:29	6:57	10:36	4:13	6:18	4:55	2:22
14th	Gillian Rowan-Wilde PFO	W65	73:44	0:00	4:52	10:28	17:12	21:18	26:47	32:04	38:37	56:54	59:17	66:12	72:09	73:44
				0:00	4:52	5:36	6:44	4:06	5:29	5:17	6:33	18:17	2:23	6:55	5:57	1:35
15th	Mike Fairburn PFO	M75	77:27	0:00	5:07	15:33	21:35	24:37	31:04	36:11	40:13	60:18	63:29	70:13	75:37	77:27
				0:00	5:07	10:26	6:02	3:02	6:27	5:07	4:02	20:05	3:11	6:44	5:24	1:50
16th	Helen Morley BL	W50	84:11	0:00	10:08	17:23	24:33	35:38	45:49	51:51	58:26	70:35	75:02	78:14	81:44	84:11
				0:00	10:08	7:15	7:10	11:05	10:11	6:02	6:35	12:09	4:27	3:12	3:30	2:27
m3-11	Norma Atherton LOC	W70	40:12	0:00	8:15	16:16										40:12
				0:00	8:15	8:01	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----

Split times for Light Green

3.1km 65m

Pos	Name	Age Class	Time	(S1)	1 (128)	2 (122)	3 (105)	4 (115)	5 (106)	6 (110)	7 (113)	8 (120)	9 (114)	10 (133)	11 (121)	12 (119)	(F1)
1st	Ben Goodwin WCOC	M14	46:06	0:00	2:25	8:46	10:55	13:10	19:29	22:15	27:03	29:32	34:40	39:20	44:12	45:32	46:06
				0:00	2:25	6:21	2:09	2:15	6:19	2:46	4:48	2:29	5:08	4:40	4:52	1:20	0:34
2nd	Fergus Velqueray IND	M15	53:11	0:00	2:08	5:37	8:01	9:45	21:16	24:09	33:27	36:41	44:28	48:28	51:35	52:38	53:11
				0:00	2:08	3:29	2:24	1:44	11:31	2:53	9:18	3:14	7:47	4:00	3:07	1:03	0:33
3rd	Anna Lister LOC	W14	59:25	0:00	3:00	7:19	9:34	12:55	21:12	25:10	29:32	42:12	46:49	54:11	57:25	58:44	59:25
				0:00	3:00	4:19	2:15	3:21	8:17	3:58	4:22	12:40	4:37	7:22	3:14	1:19	0:41
4th	Lorraine Jackson MDOC	W45	60:53	0:00	3:53	10:03	13:08	17:26	26:05	29:52	35:56	41:56	47:26	53:43	58:30	60:07	60:53
				0:00	3:53	6:10	3:05	4:18	8:39	3:47	6:04	6:00	5:30	6:17	4:47	1:37	0:46
5th	Louis Morris WCOC	M14	62:25	0:00	2:36	7:05	11:36	16:12	22:25	25:44	30:08	35:42	45:23	57:06	60:40	61:47	62:25
				0:00	2:36	4:29	4:31	4:36	6:13	3:19	4:24	5:34	9:41	11:43	3:34	1:07	0:38
6th	Polly Allen LOC	W14	64:01	0:00	4:13	9:32	13:23	17:28	25:33	28:00	33:59	40:34	50:53	55:35	62:19	63:22	64:01
				0:00	4:13	5:19	3:51	4:05	8:05	2:27	5:59	6:35	10:19	4:42	6:44	1:03	0:39
7th	Jess Ensoll LOC	W12	65:33	0:00	4:36	13:22	16:03	22:02	33:40	36:49	42:52	48:21	52:59	60:22	63:36	64:53	65:33
