

Split times for Brown

8.4km 270m

Pos	Name	Age Class	Time	1 (107)	2 (110)	3 (122)	4 (123)	5 (127)	6 (125)	7 (124)	8 (128)	9 (126)	10 (130)	11 (131)	12 (132)	13 (120)	14 (116)	15 (101)	(F1)
1st	Lewis Taylor WCOC	M21	62:26	4:08 4:08	6:21 2:13	-----	19:52 -----	27:09 7:17	31:23 4:14	34:58 3:35	46:05 11:07	49:56 3:51	52:19 2:23	53:42 1:23	55:42 2:00	57:39 1:57	59:34 1:55	61:45 2:11	62:26 0:41
2nd	Chris Heppenstall LOC	M21	64:58	4:43 4:43	7:11 2:28	12:31 5:20	22:07 9:36	29:51 7:44	34:49 4:58	38:28 3:39	46:58 8:30	51:21 4:23	53:05 1:44	55:06 2:01	57:31 2:25	59:58 2:27	62:08 2:10	64:14 2:06	64:58 0:44
3rd	James Daplyn BL	M21	65:43	6:17 6:17	8:29 2:12	13:26 4:57	23:21 9:55	31:16 7:55	35:58 4:42	39:31 3:33	47:38 8:07	51:51 4:13	53:52 2:01	56:01 2:09	58:17 2:16	61:37 3:20	63:20 1:43	65:11 1:51	65:43 0:32
4th	John Slater WCOC	M40	66:09	5:21 5:21	7:56 2:35	13:20 5:24	21:23 8:03	31:18 9:55	36:16 4:58	40:02 3:46	48:44 8:42	53:19 4:35	55:01 1:42	56:30 1:29	59:05 2:35	61:19 2:14	63:30 2:11	65:26 1:56	66:09 0:43
5th	Colin Valentine WCOC	M50	68:59	5:23 5:23	7:54 2:31	12:40 4:46	20:45 8:05	30:01 9:16	36:49 6:48	40:11 3:22	48:32 8:21	53:16 4:44	55:40 2:24	56:50 1:10	59:51 3:01	62:32 2:41	66:28 3:56	68:16 1:48	68:59 0:43
6th	Iain Smith-Ward LOC	M45	70:13	5:23 5:23	7:55 2:32	13:28 5:33	21:50 8:22	31:07 9:17	37:12 6:05	41:14 4:02	50:19 9:05	56:51 6:32	58:58 2:07	60:17 1:19	62:56 2:39	65:17 2:21	67:42 2:25	69:33 1:51	70:13 0:40
7th	Daniel Parker BL	M50	70:38	5:48 5:48	8:25 2:37	13:51 5:26	24:26 10:35	33:23 8:57	38:30 5:07	42:26 3:56	51:45 9:19	56:35 4:50	58:53 2:18	60:36 1:43	63:16 2:40	65:28 2:12	67:36 2:08	69:51 2:15	70:38 0:47
8th	Andrew Bradley WCOC	M50	72:34	5:07 5:07	7:41 2:34	13:29 5:48	21:59 8:30	31:36 9:37	36:49 5:13	40:51 4:02	53:03 12:12	58:21 5:18	61:01 2:40	62:08 1:07	64:47 2:39	67:18 2:31	69:53 2:35	71:53 2:00	72:34 0:41
9th	Mike Harrison WCOC	M40	73:03	5:20 5:20	7:58 2:38	13:56 5:58	30:45 16:49	39:09 8:24	44:07 4:58	47:37 3:30	56:15 8:38	60:26 4:11	62:32 2:06	63:58 1:26	66:18 2:20	68:26 2:08	70:33 2:07	72:24 1:51	73:03 0:39
10th	John Taylor WCOC	M50	73:58	5:48 5:48	8:29 2:41	14:31 6:02	26:13 11:42	35:45 9:32	41:10 5:25	45:32 4:22	54:17 8:45	59:03 4:46	60:54 1:51	62:13 1:19	65:06 2:53	67:28 2:22	70:54 3:26	73:09 2:15	73:58 0:49
11th	Andy Lewsley BL	M55	78:37	5:49 5:49	8:37 2:48	14:31 5:54	25:12 10:41	36:16 11:04	42:05 5:49	46:56 4:51	56:40 9:44	62:57 6:17	65:29 2:32	67:49 2:20	70:39 2:50	73:01 2:22	75:27 2:26	77:45 2:18	78:37 0:52
12th	Alastair Mackenzie CLOK	M55	79:03	4:54 4:54	7:13 2:19	12:18 5:05	19:41 7:23	30:26 10:45	36:51 6:25	40:43 3:52	52:32 11:49	56:58 4:26	62:37 5:39	63:56 1:19	66:56 3:00	69:27 2:31	76:09 6:42	78:23 2:14	79:03 0:40
13th	Ian Cumpstey JOK	M35	79:38	4:59 4:59	7:29 2:30	13:44 6:15	29:20 15:36	38:12 8:52	43:41 5:29	48:40 4:59	60:00 11:20	66:12 6:12	68:09 1:57	69:23 1:14	71:51 2:28	74:34 2:43	76:56 2:22	78:53 1:57	79:38 0:45
14th	Karen Parker BL	W50	80:35	6:03 6:03	8:40 2:37	14:22 5:42	23:37 9:15	33:09 9:32	38:53 5:44	43:29 4:36	60:51 17:22	65:59 5:08	68:07 2:08	69:28 1:21	72:31 3:03	75:05 2:34	77:41 2:36	79:47 2:06	80:35 0:48
15th	Simon Hunter WCOC	M45	81:05	5:05 5:05	7:43 2:38	12:16 4:33	24:42 12:26	37:39 12:57	48:47 11:08	52:12 3:25	61:00 8:48	66:57 5:57	69:54 2:57	71:10 1:16	74:01 2:51	75:53 1:52	78:03 2:10	80:03 2:00	81:05 1:02

