

Brown

8.2km 385m

Pos	Name	Club	Age Class	Time
1st	Jonny Malley	SHUOC	M21	55:01
2nd	Rhys Findlay-Robinson	LOC	M21	55:35
3rd	Steve Birkinshaw	WCOC	M45	58:19
4th	Todd Oates	LOC	M21	59:11
5th	John Slater	WCOC	M40	68:10
6th	Chris Heppenstall	LOC	M35	69:40
7th	Andrew Bradley	WCOC	M50	70:22
8th	Mike Harrison	WCOC	M40	71:36
9th	Chris Hope	WCOC	M35	72:28
10th	Pete Nelson	WCOC	M60	72:31
11th	Daniel Parker	BL	M50	73:22
12th	Heather Burrows	LOC	W21	74:04
13th	Ian Cumpstey	JOK	M35	75:30
14th	Alan Irving	WCOC	M45	75:37
15th	James Daplyn	BL	M21	76:28
16th	Karen Parker	BL	W50	76:33
17th	Steven Breeze	WCOC	M40	76:59
18th	Colin Valentine	WCOC	M50	80:27
19th	Darren Baker	DEE	M45	81:09
20th	Martin Skinner	WCOC	M50	82:34
21st	Richard Wilson	LOC	M60	88:08
22nd	Susan Skinner	WCOC	W50	88:22
23rd	Ian Murgatroyd	SOLWAY	M50	90:50
24th	Derek Fryer	LOC	M60	95:00
25th	Stephen Edge	LOC	M50	105:06
26th	Ray Johnstone	WCOC	M60	117:11

Blue

6km 320m

Pos	Name	Club	Age Class	Time
1st	David Spencer	WCOC	M45	46:28
2nd	Simon Hunter	WCOC	M45	46:53
3rd	Matthew Rooke	LOC	M21	47:59
4th	Alastair Thomas	WCOC	M14	49:27
5th	Michael Billinghamurst	WCOC	M50	49:31
6th	Rebecca Rooke	SROC	W21	49:57
7th	Rob Stein	WCOC	M21	50:44
8th	Jeff Goodwin	WCOC	M50	54:02
9th	Richard Lecky-Thompson	LOC	M50	54:57
10th	Nick Howlett	LOC	M45	55:32
11th	David White	IND	M40	56:19
12th	Andy Lewsley	BL	M55	56:55

13th	Howard Leslie	WCOC	M50	57:11
14th	Stuart Parker	WAROC	M50	58:12
15th	Simon Hunt	BL	M45	59:13
16th	Stuart Graham	SOLWAY	M45	59:47
17th	Russell Cannon	LOC	M50	60:27
18th	Mark Simmonds	LOC	M50	62:01
19th	George Hare	NATO	M50	64:16
20th	Stella Lewsley	BL	W60	64:24
21st	Rebekah Beadle	LOC	W50	64:56
22nd	Ron Kenyon	BL	M60	65:41
23rd	Debbie Thompson	BL	W55	66:12
24th	George Hudson-Chang	LOC	M16	66:34
25th	Angela Jackson	WCOC	W35	66:35
26th	Robin Thomas	BL	M60	66:53
27th	David Downes	WCOC	M60	67:55
28th	Emily Brown	BL	W16	69:11
29th	Lynne Thomas	WCOC	W40	70:36
30th	Stephen Farthing	BL	M50	71:01
31st	Nick Moore	WCOC	M55	71:54
32nd	Raymond Wren	BL	M65	72:48
33rd	Bob Barnby	WCOC	M65	73:03
34th	Cliff Etherden	LOC	M65	73:48
35th	John Nash	LOC	M60	73:53
36th	Hannah Bradley	WCOC	W20	76:07
37th	Simon Filmore	LOC	M55	76:51
38th	Steve Burge	LOC	M70	79:50
39th	Tim Donovan	WAROC	M50	81:42
m3	Judy Burge	LOC	W55	82:09

Green

4.5km 275m

Pos	Name	Club	Age Class	Time
1st	Daniel Spencer	WCOC	M14	44:44
2nd	Adam Bennett	BL	M40	45:58
3rd	Roger Thomas	WCOC	M50	47:56
4th	Sarah Atkinson	LOC	W21	49:45
5th	Lois Jefferson	LOC	W18	52:22
6th	Tony Duncan	WCOC	M70	52:24
7th	Iain Stemp	WAOC	M45	53:00
8th	Sam Yates	LOC	M16	53:23
9th	Stephen Richards	SELOC	M60	53:30
10th	Paul Johnson	BL	M60	53:38
11th	Anne Burbidge	WCOC	W50	54:27
12th	John Robinson	WCH	M60	54:55
13th	Grace Pugh	LOC	W16	55:39
14th	Jane Malley	NATO	W50	56:03
15th	Richard Cummings	WCOC	M55	57:41
16th	Ian Teasdale	WCOC	M50	58:15
17th	David Rawle	BL	M45	58:52
18th	Dave Neild	LOC	M65	59:01
19th	Michael Pearson	WCOC	M70	59:11
20th	Richard Evans	BL	M60	60:52
21st	Debbie Watson	WCOC	W55	61:23

