

Green

3.3km 215m

Pos	Name	Club	Age Class	Time
1st	Ian Cumpstey	JOK	M35	31:31
2nd	Daniel Parker	BL	M50	32:18
3rd	Adam Bennett	BL	M40	32:22
4th	Martin Skinner	WCOC	M50	32:56
5th	James Daplyn	BL	M21	33:13
6th	Karen Parker	BL	W50	34:25
7th	Howard Leslie	WCOC	M50	34:59
8th	Stewart Parker	WAROC	M50	35:24
9th	Stuart Graham	SOLWAY	M45	36:05
10th	Andy Lewsley	BL	M55	36:35
11th	Jackie Chapman	LOC	W55	37:58
12th	Rob Bailey	CLOK	M55	38:14
13th	Scott Simpson	BL	M35	38:15
14th	Emily Brown	BL	W16	38:34
15th	Stella Lewsley	BL	W60	38:43
16th	Debbie Thompson	BL	W55	39:23
17th	Raymond Wren	BL	M65	39:24
18th	Gary Newman	BL	M50	41:15
19th	Colin Valentine	WCOC	M50	42:38
20th	Jenny Wren	BL	W60	43:25
21st	John Nash	LOC	M60	43:46
22nd	Janet Nash	LOC	W60	44:07
23rd	Ian Murgatroyd	SOLWAY	M50	44:33
24th	Richard Evans	BL	M60	45:56
25th	Chris Lates	BL	M70	46:58
26th	Jill Smith	EBOR	W60	47:04
27th	Elizabeth Farthing	BL	W45	49:00
28th	Catherine Wetherfield	WCOC	W50	49:13
29th	Mike Cumpstey	BL	M65	51:13
30th	Fran McDonald	WCOC	W60	51:48
31st	Isla Mathieson	CLOK	W45	52:09
32nd	Dougie Nisbet	NN	M50	52:21
33rd	David Rawle	BL	M45	54:21
34th	Joan Cumpstey	BL	W65	55:11
35th	Philip Nichols	BL	M55	57:19
36th	Dale Colclough	IND	M50	60:59
37th	Diana Mitchell	BL	W65	64:12
38th	Brian Carey	SELOC	M55	64:30
39th	Kate Skinner	WCOC	W16	69:10
40th	Anita Evans	BL	W60	71:45
41st	Carol Graham	SOLWAY	W45	72:48
42nd	Angela Whitworth	BL	W70	79:59
m11-12	Sharon Jones	IND	W45	96:17

Short Green

2.3km 175m

Pos	Name	Club	Age Class	Time
1st	Henry Teasdale	WCOC	M12	33:49
2nd	Ian Teasdale	WCOC	M50	33:52
3rd	Kim Leslie	WCOC	W50	41:49
4th	Jane Yates	IND	W45	43:54
5th	Robin Stansfield	BL	M70	45:15
6th	Louise Wilson	BL	W70	45:43
7th	Anne Jago	LOC	W70	47:18
8th	Marguerite Pennell	WCOC	W70	56:52
9th	Alison Stewart	IND	W50	78:54
w3	Rosie Law	LOC	W60	34:09

Orange

1.9km 160m

Pos	Name	Club	Age Class	Time
1st	Gerry Garvey	BL	M45	25:17
2nd	Zoe Graham	SOLWAY	W12	28:23
3rd	Wilfrid Teasdale	WCOC	M10	28:27
4th	Denise Broom	IND	W50	36:24
5th	Finn Elstone	IND	M6	38:21
6th	Nicolette Carey	SELOC	W50	48:38
7th	Anita Laird	BL	W70	52:21
8th	Roberta Marshall	NN	W55	71:41
9th	Caitlin Hodkinson	BL	W12	109:22

White

1.4km 30m

Pos	Name	Club	Age Class	Time
1st	Ewan Simpson	BL	M10	19:37
2nd	Maisy Yates	IND	W9	24:57
3rd	Anyia Wharton	IND	W8	37:32
4th	Sonny Wharton	IND	W6	37:54
5th	Sally Carter	IND	W2	58:05
6th	Pippa Carter	IND	W6	58:42
m5-6	Thomas Rawle	BL	M10	23:39
m2 m8	Rebecca Lee	IND	W10	24:53