16th	Christine Goulding BL	W50	83:09	8:44 8:44	11:46 3:02	18:07 6:21	28:03 9:56	37:54 9:51	43:50 5:56	48:28 4:38	58:06 9:38	64:57 6:51	67:19 2:22	69:40 2:21	72:43 3:03	76:17 3:34	79:29 3:12	82:09 2:40	83:09 1:00
17th	Richard Wilson LOC	M60	86:28	5:46 5:46	8:25 2:39	13:59 5:34	34:11 20:12	43:02 8:51	47:51 4:49	52:04 4:13	64:09 12:05	68:48 4:39	71:22 2:34	73:03 1:41	76:18 3:15	80:19 4:01	83:00 2:41	85:32 2:32	86:28 0:56
18th	Richard Hill DEE	M45	87:03	6:45 6:45	10:00 3:15	16:21 6:21	26:45 10:24	40:13 13:28	46:35 6:22	51:45 5:10	63:10 11:25	69:37 6:27	72:19 2:42	74:12 1:53	77:09 2:57	80:22 3:13	83:01 2:39	86:13 3:12	87:03 0:50
19th	Ray Johnstone WCOC	M60	87:42	6:25 6:25	9:18 2:53	----- -----	31:32 -----	43:37 12:05	50:18 6:41	55:04 4:46	65:15 10:11	70:37 5:22	72:39 2:02	74:10 1:31	77:20 3:10	80:27 3:07	83:20 2:53	86:45 3:25	87:42 0:57
20th	Stuart Parker WAROC	M45	91:07	7:07 7:07	10:35 3:28	17:58 7:23	32:15 14:17	42:48 10:33	49:48 7:00	56:09 6:21	67:09 11:00	73:16 6:07	75:35 2:19	77:22 1:47	81:03 3:41	84:23 3:20	87:24 3:01	90:01 2:37	91:07 1:06
21st	Stephen Edge LOC	M50	110:49	7:01 7:01	10:05 3:04	17:55 7:50	47:14 29:19	59:52 12:38	70:33 10:41	75:49 5:16	86:09 10:20	93:32 7:23	96:06 2:34	97:48 1:42	101:21 3:33	104:16 2:55	107:11 2:55	109:56 2:45	110:49 0:53
m4-8 rtd	Malcolm Ruckledge WCOC	M70		8:47 8:47	12:53 4:06	21:21 8:28	----- -----	----- -----	----- -----	----- -----	----- -----	37:23 42:16	42:16 4:53	45:16 3:00	52:04 6:48	----- -----	----- -----	----- -----	----- -----