				0:00	4:36	8:46	2:41	5:59	11:38	3:09	6:03	5:29	4:38	7:23	3:14	1:17	0:40
8th	Penny Clay IND	W45	66:24	0:00	2:58	7:09	10:36	12:54	26:57	29:56	34:16	39:24	54:30	59:34	64:23	65:41	66:24
				0:00	2:58	4:11	3:27	2:18	14:03	2:59	4:20	5:08	15:06	5:04	4:49	1:18	0:43
9th	Adam Fraser IND	M21	70:26	0:00	4:21	8:02	10:36	14:24	29:38	33:55	46:36	50:19	58:47	62:48	68:48	69:50	70:26
				0:00	4:21	3:41	2:34	3:48	15:14	4:17	12:41	3:43	8:28	4:01	6:00	1:02	0:36
10th	Verena Johnston LOC	W80	71:00	0:00	3:56	9:10	18:56	23:16	31:42	36:19	42:16	46:56	57:12	62:25	68:29	70:08	71:00
				0:00	3:56	5:14	9:46	4:20	8:26	4:37	5:57	4:40	10:16	5:13	6:04	1:39	0:52
11th	Alexandra Hare NATO	W14	73:54	0:00	4:24	10:55	14:26	18:18	29:54	35:37	40:26	46:05	54:10	61:25	71:39	73:10	73:54
				0:00	4:24	6:31	3:31	3:52	11:36	5:43	4:49	5:39	8:05	7:15	10:14	1:31	0:44
12th	Alison Rawle BL	W45	76:40	0:00	13:56	18:52	25:48	29:02	36:57	40:43	48:22	52:29	61:07	66:45	74:26	75:53	76:40
				0:00	13:56	4:56	6:56	3:14	7:55	3:46	7:39	4:07	8:38	5:38	7:41	1:27	0:47
13th	Anita Laird BL	W70	80:52	0:00	5:11	12:13	16:42	20:42	32:13	39:09	46:26	53:32	62:17	70:14	76:47	79:05	80:52
				0:00	5:11	7:02	4:29	4:00	11:31	6:56	7:17	7:06	8:45	7:57	6:33	2:18	1:47
14th	Carol Graham SOLWAY	W45	81:08	0:00	4:48	9:38	13:55	20:50	30:09	33:35	43:41	47:50	52:58	57:38	79:12	80:19	81:08
				0:00	4:48	4:50	4:17	6:55	9:19	3:26	10:06	4:09	5:08	4:40	21:34	1:07	0:49
15th	Alison Stewart IND	W50	92:56	0:00	4:29	8:59	26:50	29:39	44:30	48:28	58:09	63:10	72:12	79:30	90:32	92:01	92:56
				0:00	4:29	4:30	17:51	2:49	14:51	3:58	9:41	5:01	9:02	7:18	11:02	1:29	0:55
n/c	Eve Pannone	W14	94:32	0:00	24:27	28:38	36:45	39:44	52:00	57:52	73:08	76:58	82:38	87:13	92:40	93:58	94:32
				0:00	24:27	4:11	8:07	2:59	12:16	5:52	15:16	3:50	5:40	4:35	5:27	1:18	0:34
16th	Eve + Barney Pannone IND	W14	94:35	0:00	24:04	28:34	36:35	39:38	52:08	57:22	73:39	77:00	82:26	87:17	92:36	94:01	94:35
				0:00	24:04	4:30	8:01	3:03	12:30	5:14	16:17	3:21	5:26	4:51	5:19	1:25	0:34
17th	Anthony Barrable RAFO	M70	95:35	0:00	3:48	8:51	13:20	18:42	34:37	39:36	45:27	51:29	77:50	87:03	92:37	94:37	95:35
				0:00	3:48	5:03	4:29	5:22	15:55	4:59	5:51	6:02	26:21	9:13	5:34	2:00	0:58

