

Brown

9.2km 475m

Pos	Name	Club	Age Class	Time
1st	Andy Simpson	OD	M40	64:36
2nd	John Slater	WCOC	M40	69:05
3rd	Alastair Mackenzie	CLOK	M55	72:17
4th	James Daplyn	BL	M21	73:45
5th	Mike Harrison	WCOC	M40	74:47
6th	Simon Hunter	WCOC	M45	76:05
7th	Richard Lecky-Thompson	LOC	M50	76:16
8th	Alan Irving	WCOC	M45	76:56
9th	Katie Wright	LOC	W18	80:49
10th	Nicholas Evans	NOC	M50	81:01
11th	Martin Skinner	WCOC	M50	81:29
12th	Peter Stobbs	PFO	M50	83:51
13th	Richard Wilson	LOC	M60	85:25
14th	Colin Valentine	WCOC	M50	85:27
15th	John Taylor	SROC	M65	87:34
16th	Ray Johnstone	WCOC	M60	88:40
17th	Heather Hartman	INT	W40	89:05
18th	Simon Austin	LOC	M21	91:20
19th	Susan Skinner	WCOC	W50	91:58
20th	Stephen Edge	LOC	M50	95:11
21st	Mark Edwards	SROC	M45	95:32
22nd	Alan Hartley	BL	M40	99:15
23rd	Malcolm Ruckledge	WCOC	M70	124:21

Blue

6.4km 350m

Pos	Name	Club	Age Class	Time
1st	David Spencer	WCOC	M45	47:00
2nd	Michael Billinghamurst	WCOC	M50	52:59
3rd	Chris Heppenstall	LOC	M35	54:10
4th	Chris Emerson	WCOC	M60	55:29
5th	Gavin Smith	SROC	M55	55:47
6th	Jeff Goodwin	WCOC	M50	56:30
7th	Francis Shillitoe	NATO	M40	58:07
8th	Hugh Potter	NATO	M45	58:11
9th	Howard Leslie	WCOC	M50	58:46
10th	Andy Lewsley	BL	M55	58:56
11th	John Taylor	WCOC	M50	59:06
12th	Graham Watson	WCOC	M50	59:18
13th	Rob Bailey	CLOK	M55	59:19
14th	Kate Charles	WCOC	W45	60:07
15th	Steven Breeze	WCOC	M40	60:27

16th	Stuart Parker	WAROC	M50	61:17
17th	Julian Lailey	SROC	M65	61:58
18th	Katrina Hemingway	WCOC	W18	62:31
19th=	Christine Goulding	BL	W50	63:55
19th=	David Allison	STAG	M50	63:55
21st	Stuart Graham	SOLWAY	M45	64:05
22nd	Toni O'Donovan	OD	W35	64:32
23rd	Ian Lowles	WCOC	M45	65:26
24th	Bob Cooper	NN	M65	65:32
25th	Russel Cannon	LOC	M50	65:51
26th	Mike Hind	CLARO	M60	66:02
27th	Bob Barnby	WCOC	M65	66:55
28th	Angela Jackson	WCOC	W35	68:02
29th	Joanne Taylor	SROC	W50	68:48
30th	Robin Thomas	BL	M60	69:51
31st	Tim Donovan	WAROC	M50	70:03
32nd	Simon Filmore	LOC	M55	70:33
33rd	Dave Bodecott		M60	71:02
34th	Judith Wood	PFO	W50	71:10
35th	Mark Simmonds	LOC	M50	71:44
36th	Neil O'Gorman	TAY	M40	71:51
37th	Bill Hyslop	SROC	M70	73:19
38th	Luke Stangroom	LOC		73:56
39th	John Ward	OD	M65	74:01
40th	John Nash	LOC	M60	74:07
n/c	Heather Burrows	LOC	W21	76:10
41st	Hannah Cleary-Hughes	LOC	W18	76:10
42nd	Raymond Wren	BL	M65	77:58
43rd	Roy McGregor	SROC	M45	78:54
44th	David Rawle	BL	M45	79:07
45th	Stephen Farthing	BL	M50	79:27
46th	Janet Evans	NOC	W50	80:30
47th	Isabel Berry	BL	W21	81:39
48th	Edward Nicholson	NOC	M55	84:42
49th	Anne Wilson	LOC	W60	90:14
50th	Mike Cumpstey	BL	M65	94:36
m8	Ian Williams	SELOC	M21	81:19