Split times for Blue

6.7km 245m

Pos	Name	Age Class	Time	1 (115)	2 (107)	3 (110)	4 (134)	5 (124)	6 (128)	7 (126)	8 (130)	9 (131)	10 (133)	11 (120)	12 (121)	13 (116)	14 (101)	(F1)
1st	Michael Billinghamurst WCOC	M50	49:17	2:41 2:41	5:37 2:56	8:09 2:32	12:05 3:56	23:51 11:46	32:15 8:24	37:04 4:49	39:16 2:12	40:31 1:15	41:45 1:14	44:07 2:22	45:32 1:25	46:36 1:04	48:32 1:56	49:17 0:45
2nd	Lachlan Chavasse DEE	M14	50:16	3:27 3:27	6:10 2:43	8:24 2:14	12:17 3:53	25:17 13:00	33:44 8:27	37:44 4:00	39:23 1:39	41:04 1:41	42:25 1:21	45:05 2:40	46:37 1:32	47:40 1:03	49:34 1:54	50:16 0:42
3rd	Adam Bartlett LOC	M16	52:44	1:57 1:57	4:43 2:46	7:02 2:19	10:53 3:51	26:12 15:19	36:32 10:20	41:21 4:49	43:03 1:42	44:15 1:12	45:22 1:07	47:37 2:15	48:57 1:20	50:10 1:13	52:02 1:52	52:44 0:42
4th	Matthew Fellbaum MDOC	M16	54:54	2:51 2:51	5:41 2:50	8:13 2:32	13:52 5:39	27:45 13:53	37:21 9:36	42:12 4:51	44:08 1:56	45:19 1:11	46:47 1:28	49:19 2:32	50:44 1:25	51:49 1:05	53:52 2:03	54:54 1:02
5th	Angus Dobson LOC	M18	56:01	2:25 2:25	7:11 4:46	9:46 2:35	14:27 4:41	28:28 14:01	38:45 10:17	43:48 5:03	45:32 1:44	46:35 1:03	47:50 1:15	50:17 2:27	51:58 1:41	53:07 1:09	55:08 2:01	56:01 0:53
6th	Howard Leslie WCOC	M50	56:04	2:44 2:44	6:17 3:33	9:16 2:59	13:55 4:39	27:39 13:44	37:27 9:48	42:11 4:44	44:57 2:46	46:12 1:15	47:32 1:20	50:21 2:49	51:43 1:22	52:55 1:12	55:13 2:18	56:04 0:51
7th	Richard Lecky-Thompson LOC	M50	57:05	2:54 2:54	6:29 3:35	9:03 2:34	13:21 4:18	29:42 16:21	38:31 8:49	43:26 4:55	45:30 2:04	47:12 1:42	48:41 1:29	51:32 2:51	52:57 1:25	54:08 1:11	56:15 2:07	57:05 0:50
8th	Jeff Goodwin WCOC	M50	58:44	2:31 2:31	5:54 3:23	8:36 2:42	13:10 4:34	29:15 16:05	40:42 11:27	46:07 5:25	48:21 2:14	49:31 1:10	50:57 1:26	53:42 2:45	55:05 1:23	56:14 1:09	58:03 1:49	58:44 0:41
9th	Katie Wright LOC	W18	59:02	2:47 2:47	5:52 3:05	8:41 2:49	13:09 4:28	29:08 15:59	40:22 11:14	45:23 5:01	47:43 2:20	48:56 1:13	50:24 1:28	53:22 2:58	54:53 1:31	56:05 1:12	58:14 2:09	59:02 0:48
10th	George Hare NATO	M45	59:15	3:13 3:13	6:33 3:20	9:28 2:55	14:10 4:42	28:46 14:36	38:31 9:45	43:48 5:17	46:07 2:19	48:45 2:38	50:20 1:35	53:09 2:49	54:41 1:32	55:59 1:18	58:21 2:22	59:15 0:54
11th	Laurence Johnson SROC	M16	59:16	2:43 2:43	5:15 2:32	8:10 2:55	12:04 3:54	27:43 15:39	37:19 9:36	41:53 4:34	48:22 6:29	50:03 1:41	52:08 2:05	54:30 2:22	55:50 1:20	56:51 1:01	58:43 1:52	59:16 0:33