18th	Eileen Bedwell CLOK	W80	108:32	0:00	5:00	12:13	15:29	19:59	41:07	47:26	56:21	62:12	84:21	93:12	105:22	107:28	108:32
				0:00	5:00	7:13	3:16	4:30	21:08	6:19	8:55	5:51	22:09	8:51	12:10	2:06	1:04
19th	Richard Courchee LOC	M75	112:26	0:00	4:30	10:39	23:45	27:16	42:20	47:32	71:54	77:46	87:16	97:42	107:53	110:30	112:26
				0:00	4:30	6:09	13:06	3:31	15:04	5:12	24:22	5:52	9:30	10:26	10:11	2:37	1:56
m9-12	Kim Sanderson NATO	W35	77:40	0:00	10:37	14:29	18:33	28:56	37:58	41:19	46:05	49:29					77:40
				0:00	10:37	3:52	4:04	10:23	9:02	3:21	4:46	3:24	-----	-----	-----	-----	-----
m8 m10-12	Jane Hunter WCOC	W45	95:59	0:00	4:30	10:45	23:57	29:14	48:03	61:39	69:16		86:03				95:59
				0:00	4:30	6:15	13:12	5:17	18:49	13:36	7:37	-----	-----	-----	-----	-----	-----

Split times for Orange

2.6km 35m

Pos	Name	Age Class	Time	(S1)	1 (130)	2 (122)	3 (126)	4 (110)	5 (112)	6 (123)	7 (139)	8 (129)	9 (119)	(F1)
1st	Joseph Sunley WCOC	M12	21:32	0:00	1:42	3:44	6:05	10:57	14:34	16:28	17:30	18:55	20:56	21:32
				0:00	1:42	2:02	2:21	4:52	3:37	1:54	1:02	1:25	2:01	0:36
2nd	Zoe Graham SOLWAY	W14	23:22	0:00	1:50	4:10	6:51	11:45	15:17	17:56	19:10	20:40	22:47	23:22
				0:00	1:50	2:20	2:41	4:54	3:32	2:39	1:14	1:30	2:07	0:35
3rd=	Henry Teasdale WCOC	M12	23:37	0:00	1:59	4:42	6:58	12:31	15:54	17:58	18:57	20:38	22:48	23:37
				0:00	1:59	2:43	2:16	5:33	3:23	2:04	0:59	1:41	2:10	0:49
3rd=	Milo Williamson LOC	M12	23:37	0:00	1:44	4:06	6:46	12:12	16:09	18:41	19:37	21:01	23:03	23:37
				0:00	1:44	2:22	2:40	5:26	3:57	2:32	0:56	1:24	2:02	0:34
5th	Rosie Spencer WCOC	W12	23:49	0:00	1:46	4:09	7:15	11:56	15:31	18:04	19:16	20:54	23:10	23:49
				0:00	1:46	2:23	3:06	4:41	3:35	2:33	1:12	1:38	2:16	0:39
6th	Daniel Lister LOC	M12	27:42	0:00	1:51	5:00	8:08	14:17	19:26	22:07	23:41	25:05	27:03	27:42
				0:00	1:51	3:09	3:08	6:09	5:09	2:41	1:34	1:24	1:58	0:39
7th	Caitlin Irving WCOC	W12	29:23	0:00	1:44	10:25	13:02	18:25	22:01	24:18	25:17	26:41	28:49	29:23
				0:00	1:44	8:41	2:37	5:23	3:36	2:17	0:59	1:24	2:08	0:34
n/c	Merryn Stangroom LOC	W12	34:40	0:00	2:09	5:01	8:11	18:48	26:33	29:03	30:04	31:36	33:37	34:40
				0:00	2:09	2:52	3:10	10:37	7:45	2:30	1:01	1:32	2:01	1:03
8th	Dylan Ruane IND	M9	34:41	0:00	1:49	5:40	9:12	16:22	22:54	26:23	28:07	30:11	33:50	34:41
				0:00	1:49	3:51	3:32	7:10	6:32	3:29	1:44	2:04	3:39	0:51
9th	Dougal Velquarey IND	M11	34:55	0:00	2:31	5:29	9:01	16:18	22:04	26:01	27:15	29:05	32:49	34:55
				0:00	2:31	2:58	3:32	7:17	5:46	3:57	1:14	1:50	3:44	2:06
n/c	Ellie Simmonds LOC	W12	34:58	0:00	2:14	5:06	8:18	18:45	26:50	29:10	30:07	31:45	34:05	34:58
				0:00	2:14	2:52	3:12	10:27	8:05	2:20	0:57	1:38	2:20	0:53
10th	Carys Thomas WCOC	W12	35:28	0:00	2:07	5:04	9:11	17:35	22:49	26:39	28:58	31:39	34:44	35:28
				0:00	2:07	2:57	4:07	8:24	5:14	3:50	2:19	2:41	3:05	0:44
11th	Charles Weir IND		37:20	0:00	3:20	8:45	11:48	18:30	23:54	26:52	30:01	32:55	36:12	37:20
				0:00	3:20	5:25	3:03	6:42	5:24	2:58	3:09	2:54	3:17	1:08
12th	Andrew Suddaby BL	M75	45:14	0:00	2:55	6:20	12:02	25:05	30:58	34:58	36:36	39:23	43:35	45:14
				0:00	2:55	3:25	5:42	13:03	5:53	4:00	1:38	2:47	4:12	1:39
13th	Elise Clarke +1 IND	W0	47:16	0:00	4:04	10:15	15:28	24:43	31:21	35:40	37:40	41:01	45:24	47:16
				0:00	4:04	6:11	5:13	9:15	6:38	4:19	2:00	3:21	4:23	1:52
14th	Jessica Breeze WCOC	W12	49:57	0:00	1:59	4:21	14:24	21:18	41:02	43:53	45:10	46:47	49:20	49:57
				0:00	1:59	2:22	10:03	6:54	19:44	2:51	1:17	1:37	2:33	0:37
15th	Judy Suddaby BL	W70	59:31	0:00	4:28	10:02	17:03	32:20	41:20	47:03	49:24	53:06	57:47	59:31
				0:00	4:28	5:34	7:01	15:17	9:00	5:43	2:21	3:42	4:41	1:44
16th	I J Smith NATO	M85	64:04	0:00	4:17	9:41	16:32	33:01	42:48	49:30	52:10	56:12	62:00	64:04
				0:00	4:17	5:24	6:51	16:29	9:47	6:42	2:40	4:02	5:48	2:04
m5 m9	Mary Kyle LOC	W14	57:43	0:00	3:02	6:44	10:52	27:06		45:30	49:04	52:35		57:43
				0:00	3:02	3:42	4:08	16:14	-----	-----	3:34	3:31	-----	-----