Green

4.5km 275m

Pos	Name	Club	Age Class	Time
1st	Phillip Batts	CLOK	M50	39:35
2nd	Michael Pearson	WCOC	M70	42:29
3rd	Ann Cummings	WCOC	W55	44:11
4th	Tony Duncan	WCOC	M70	45:07
5th	Roger Thomas	WCOC	M50	45:17
6th	Stella Lewsley	BL	W60	46:04
7th	Richard Tiley	LOC	M55	46:05
8th	Steven McHarg	INT	M21	46:22
9th	Lynne Thomas	WCOC	W40	46:25
10th	Ged Hagan	WCOC	M55	46:36
11th	Roger Jackson	WCOC	M65	46:58
12th	Debbie Watson	WCOC	W55	47:46

13th	Matthew Blockley	WCOC	M16	48:36
14th	Jackie Chapman	LOC	W55	48:42
15th	Selwyn Wright	LOC	M55	48:58
16th	Daisy Flechter-Coone	LOC	W16	49:08
17th	Richard Cummings	WCOC	M55	49:45
18th	Ian Teasdale	WCOC	M50	49:53
19th=	Miriam Rosen	SROC	W65	50:09
19th=	Chris Lates	BL	M70	50:09
21st	Anne Burbidge	WCOC	W50	50:26
22nd	Judy Burge	LOC	W55	50:44
23rd	Andrew McHarg	INT	M21	51:05
24th	Dave Neild	LOC	M65	51:14
25th	Tom Barkas	SROC	M65	51:36
26th	Alex Chaudhri	WCOC	M18	51:44
27th	Gill Browne	LOC	W55	52:07
28th	Keith Henderson	WIM	M70	52:14
29th	Sarah Chaudhri	WCOC	W50	52:30
30th	Boris Spence	NN	M60	52:33
31st	Matt Edge	LOC	M18	52:45
32nd	Helen Neild	LOC	W65	53:25
33rd	Anne Ockenden	SROC	W16	53:30
34th	Steve Burge	LOC	M70	53:56
35th	Harry Scott	LOC	M14	55:01
36th	David Rosen	SROC	M60	55:33
37th	Philip Nichols	BL	M55	55:58
38th	Janet Nash	LOC	W60	56:14
39th	Gerry Garvey	BL	M45	56:31
40th	Paul Tickner	WCOC	M55	57:06
41st	Liz Farthing	BL	W45	57:45
42nd	Isla Mathieson	CLOK	W45	57:52
43rd	David Fenwick	WCOC	M70	58:18
44th	Jonathan Eaton	WCOC	M55	58:34
45th	Jim Mitchell	PFO	M70	60:14
46th	Judith Filmore	LOC	W55	60:38
47th	Karen Blackburn	BL	W65	61:49
48th	Jonathan Austin	LOC	M21	62:41
49th	Niamh Hunter	WCOC	W14	63:19
50th	Tim Moon	CLARO	M65	65:11
51st	Juliet Bentley	SROC	W45	66:14
52nd	Joyce Woffindin	WCOC	W50	66:27
53rd	Julia Laverack	WAROC	W50	66:42
54th	Dick Whitworth	BL	M75	66:53
55th	Deborah Goodwin	WCOC	W50	70:26
56th	Joanne Williams	SELOC	W35	73:00
57th	Caroline Mackenzie	CLOK	W50	73:41
58th	Alan Heppenstall	LOC	M70	89:02

Short Green

3km 170m

Pos	Name	Club	Age Class	Time
1st	Steve Telford	WCOC	M50	34:37
2nd	Brian Looker	SROC	M75	34:57
3rd	Andrew Smith	LOC	M65	35:04

4th	Malcolm McIvor	DEE	M75	36:31
5th	Catherine Wetherfield	WCOC	W50	37:27
6th	Andrew Suddaby	BL	M75	37:38
7th	Jan Clenaghan	SOLWAY	W60	37:44
8th	Sally Rollo	SOLWAY	W60	39:24
9th	Penny Clay		W45	41:09
10th	Richard Moss	BL	M70	41:17
11th	Stan Johnston	LOC	M75	43:26
12th	Louise Hagan	WCOC	W21	44:34
13th	Jane Yates		W45	44:57
14th	Kim Leslie	WCOC	W50	45:50
15th	Robin Stansfield	BL	M70	46:08
16th	Gillian Rowan-Wilde	PFO	W65	46:31
17th	Kate Skinner	WCOC	W16	47:53
18th	Geoff Armer	BL	M65	48:48
19th	Marguerite Pennell	WCOC	W70	51:23
20th	Mike Atherton	LOC	M70	52:44
21st	Richard Goodwin	WCOC	M55	54:57
22nd	Helen Morley	BL	W50	56:24
23rd	Angela Whitworth	BL	W70	57:44
24th	Louise Wilson	BL	W70	57:55
25th	Lorraine Batts	CLOK	W55	58:01
26th	Carol Graham	SOLWAY	W45	68:54
27th	Roy Malley	NATO	M85	86:56
w7 m11	Fran McDonald	WCOC	W60	47:54