12th	Paul Johnson BL	M60	59:39	3:09 3:09	6:20 3:11	9:13 2:53	13:50 4:37	30:06 16:16	39:57 9:51	45:41 5:44	47:45 2:04	49:15 1:30	50:56 1:41	53:42 2:46	55:14 1:32	56:36 1:22	58:46 2:10	59:39 0:53
13th	Philip Jennings WCOC	M16	59:55	2:32 2:32	5:19 2:47	8:05 2:46	12:15 4:10	27:55 15:40	39:40 11:45	44:11 4:31	46:21 2:10	47:31 1:10	49:03 1:32	52:04 3:01	53:28 1:24	56:56 3:28	59:16 2:20	59:55 0:39
14th	Kenneth Daly INT	M50	60:08	2:53 2:53	6:22 3:29	9:30 3:08	14:12 4:42	29:27 15:15	38:38 9:11	43:43 5:05	45:37 1:54	47:16 1:39	48:55 1:39	51:52 2:57	53:42 1:50	54:58 1:16	59:14 4:16	60:08 0:54
15th	Andrew Brockbank LOC	M16	60:10	3:14 3:14	6:19 3:05	8:39 2:20	12:56 4:17	34:52 21:56	43:35 8:43	47:47 4:12	49:24 1:37	51:11 1:47	52:30 1:19	55:28 2:58	56:51 1:23	57:54 1:03	59:33 1:39	60:10 0:37
16th	Julian Lailey SROC	M65	60:28	3:50 3:50	6:45 2:55	9:24 2:39	13:35 4:11	28:22 14:47	41:22 13:00	46:29 5:07	48:55 2:26	50:16 1:21	51:41 1:25	54:27 2:46	55:54 1:27	57:11 1:17	59:18 2:07	60:28 1:10
17th	Sarah Jones LOC	W18	60:44	2:23 2:23	5:19 2:56	8:04 2:45	12:26 4:22	29:13 16:47	40:38 11:25	45:49 5:11	48:32 2:43	49:52 1:20	51:28 1:36	54:34 3:06	56:26 1:52	57:45 1:19	60:16 2:31	60:44 0:28
18th	Katrina Hemingway WCOC	W18	60:49	3:19 3:19	6:47 3:28	9:55 3:08	14:48 4:53	32:21 17:33	42:17 9:56	47:19 5:02	49:13 1:54	50:44 1:31	52:05 1:21	54:53 2:48	56:19 1:26	57:31 1:12	59:37 2:06	60:49 1:12
19th	Mike Hind CLARO	M60	60:53	3:01 3:01	6:16 3:15	8:54 2:38	13:19 4:25	28:04 14:45	41:09 13:05	47:12 6:03	49:20 2:08	50:40 1:20	52:01 1:21	54:55 2:54	56:27 1:32	57:51 1:24	60:01 2:10	60:53 0:52
20th	Graham Watson WCOC	M50	61:08	4:14 4:14	7:36 3:22	10:18 2:42	15:00 4:42	32:03 17:03	42:42 10:39	47:55 5:13	49:48 1:53	51:01 1:13	52:22 1:21	55:17 2:55	56:58 1:41	58:09 1:11	60:21 2:12	61:08 0:47
21st	Martin Skinner WCOC	M45	61:52	2:47 2:47	5:44 2:57	8:22 2:38	12:39 4:17	29:02 16:23	39:09 10:07	46:03 6:54	50:03 4:00	51:42 1:39	53:11 1:29	56:04 2:53	57:32 1:28	58:47 1:15	61:07 2:20	61:52 0:45
22nd	Rebekah Beadle LOC	W50	62:07	2:54 2:54	6:21 3:27	9:06 2:45	13:28 4:22	28:42 15:14	41:34 12:52	47:22 5:48	50:00 2:38	51:31 1:31	53:25 1:54	56:09 2:44	57:34 1:25	59:02 1:28	61:20 2:18	62:07 0:47
23rd	James Allison LOC	M16	63:06	2:56 2:56	6:23 3:27	9:11 2:48	14:06 4:55	32:21 18:15	43:43 11:22	49:34 5:51	51:41 2:07	53:06 1:25	54:25 1:19	57:31 3:06	59:05 1:34	60:17 1:12	62:20 2:03	63:06 0:46
24th	David Mainwaring BL	M50	63:46	3:52 3:52	6:53 3:01	9:35 2:42	13:47 4:12	30:17 16:30	41:25 11:08	48:43 7:18	51:11 2:28	52:54 1:43	54:44 1:50	57:27 2:43	59:03 1:36	60:29 1:26	62:58 2:29	63:46 0:48
25th	Simon Lewis LOC	M45	63:51	3:11 3:11	6:30 3:19	9:14 2:44	13:48 4:34	28:25 14:37	38:58 10:33	44:42 5:44	46:59 2:17	49:05 2:06	50:55 1:50	53:47 2:52	55:42 1:55	60:44 5:02	63:03 2:19	63:51 0:48
26th	Noah Howlett LOC	M16	64:10	3:06 3:06	6:10 3:04	9:07 2:57	13:31 4:24	30:06 16:35	42:18 12:12	47:56 5:38	51:12 3:16	52:52 1:40	54:33 1:41	57:45 3:12	59:31 1:46	60:56 1:25	63:27 2:31	64:10 0:43
27th	Jon Carberry SROC	M50	64:11	3:29 3:29	7:09 3:40	10:04 2:55	14:45 4:41	30:58 16:13	41:53 10:55	48:24 6:31	50:51 2:27	52:22 1:31	53:58 1:36	56:51 2:53	58:35 1:44	60:50 2:15	63:14 2:24	64:11 0:57
28th	Chris Lates BL	M70	65:33	3:15 3:15	6:44 3:29	9:43 2:59	14:34 4:51	31:12 16:38	43:42 12:30	49:25 5:43	52:21 2:56	54:09 1:48	55:40 1:31	58:35 2:55	60:16 1:41	61:41 1:25	64:38 2:57	65:33 0:55
29th	Natalie Beadle LOC	W18	68:40	3:04 3:04	6:04 3:00	8:43 2:39	13:09 4:26	32:52 19:43	48:54 16:02	54:03 5:09	56:05 2:02	57:13 1:08	58:25 1:12	60:44 2:19	62:06 1:22	65:34 3:28	67:54 2:20	68:40 0:46
30th	Ian Couch EPOC	M65	69:00	4:12 4:12	7:50 3:38	10:55 3:05	16:24 5:29	33:33 17:09	45:17 11:44	51:55 6:38	54:46 2:51	56:41 1:55	58:42 2:01	61:47 3:05	63:36 1:49	65:13 1:37	68:00 2:47	69:00 1:00
31st	Selwyn Wright LOC	M55	69:16	4:34 4:34	8:11 3:37	11:10 2:59	16:40 5:30	33:16 16:36	45:32 12:16	51:45 6:13	55:00 3:15	56:29 1:29	58:20 1:51	61:33 3:13	63:36 2:03	65:13 1:37	68:01 2:48	69:16 1:15
32nd	Jenny Wren BL	W60	70:04	4:57 4:57	8:28 3:31	11:36 3:08	16:46 5:10	35:41 18:55	48:11 12:30	53:58 5:47	56:51 2:53	58:20 1:29	59:52 1:32	63:26 3:34	65:09 1:43	66:29 1:20	69:00 2:31	70:04 1:04