Split times for Yellow

2.3km 25m

Pos	Name	Age Class	Time	(S1)	1 (140)	2 (130)	3 (127)	4 (126)	5 (138)	6 (125)	7 (123)	8 (139)	9 (129)	10 (119)	(F1)
1st	Merryn Stangroom LOC	W12	15:44	0:00 0:00	1:02 1:02	1:41 0:39	3:17 1:36	5:19 2:02	7:38 2:19	8:20 0:42	10:32 2:12	11:43 1:11	13:03 1:20	15:08 2:05	15:44 0:36
n/c	Fenton Wilson LOC	M12	17:03	0:00 0:00	1:35 1:35	2:11 0:36	4:16 2:05	6:39 2:23	8:04 1:25	8:56 0:52	11:37 2:41	12:37 1:00	14:19 1:42	16:19 2:00	17:03 0:44
n/c	Milo Williamson LOC	M12	17:19	0:00 0:00	1:51 1:51	2:21 0:30	4:06 1:45	6:16 2:10	7:59 1:43	8:46 0:47	11:20 2:34	12:32 1:12	14:19 1:47	16:34 2:15	17:19 0:45
2nd	Ellie Simmonds LOC	W12	17:20	0:00 0:00	1:43 1:43	2:17 0:34	4:10 1:53	6:20 2:10	8:10 1:50	9:02 0:52	11:40 2:38	12:44 1:04	14:28 1:44	16:34 2:06	17:20 0:46
n/c	Harry O'Donovan LOC	M12	17:21	0:00 0:00	1:37 1:37	2:15 0:38	4:26 2:11	7:00 2:34	8:39 1:39	9:34 0:55	11:55 2:21	12:49 0:54	14:19 1:30	16:36 2:17	17:21 0:45
n/c	Daniel Lister LOC	M12	19:15	0:00 0:00	1:57 1:57	2:50 0:53	5:01 2:11	7:11 2:10	9:04 1:53	9:46 0:42	13:00 3:14	14:10 1:10	16:00 1:50	18:37 2:37	19:15 0:38
3rd	Ewan Simpson BL	M10	19:28	0:00 0:00	1:28 1:28	1:59 0:31	3:22 1:23	5:08 1:46	11:49 6:41	12:40 0:51	14:46 2:06	15:38 0:52	17:07 1:29	18:52 1:45	19:28 0:36
4th	Wilfrid Teasdale WCOC	M10	21:08	0:00 0:00	1:56 1:56	2:37 0:41	4:41 2:04	7:16 2:35	9:17 2:01	10:12 0:55	12:56 2:44	14:25 1:29	16:07 1:42	18:44 2:37	21:08 2:24
n/c	Aurora Park LOC	W12	21:28	0:00 0:00	5:38 5:38	6:04 0:26	7:55 1:51	10:13 2:18	11:47 1:34	12:40 0:53	15:37 2:57	16:29 0:52	18:32 2:03	20:51 2:19	21:28 0:37
5th	Thomas Rawle BL	M10	21:28	0:00 0:00	1:35 1:35	2:50 1:15	4:24 1:34	6:40 2:16	9:17 2:37	9:57 0:40	14:11 4:14	15:21 1:10	18:48 3:27	20:54 2:06	21:28 0:34
n/c	Toby Cody LOC	M12	21:34	0:00 0:00	1:15 1:15	1:51 0:36	3:51 2:00	6:11 2:20	9:12 3:01	11:17 2:05	14:19 3:02	15:17 0:58	17:28 2:11	20:45 3:17	21:34 0:49
6th	Isabel Sunley WCOC	W10	22:35	0:00 0:00	3:06 3:06	3:45 0:39	5:48 2:03	8:16 2:28	10:13 1:57	12:10 1:57	15:50 3:40	17:16 1:26	19:04 1:48	21:47 2:43	22:35 0:48
7th	Sam Hunt BL	M10	22:42	0:00 0:00	2:35 2:35	3:25 0:50	5:42 2:17	8:33 2:51	10:50 2:17	12:03 1:13	15:14 3:11	16:43 1:29	18:51 2:08	21:45 2:54	22:42 0:57