22nd	Philip Nichols	BL	M55	61:38
23rd	Lindsey Bayles	LOC	W50	61:44
24th	Syd Thomas	WCOC	M60	62:11
25th	Helen Neild	LOC	W65	62:26
26th	Tom Barkas	SROC	M65	62:35
27th	Mary Rack	NATO	W55	64:51
28th	Janet Nash	LOC	W60	65:18
29th	Jane Ligema	LOC	W45	66:42
30th	Kim Leslie	WCOC	W50	67:10
31st	Paul David Williams	BL	M60	67:33
32nd	Mike Cumpstey	BL	M65	67:47
33rd	Jonathan Eaton	WCOC	M55	67:58
34th	John Pullin	LOC	M65	68:51
35th	Judith Filmore	LOC	W55	69:06
36th	Gerry Garvey	BL	M45	70:52
37th	Mary Barron	LOC	W16	71:27
38th	Neil Morley	BL	M55	71:30
39th	Joan Cumpstey	BL	W65	74:51
40th	Dick Whitworth	BL	M75	75:39
41st	Sarah Chaudhri	WCOC	W50	77:54
42nd	Chris Whitby	WCOC	M45	79:12
43rd	Anne Wilson	LOC	W60	81:43
44th	Jeff Powell Davies	BL	M21	82:22
45th	Deborah Goodwin	WCOC	W50	82:43
46th	Diana Mitchell	BL	W65	83:18
47th	Dale Colclough	IND	M50	87:31
48th	Dave Walton	LOC	M60	95:28
49th	Brian Carey	SELOC	M55	96:09
50th	Clyde Mitchell	BL	M70	105:42
51st	Stuart Anders	SELOC	M21	141:38
m3	Daisy Fletcher-Cooney	LOC	W16	67:22
w9	Fran McDonald	WCOC	W60	70:17
m5	Elaine Sutton	DEE	W45	71:24
m4 m9-10 m13-14	Carol Graham	SOLWAY	W45	94:11

Short Green

2.9km 175m

Pos	Name	Club	Age Class	Time
1st	Harry Scott	LOC	M14	37:02
2nd	Rachel Osborn	WAROC	W40	39:44
3rd	Catherine Wetherfield	WCOC	W50	45:09
4th	Stan Johnston	LOC	M75	47:42
5th	Karen Blackburn	BL	W65	48:36
6th	Jane Yates	IND	W45	49:27
7th	Robin Stansfield	BL	M70	49:45
8th	Richard Day	LOC	M70	51:06
9th	Elizabeth Farthing	BL	W45	51:07
10th	Louise Wilson	BL	W70	55:03
11th	Richard Goodwin	WCOC	M55	58:55
12th	Verena Johnston	LOC	W80	60:43
13th	Seb White	WCOC	M16	61:19
14th	David Lee	NGOC	M75	62:50
15th	Anita Evans	BL	W60	62:56

16th	Mike Atherton	LOC	M70	64:26
17th	Vanessa Brierley	WCOC	W45	68:32
18th	Marguerite Pennell	WCOC	W70	71:36
19th	Kate Kilpatrick	BL	W40	73:10
20th	Angela Whitworth	BL	W70	88:44

Light Green

3.6km 225m

Pos	Name	Club	Age Class	Time
1st	Alex Foster	LOC	M14	38:07
2nd	Niamh Hunter	WCOC	W14	40:34
3rd	Jack Caine	LOC	M16	44:10
4th	Rosie Spencer	WCOC	W12	45:17
5th	Anna Lister	LOC	W14	47:00
6th	Megan Bartlett	LOC	W14	50:30
7th	Victor Nicholson-Sopwith	LOC	M14	52:54
8th	Ben Goodwin	WCOC	M14	54:22
9th	Joseph Goodwin	WCOC	M14	60:37
10th	Isobel Williamson	LOC	W60	63:06
11th	Alexandra Hare	NATO	W14	68:27
12th	Izzy White	WCOC	W14	71:27
13th	Polly Allen	LOC	W14	71:46
14th	Jennie Garbutt	IND	W21	75:53
15th	Jane Hunter	WCOC	W45	76:16
16th	Philip Shrimpton	LOC	M14	76:47
17th	Alex Christian	LOC	M14	84:50
m8-12	Eilidh Miller	LOC	W14	99:07

Orange

2.5km 175m

Pos	Name	Club	Age Class	Time
1st	Caitlin Irving	WCOC	W12	27:02
2nd	Ellie Simmonds	LOC	W12	29:32
3rd	Henry Teasdale	WCOC	M12	29:34
4th	Zoe Graham	SOLWAY	W12	32:11
5th	Denise Broom	IND	W50	32:30
6th	Nicolette Carey	SELOC	W50	35:03
7th	Milo Williamson	LOC	M12	35:10
8th	Daniel Lister	LOC	M12	35:13
9th	Jonty Goodwin	WCOC	M12	40:37
10th	Joe Ligema	LOC	M9	42:26
11th	Alice Naylor	IND	W12	42:28
12th	Carys Thomas	WCOC	W12	44:30
13th	Liz Lecky-Thompson	LOC	W50	47:22
14th	Harriet Wood	LOC	W14	50:45
15th	Ellie Farthing + Islay Aitken	BL	W10	57:14
16th	Suzanne Morley	BL	W16	65:16
w1	Susan Findlay-Robinson	WCH	W60	57:49
m1-5	Mary Kyle	LOC	W14	57:52

Yellow

1.7km 80m

Pos	Name	Club	Age Class	Time
n/c	Ellie Simmonds	LOC	W12	15:46
n/c	Daniel Lister	LOC	M12	18:28
1st	Wilfrid Teasdale	WCOC	M10	18:49
2nd	Madeleine White	WCOC	W12	20:06
n/c	Harriet Wood	LOC	W14	21:49
3rd	Isaac Hunter	WCOC	M10	23:08
4th	Norman Jackman	IND	M7	23:19
n/c	Mary Kyle	LOC	W14	24:18
5th	George Jackman	IND	M5	25:00
6th	Milo Williamson	LOC	M12	25:11
7th	Tomas Rawle	BL	M10	26:24
8th	Robert Farthing	BL	M10	29:19
9th	Rebecca Lee	IND	W10	36:47
10th	Maisy Yates	IND	W10	36:53
11th	Sam Hunt	BL	M10	43:13