33rd	Debbie Thompson BL	W55	71:18	4:06 4:06	8:32 4:26	11:40 3:08	17:04 5:24	33:57 16:53	46:03 12:06	52:54 6:51	55:54 3:00	58:23 2:29	60:21 1:58	63:28 3:07	65:20 1:52	67:26 2:06	70:17 2:51	71:18 1:01
34th	Stephen Fellbaum MDOC	M50	71:28	3:29 3:29	7:07 3:38	10:02 2:55	14:59 4:57	33:07 18:08	43:57 10:50	53:46 9:49	56:12 2:26	58:08 1:56	60:00 1:52	63:20 3:20	65:16 1:56	66:56 1:40	70:32 3:36	71:28 0:56
35th	Lynne Thomas WCOC	W40	74:19	3:19 3:19	8:01 4:42	11:18 3:17	16:42 5:24	35:44 19:02	51:25 15:41	57:41 6:16	60:26 2:45	62:04 1:38	63:46 1:42	67:04 3:18	68:51 1:47	70:28 1:37	73:11 2:43	74:19 1:08
36th	Dave Neild LOC	M65	75:51	3:54 3:54	8:50 4:56	12:29 3:39	18:09 5:40	38:15 20:06	51:22 13:07	58:13 6:51	61:21 3:08	63:12 1:51	64:54 1:42	68:29 3:35	70:46 2:17	72:16 1:30	74:47 2:31	75:51 1:04
37th	Neil Cameron NGOC	M65	76:51	3:42 3:42	7:21 3:39	10:28 3:07	15:48 5:20	35:58 20:10	49:19 13:21	56:44 7:25	60:29 3:45	63:51 3:22	65:32 1:41	68:58 3:26	70:48 1:50	72:39 1:51	75:48 3:09	76:51 1:03
38th	Neil Croasdell EPOC	M65	77:23	3:59 3:59	7:53 3:54	11:34 3:41	17:11 5:37	35:54 18:43	48:02 12:08	55:39 7:37	61:21 5:42	63:36 2:15	65:55 2:19	69:19 3:24	71:28 2:09	73:15 1:47	76:19 3:04	77:23 1:04
39th	Carolyn Hindle MDOC	W18	80:31	3:20 3:20	8:06 4:46	12:13 4:07	18:14 6:01	39:45 21:31	54:43 14:58	61:44 7:01	64:06 2:22	65:46 1:40	67:44 1:58	72:15 4:31	74:37 2:22	76:26 1:49	79:30 3:04	80:31 1:01
40th	Mike Cumpstey BL	M65	80:48	4:17 4:17	8:23 4:06	11:26 3:03	18:08 6:42	39:00 20:52	51:45 12:45	59:22 7:37	63:17 3:55	65:28 2:11	67:42 2:14	71:38 3:56	73:59 2:21	75:37 1:38	79:35 3:58	80:48 1:13
41st	Linda Hayles EPOC	W55	81:13	4:30 4:30	8:51 4:21	12:18 3:27	17:32 5:14	37:19 19:47	51:15 13:56	58:56 7:41	64:48 5:52	67:58 3:10	70:08 2:10	73:26 3:18	75:22 1:56	77:10 1:48	80:14 3:04	81:13 0:59
42nd	John Nash LOC	M60	83:26	8:49 8:49	12:56 4:07	16:35 3:39	22:39 6:04	41:29 18:50	53:53 12:24	61:40 7:47	65:52 4:12	69:20 3:28	71:38 2:18	75:50 4:12	77:37 1:47	79:19 1:42	82:09 2:50	83:26 1:17
43rd	Catherine Hill DEE	W45	86:23	5:01 5:01	8:51 3:50	12:18 3:27	17:41 5:23	38:17 20:36	52:43 14:26	65:18 12:35	69:11 3:53	72:25 3:14	74:39 2:14	78:13 3:34	80:11 1:58	82:13 2:02	85:31 3:18	86:23 0:52
44th	Edwin Paul Van Calster	M50	110:46	4:40 4:40	10:04 5:24	13:55 3:51	22:38 8:43	56:55 34:17	76:16 19:21	84:58 8:42	88:43 3:45	90:47 2:04	92:52 2:05	97:14 4:22	99:37 2:23	101:58 2:21	109:43 7:45	110:46 1:03
rtd	Angela Jackson WCOC	W35		4:38 4:38	8:32 3:54	11:39 3:07	16:39 5:00	34:28 17:49	50:02 15:34									----
rtd	Judy Johnson BL	W60		3:31 3:31	7:06 3:35	10:05 2:59	15:09 5:04	34:54 19:45	46:17 11:23	53:08 6:51	58:40 5:32	62:15 3:35	65:01 2:46	69:10 4:09	71:41 2:31			-----