8th	Isaac Hunter WCOC	M10	24:46	0:00 0:00	2:10 2:10	3:25 1:15	5:57 2:32	9:06 3:09	12:01 2:55	13:19 1:18	16:18 2:59	18:14 1:56	20:57 2:43	23:57 3:00	24:46 0:49
9th	Casey Norman IND		24:51	0:00 0:00	8:49 8:49	9:27 0:38	11:17 1:50	13:33 2:16	15:10 1:37	15:59 0:49	18:53 2:54	19:49 0:56	21:52 2:03	24:05 2:13	24:51 0:46
10th	Rosalind Weir IND		26:06	0:00 0:00	9:58 9:58	10:30 0:32	12:21 1:51	14:41 2:20	16:17 1:36	17:06 0:49	20:01 2:55	20:57 0:56	23:00 2:03	25:11 2:11	26:06 0:55
11th	Toby Cody LOC	M12	26:22	0:00 0:00	8:00 8:00	8:39 0:39	10:31 1:52	12:40 2:09	15:19 2:39	16:36 1:17	19:52 3:16	21:12 1:20	22:49 1:37	25:43 2:54	26:22 0:39
n/c	Eleanor Maddock LOC	W12	28:17	0:00 0:00	1:52 1:52	2:50 0:58	6:06 3:16	10:10 4:04	13:09 2:59	14:14 1:05	18:31 4:17	20:26 1:55	23:34 3:08	27:12 3:38	28:17 1:05
12th	Oscar Sanderson NATO	M6	29:07	0:00 0:00	2:47 2:47	3:59 1:12	7:12 3:13	10:44 3:32	13:51 3:07	15:26 1:35	18:49 3:23	21:14 2:25	24:02 2:48	27:55 3:53	29:07 1:12
13th	Alexander Hunt BL	M5	29:59	0:00 0:00	2:43 2:43	4:22 1:39	7:34 3:12	11:55 4:21	15:32 3:37	18:06 2:34	22:21 4:15	23:46 1:25	25:56 2:10	28:51 2:55	29:59 1:08
14th	Family Hill IND		31:50	0:00 0:00	2:12 2:12	3:03 0:51	5:52 2:49	9:55 4:03	13:42 3:47	15:56 2:14	23:01 7:05	25:08 2:07	27:24 2:16	30:53 3:29	31:50 0:57
15th	Max Ruane IND	M6	32:00	0:00 0:00	2:20 2:20	3:27 1:07	6:28 3:01	9:28 3:00	11:51 2:23	12:53 1:02	17:40 4:47	20:34 2:54	24:45 4:11	30:38 5:53	32:00 1:22
16th	Fenton Wilson LOC	M12	32:10	0:00 0:00	4:49 4:49	5:31 0:42	7:34 2:03	17:43 10:09	19:58 2:15	21:44 1:46	25:06 3:22	26:22 1:16	28:26 2:04	31:14 2:48	32:10 0:56
n/c	Jess Ensoll LOC	W12	32:10	0:00 0:00	3:47 3:47	5:02 1:15	8:00 2:58	12:14 4:14	15:42 3:28	17:42 2:00	22:58 5:16	24:33 1:35	27:48 3:15	31:31 3:43	32:10 0:39
17th	Mary Kyle LOC	W14	32:15	0:00 0:00	3:43 3:43	4:52 1:09	7:59 3:07	12:14 4:15	15:53 3:39	17:40 1:47	22:51 5:11	24:33 1:42	27:47 3:14	31:32 3:45	32:15 0:43
18th	Eleanor Maddock LOC	W12	33:50	0:00 0:00	3:13 3:13	4:12 0:59	7:49 3:37	12:07 4:18	16:31 4:24	18:20 1:49	23:03 4:43	24:41 1:38	28:07 3:26	32:37 4:30	33:50 1:13
19th	Oliver Rushton LOC	M12	33:56	0:00 0:00	3:08 3:08	4:21 1:13	7:53 3:32	12:18 4:25	16:36 4:18	18:25 1:49	23:11 4:46	24:47 1:36	28:20 3:33	32:40 4:20	33:56 1:16

