

Green

4.5km 180m

Pos	Name	Club	Age Class	Time
1st	Ian Cumpstey	JOK	M35	32:52
2nd	Jeff Powell Davies	BL	M21	33:24
3rd	David Spencer	WCOC	M40	33:32
4th	Daniel Spencer	WCOC	M14	34:12
5th	Colin Valentine	WCOC	M50	34:15
6th	Alastair Thomas	WCOC	M14	36:22
7th	Andy Lewsley	BL	M55	37:04
8th	Stuart Parker	WAROC	M45	39:52
9th	Adam Bennett	BL	M35	40:10
10th	Howard Leslie	WCOC	M50	42:03
11th	Steven Breeze	WCOC	M40	42:06
12th	Gary Newman	BL	M45	43:37
13th	Chris Lates	BL	M70	43:39
14th	Christine Goulding	BL	W50	44:49
15th	Mark Hawker	BL	M45	45:45
16th	Norman French	LOC	M65	47:13
17th	Raymond Wren	BL	M65	47:20
18th	Jenny Wren	BL	W60	48:30
19th	Mike Cumpstey	BL	M65	50:52
20th	Dave McQuillen	SOLWAY	M70	50:56
21st	Richard Evans	BL	M60	51:33
22nd	Ian Teasdale	WCOC	M50	53:11
23rd	Anne Burbidge	WCOC	W50	53:52
24th	Isabel Berry	BL	W21	55:44
25th	Philip Nichols	BL	M55	57:23
26th	Joan Cumpstey	BL	W65	57:41
27th	Dick Whitworth	BL	M70	59:34
28th	Fran McDonald	WCOC	W60	59:40
29th	Vanessa Brierley	WCOC	W45	60:07
30th	Rachel Osborn	WAROC	W35	62:06
31st	Robin Stansfield	BL	M70	65:23
32nd	Jonathan Eaton	WCOC	M55	66:55
33rd	Catherine Wetherfield	WCOC	W45	67:00
34th	Anita Evans	BL	W55	70:24
35th	David Rawle	BL	M45	74:24
36th	Isabelle White	WCOC	W12	78:06
37th	Niamh Hunter	WCOC	W14	78:08
38th	Angela Whitworth	BL	W70	86:01
39th	Jane McQuillen	SOLWAY	W70	100:33
40th	Marguerite Pennell	WCOC	W70	101:13
m4	Stella Lewsley	BL	W55	46:31
w9	Gerry Garvey	BL	M45	63:19
m4	Jessie Binns		W40	69:52
m6-7 m10-12	Rosie Spencer	WCOC	W12	81:12

Orange

2.2km 70m

Pos	Name	Club	Age Class	Time
1st	Henry Teasdale	WCOC	M10	21:23
2nd	James Birkinshaw	WCOC	M10	22:45
3rd	Laura Hazelhurst	BL	W9	26:28
4th	Gemma O'Dowd	BL	W8	28:11
5th	Harvey Thompson	BL	M14	28:34
6th	Matthew Birkinshaw	WCOC	M8	28:58
7th	Ben O'Dowd	BL	M10	29:28
8th	Wilfrid Teasdale	WCOC	M8	29:31
9th	Dougall Kyle	BL	M75	31:33
10th	Sue Hawker	BL	W45	32:28
11th	Jessica Breeze	WCOC	W12	34:38
12th	Finn Harrison		M9	34:42
13th	Madelaine White	WCOC	W10	34:57
14th	Noah Harrison	BL	M5	36:42
15th	Bruno Fielding		M6	37:49
16th	Sebastian Smits		M7	38:02
17th	Katie Wiasara		W6	38:58
18th	Lily Dooley & Tony Duncan		W7	43:11
19th	Ella Smits		W7	43:40
20th	Rebecca & Poppy Dooley		W35	49:53
21st	Isaac Hunter	WCOC	M5	57:17
22nd	Daisy & Julia Fielding		W4	59:04
23rd	Hannah Birkinshaw	WCOC	W5	59:31
m3 m5 m7	Judy Suddaby	BL	W70	43:54