Split times for Green

4.9km 245m

Pos	Name	Age Class	Time	1 (116)	2 (115)	3 (114)	4 (122)	5 (123)	6 (129)	7 (130)	8 (131)	9 (133)	10 (121)	11 (101)	(F1)
1st	George Hudson-Chang LOC	M16	41:58	1:34 1:34	3:19 1:45	5:00 1:41	11:43 6:43	19:57 8:14	27:58 8:01	30:49 2:51	32:44 1:55	34:13 1:29	38:29 4:16	41:16 2:47	41:58 0:42
2nd	Emily Brown BL	W16	43:59	1:44 1:44	3:10 1:26	4:39 1:29	11:08 6:29	21:46 10:38	30:06 8:20	33:12 3:06	34:20 1:08	36:01 1:41	40:22 4:21	43:04 2:42	43:59 0:55
3rd	Martyn Roome SROC	M60	44:06	1:46 1:46	2:59 1:13	4:33 1:34	11:02 6:29	21:20 10:18	29:59 8:39	32:57 2:58	34:31 1:34	36:02 1:31	39:57 3:55	43:17 3:20	44:06 0:49
4th	Alastair Thomas WCOC	M14	45:04	1:35 1:35	2:58 1:23	4:06 1:08	9:00 4:54	24:02 15:02	31:32 7:30	34:35 3:03	36:16 1:41	37:52 1:36	41:27 3:35	44:21 2:54	45:04 0:43

5th	Michael Pearson WCOC	M65	45:16	1:50 1:50	3:17 1:27	4:39 1:22	-----	20:30 -----	28:42 8:12	32:01 3:19	33:40 1:39	35:16 1:36	41:02 5:46	44:20 3:18	45:16 0:56
6th	Debbie Watson WCOC	W55	47:30	2:39 2:39	4:19 1:40	6:04 1:45	12:37 6:33	22:58 10:21	32:56 9:58	35:59 3:03	37:20 1:21	38:51 1:31	43:27 4:36	46:32 3:05	47:30 0:58
7th	Helen Ockenden SROC	W16	47:45	1:49 1:49	3:13 1:24	4:48 1:35	11:45 6:57	23:50 12:05	33:16 9:26	36:24 3:08	37:50 1:26	39:16 1:26	43:49 4:33	46:47 2:58	47:45 0:58
8th	Jo Cleary LOC	W45	47:48	1:58 1:58	3:40 1:42	5:06 1:26	10:43 5:37	20:56 10:13	29:00 8:04	36:09 7:09	37:31 1:22	39:06 1:35	43:25 4:19	46:56 3:31	47:48 0:52
9th	Jack Cryer PFO	M14	47:50	1:30 1:30	2:47 1:17	4:19 1:32	11:48 7:29	25:55 14:07	33:37 7:42	36:45 3:08	38:42 1:57	40:10 1:28	44:33 4:23	47:09 2:36	47:50 0:41
10th	Matthew Whitby WCOC	M16	48:12	1:48 1:48	3:22 1:34	4:40 1:18	10:36 5:56	21:45 11:09	30:46 9:01	36:07 5:21	37:33 1:26	38:51 1:18	43:40 4:49	47:16 3:36	48:12 0:56
11th	Laura Hindle MDOC	W16	49:03	1:47 1:47	3:55 2:08	5:13 1:18	11:31 6:18	22:45 11:14	33:10 10:25	38:16 5:06	39:27 1:11	41:04 1:37	45:11 4:07	48:17 3:06	49:03 0:46
12th	Tony Duncan WCOC	M70	49:34	2:16 2:16	3:42 1:26	5:19 1:37	11:21 6:02	23:05 11:44	31:30 8:25	36:01 4:31	38:00 1:59	39:58 1:58	44:21 4:23	48:15 3:54	49:34 1:19