Light Green

3.4km 210m

Pos	Name	Club	Age Class	Time
1st	Heather Ball	LOC	W14	34:48
2nd	Alex Foster	LOC	M14	35:59
3rd	Ben Breeze	WCOC	M14	39:01
4th	David Binks	WAROC	M65	39:43
5th	Rosie Spencer	WCOC	W12	43:28
6th	Chris Telford	WCOC	M16	46:19
7th	Fiona Newby	LOC	W14	47:18
8th	Michael Milburn		M50	49:11
9th	Megan Bartlett	LOC	W14	49:23
n/c	Polly Allen		W14	52:47
10th	Joseph Goodwin	WCOC	M14	53:18
11th	Joanna Treasure	SELOC	W50	57:22
12th	Verena Johnston	LOC	W80	57:47
13th	Francis Smith-Ward	LOC	M14	59:31
14th	Philip Shrimpton	LOC	M14	60:22
15th	Jane Hunter	WCOC	W45	71:36
16th	Kim Sanderson	NATO	W35	72:10
17th	Alison Stewart		W50	73:03
18th	Birgitte Nilsen	TAY	W35	77:02
19th	Alex Christian	LOC	M14	80:20
20th	Sharon Jones		W45	91:55
m1	Jack Caine	LOC	M16	40:25
w9	Ben Goodwin	WCOC	M14	48:21
w9	Jack Bingham	WCOC	M16	58:54

Orange

2.8km 135m

Pos	Name	Club	Age Class	Time
1st	Henry Teasdale	WCOC	M12	37:41
2nd	Caitlin Irving	WCOC	W12	37:44
3rd	Lucy Procter	LOC	W12	44:24
4th	Milo Williamson	LOC	M12	53:26
5th	Harriet Wood	LOC	W12	53:57
6th	Jessica Breeze	WCOC	W12	54:06
7th	Rebecca Thomas		W40	55:49
8th	Patrick Thomas	LOC	M12	56:02
9th	Gemma O'Dowd	BL	W8	57:02
10th	Ben O'Dowd	BL	M10	59:01
11th	Ellie Simmonds	LOC	W12	60:29
12th	Zoe Graham	SOLWAY	W12	60:50
13th	Rosie Law	LOC	W60	63:48
14th	Carys Thomas	WCOC	W12	66:40
15th	Alison Rawle			68:37
16th	Harrison Carr	LOC	M12	71:38
17th	Leo Jones	LOC	M14	94:34
rtd	Emma Hood	LOC	W14	
m5	Polly Allen	LOC	W14	66:40
m7-10 m14	Judy Suddaby	BL	W70	73:10
m9-14	Suzanne Morley	BL	W16	188:26

Yellow

1.9km 55m

Pos	Name	Club	Age Class	Time
n/c	Milo Williamson	LOC	M12	15:06
1st	Ellie Simmonds	LOC	W12	16:35
n/c	Lucy Procter	LOC	W12	18:27
2nd	Wilfred Teasdale	WCOC	W10	18:35
3rd	James Birkinshaw	WCOC	M12	19:22
4th	Isaac Hunter	WCOC	M10	22:40
n/c	Harrison Carr	LOC	M12	23:05
5th	James Ryan	IND	M12	23:23
6th	Jonty Goodwin	WCOC	M10	24:01
7th	Robert Farthing	BL	M10	24:33
8th	Masie Evans	WAROC	W8	28:06
9th	Michael Austin	LOC	M55	28:27
10th	Ben Sanderson	NATO	M8	30:16
11th	Thomas Rawle	BL	M10	30:19
n/c	Harriet Wood	LOC	W12	30:21
12th	Joss + Scarlett Evans	WAROC	W6	31:02
13th	Eleanor Farthing	BL	W10	33:59
14th	Rodley Family			34:39
15th	Oscar Sanderson	NATO	M6	35:46
16th	Leo Degnen-Potter	NATO	M10	37:50
17th	Rosalind Williams	SELOC	W5	42:35
18th	Hazel Laverack	WAROC	W9	47:01
19th	Maisy Yates		W10	49:54
20th	Hannah Birkinshaw	WCOC	W5	50:50