20th	Harry O'Donovan LOC	M12	34:13	0:00	2:36	3:19	5:43	8:17	10:54	11:52	14:37	15:54	17:34	33:22	34:13
				0:00	2:36	0:43	2:24	2:34	2:37	0:58	2:45	1:17	1:40	15:48	0:51
21st	Rhiannon Thomas IND	W10	34:58	0:00	4:31	5:37	8:13	12:14	17:03	19:01	24:13	26:08	29:13	33:24	34:58
				0:00	4:31	1:06	2:36	4:01	4:49	1:58	5:12	1:55	3:05	4:11	1:34
22nd	Rebecca Lee IND	W10	35:41	0:00	3:43	4:25	8:44	14:21	17:19	18:40	23:34	25:51	30:01	34:59	35:41
				0:00	3:43	0:42	4:19	5:37	2:58	1:21	4:54	2:17	4:10	4:58	0:42
23rd	Maisie Yates BL	W10	35:43	0:00	3:37	4:18	8:42	14:17	17:12	18:35	23:21	25:44	29:55	34:56	35:43
				0:00	3:37	0:41	4:24	5:35	2:55	1:23	4:46	2:23	4:11	5:01	0:47
24th	Hazel Laverack WAROC	W10	35:47	0:00	3:40	4:21	8:39	14:11	17:10	18:31	23:19	25:42	29:53	34:53	35:47
				0:00	3:40	0:41	4:18	5:32	2:59	1:21	4:48	2:23	4:11	5:00	0:54
n/c	Oliver Rushton LOC	M12	38:19	0:00	3:05	4:31	8:11	13:13	17:11	19:10	25:01	27:19	31:52	36:33	38:19
				0:00	3:05	1:26	3:40	5:02	3:58	1:59	5:51	2:18	4:33	4:41	1:46
25th	Anna Ruane IND	W5	38:29	0:00	5:26	6:23	10:18	14:53	19:41	21:13	27:06	29:05	32:15	36:48	38:29
				0:00	5:26	0:57	3:55	4:35	4:48	1:32	5:53	1:59	3:10	4:33	1:41
26th	Lewis Yates BL	M8	40:07	0:00	2:50	4:08	8:31	13:52	18:13	20:33	26:37	31:15	34:48	38:43	40:07
				0:00	2:50	1:18	4:23	5:21	4:21	2:20	6:04	4:38	3:33	3:55	1:24
27th	Ella Baxter SYO	W5	42:31	0:00	7:57	8:59	12:53	17:52	21:24	23:20	29:06	31:05	35:39	40:30	42:31
				0:00	7:57	1:02	3:54	4:59	3:32	1:56	5:46	1:59	4:34	4:51	2:01
28th	Thomas Hartley BL	M2	67:01	0:00	7:11	9:35	20:20	27:24	31:41	34:57	45:37	48:57	55:31	62:07	67:01
				0:00	7:11	2:24	10:45	7:04	4:17	3:16	10:40	3:20	6:34	6:36	4:54
m1	Aurora Park LOC	W12	20:37	0:00		2:35	4:39	7:15	8:42	10:19	12:57	13:56	16:18	18:58	20:37
				0:00	-----	-----	2:04	2:36	1:27	1:37	2:38	0:59	2:22	2:40	1:39
m8	Benedict Sanderson NATO	M8	21:59	0:00	3:32	4:09	6:09	8:43	10:50	11:53	14:51		18:23	21:10	21:59
				0:00	3:32	0:37	2:00	2:34	2:07	1:03	2:58	-----	-----	2:47	0:49
m10	Sophie Evans LOC	W12	35:08	0:00	4:55	6:11	8:49	11:42	14:48	16:42	21:51	26:07	29:35		35:08
				0:00	4:55	1:16	2:38	2:53	3:06	1:54	5:09	4:16	3:28	-----	-----