13th	Jackie Chapman LOC	W55	49:36	2:19 2:19	3:43 1:24	5:18 1:35	11:28 6:10	22:15 10:47	32:37 10:22	36:39 4:02	38:26 1:47	40:16 1:50	44:45 4:29	48:39 3:54	49:36 0:57
14th	Heather Wornham WCOC	W18	49:46	2:09 2:09	3:42 1:33	5:21 1:39	12:43 7:22	24:27 11:44	35:28 11:01	38:25 2:57	39:33 1:08	40:56 1:23	45:44 4:48	48:48 3:04	49:46 0:58
15th	Julie Couch EPOC	W55	50:47	2:12 2:12	3:43 1:31	5:11 1:28	11:31 6:20	22:45 11:14	35:15 12:30	38:41 3:26	40:09 1:28	41:48 1:39	46:14 4:26	49:46 3:32	50:47 1:01
16th	Katherine Lowles WCOC	W16	51:27	1:55 1:55	3:44 1:49	5:21 1:37	12:03 6:42	24:35 12:32	35:06 10:31	40:45 5:39	41:57 1:12	43:25 1:28	47:18 3:53	50:18 3:00	51:27 1:09
17th	Lindsey Bayles LOC	W50	51:41	2:03 2:03	3:38 1:35	5:08 1:30	12:51 7:43	24:03 11:12	33:54 9:51	38:42 4:48	40:35 1:53	42:24 1:49	46:46 4:22	50:44 3:58	51:41 0:57
18th	Anne Burbidge WCOC	W50	51:47	2:18 2:18	4:29 2:11	6:02 1:33	12:30 6:28	23:03 10:33	32:44 9:41	37:38 4:54	40:29 2:51	42:27 1:58	47:15 4:48	50:47 3:32	51:47 1:00
19th	Norman French LOC	M65	52:05	1:54 1:54	6:10 4:16	7:28 1:18	13:27 5:59	23:37 10:10	35:58 12:21	40:41 4:43	42:17 1:36	43:53 1:36	48:06 4:13	51:19 3:13	52:05 0:46
20th	Roger Jackson WCOC	M65	52:06	2:24 2:24	4:32 2:08	6:06 1:34	13:27 7:21	26:21 12:54	36:16 9:55	39:27 3:11	40:49 1:22	42:33 1:44	47:27 4:54	51:01 3:34	52:06 1:05
21st	Susan Skinner WCOC	W45	52:17	2:26 2:26	4:04 1:38	5:37 1:33	-----	25:59 -----	35:49 9:50	39:13 3:24	40:50 1:37	42:39 1:49	47:22 4:43	51:11 3:49	52:17 1:06
22nd	Mathew Blackley WCOC	M16	55:32	1:56 1:56	4:34 2:38	6:15 1:41	15:17 9:02	29:46 14:29	39:17 9:31	43:36 4:19	44:45 1:09	46:43 1:58	51:40 4:57	55:01 3:21	55:32 0:31
23rd	Daniel Spencer WCOC	M14	56:36	1:41 1:41	3:25 1:44	4:41 1:16	12:36 7:55	31:33 18:57	39:32 7:59	44:49 5:17	46:18 1:29	48:25 2:07	52:24 3:59	55:55 3:31	56:36 0:41
24th	Chris Whitby WCOC	M45	57:01	2:26 2:26	4:24 1:58	6:08 1:44	13:31 7:23	24:57 11:26	38:45 13:48	42:58 4:13	45:24 2:26	47:06 1:42	51:50 4:44	56:00 4:10	57:01 1:01
25th	Gerry Garvey BL	M45	57:15	2:14 2:14	4:03 1:49	5:42 1:39	13:13 7:31	28:32 15:19	38:53 10:21	44:00 5:07	45:52 1:52	47:58 2:06	52:17 4:19	56:24 4:07	57:15 0:51

26th	Jill Smith EBOR	W55	57:19	2:13 2:13	3:56 1:43	5:47 1:51	15:46 9:59	28:34 12:48	39:10 10:36	43:33 4:23	45:04 1:31	46:53 1:49	52:04 5:11	56:07 4:03	57:19 1:12
27th	Syd Thomas WCOC	M60	57:28	3:04 3:04	4:54 1:50	6:38 1:44	14:07 7:29	26:40 12:33	36:42 10:02	42:36 5:54	45:07 2:31	47:23 2:16	52:32 5:09	56:28 3:56	57:28 1:00
28th	Kim Leslie WCOC	W50	57:29	2:45 2:45	5:10 2:25	6:47 1:37	14:11 7:24	27:52 13:41	39:46 11:54	43:37 3:51	45:55 2:18	47:53 1:58	52:42 4:49	56:29 3:47	57:29 1:00
29th	Sue Roome SROC	W60	58:15	2:51 2:51	4:44 1:53	6:27 1:43	13:15 6:48	29:30 16:15	40:13 10:43	44:13 4:00	46:55 2:42	48:44 1:49	53:45 5:01	56:56 3:11	58:15 1:19
30th	Richard Cummings WCOC	M50	58:19	2:26 2:26	3:55 1:29	5:42 1:47	12:29 6:47	29:25 16:56	39:13 9:48	43:14 4:01	46:17 3:03	48:29 2:12	53:22 4:53	57:21 3:59	58:19 0:58
31st	Jenny Bradley WCOC	W16	58:33	2:01 2:01	4:19 2:18	5:54 1:35	16:33 10:39	29:37 13:04	40:00 10:23	46:25 6:25	47:55 1:30	49:32 1:37	54:18 4:46	57:23 3:05	58:33 1:10
32nd	Christopher Brown BL	M16	58:34	1:31 1:31	2:57 1:26	4:13 1:16	10:27 6:14	22:01 11:34	42:08 20:07	48:46 6:38	49:42 0:56	50:53 1:11	54:49 3:56	57:42 2:53	58:34 0:52
33rd	Ian Teasdale WCOC	M50	59:17	2:13 2:13	3:45 1:32	5:27 1:42	12:05 6:38	24:12 12:07	36:40 12:28	44:26 7:46	46:51 2:25	48:43 1:52	53:57 5:14	58:14 4:17	59:17 1:03
34th	Calam Mitchelll LOC	M14	60:07	1:34 1:34	3:03 1:29	4:17 1:14	9:53 5:36	34:11 24:18	46:05 11:54	49:15 3:10	50:26 1:11	52:03 1:37	56:13 4:10	58:55 2:42	60:07 1:12
35th	Dave McQuillen SOLWAY	M70	60:30	2:28 2:28	4:13 1:45	5:59 1:46	13:53 7:54	28:20 14:27	38:03 9:43	47:00 8:57	48:58 1:58	50:53 1:55	55:40 4:47	59:28 3:48	60:30 1:02
36th	Julia Laverack WAROC	W50	61:20	2:22 2:22	4:37 2:15	6:25 1:48	13:04 6:39	35:06 22:02	44:47 9:41	48:30 3:43	50:08 1:38	51:51 1:43	56:38 4:47	60:17 3:39	61:20 1:03
37th	Allen Barnes CLARO	M70	61:29	3:10 3:10	6:54 3:44	8:35 1:41	16:03 7:28	28:10 12:07	39:10 11:00	45:08 5:58	47:33 2:25	49:35 2:02	55:24 5:49	60:13 4:49	61:29 1:16
38th	Fran McDonald WCOC	W60	62:23	3:06 3:06	5:35 2:29	7:53 2:18	15:33 7:40	29:32 13:59	40:45 11:13	45:47 5:02	48:20 2:33	50:30 2:10	55:56 5:26	61:14 5:18	62:23 1:09
39th	Ged Hagan WCOC	M50	62:58	2:26 2:26	4:03 1:37	5:50 1:47	12:55 7:05	25:00 12:05	35:25 10:25	47:24 11:59	51:15 3:51	53:14 1:59	58:39 5:25	62:08 3:29	62:58 0:50
40th	Anne Wilson LOC	W60	63:11	3:04 3:04	4:54 1:50	6:51 1:57	15:04 8:13	28:55 13:51	41:19 12:24	45:57 4:38	48:22 2:25	50:27 2:05	57:18 6:51	61:52 4:34	63:11 1:19
41st	Annie Ockenden SROC	W16	66:15	2:13 2:13	3:50 1:37	6:06 2:16	16:09 10:03	34:37 18:28	46:38 12:01	52:46 6:08	54:31 1:45	56:27 1:56	62:21 5:54	65:23 3:02	66:15 0:52
42nd	Helen Neild LOC	W65	66:36	2:46 2:46	4:45 1:59	8:30 3:45	21:53 13:23	34:02 12:09	45:44 11:42	50:40 4:56	53:10 2:30	55:26 2:16	60:52 5:26	65:23 4:31	66:36 1:13
43rd	David Fenwick WCOC	M65	66:45	2:59 2:59	4:48 1:49	6:50 2:02	15:27 8:37	34:47 19:20	46:17 11:30	52:33 6:16	54:24 1:51	56:20 1:56	62:07 5:47	65:38 3:31	66:45 1:07
44th	Sarah Chaudhri WCOC	W50	67:04	2:51 2:51	4:40 1:49	6:19 1:39	13:04 6:45	32:53 19:49	44:25 11:32	50:24 5:59	53:14 2:50	55:33 2:19	61:04 5:31	65:33 4:29	67:04 1:31
45th	Malcolm Mclvor DEE	M70	67:48	2:56 2:56	4:59 2:03	7:03 2:04	17:12 10:09	32:29 15:17	45:21 12:52	49:52 4:31	53:30 3:38	55:54 2:24	61:43 5:49	66:28 4:45	67:48 1:20
46th	Scott Ashworth IND	M35	68:05	2:16 2:16	3:36 1:20	5:14 1:38	12:44 7:30	41:27 28:43	49:55 8:28	55:48 5:53	57:47 1:59	59:28 1:41	63:53 4:25	67:11 3:18	68:05 0:54

47th	Isabel Berry BL	W21	69:09	2:56 2:56	5:02 2:06	7:05 2:03	15:27 8:22	28:58 13:31	43:00 14:02	54:24 11:24	57:35 3:11	59:45 2:10	64:12 4:27	68:11 3:59	69:09 0:58
48th	Sarah Watkins SROC	W35	70:22	3:15 3:15	4:56 1:41	6:57 2:01	15:17 8:20	35:25 20:08	48:34 13:09	54:10 5:36	57:20 3:10	59:51 2:31	65:18 5:27	69:21 4:03	70:22 1:01
49th	Dick Whitworth BL	M70	72:28	3:14 3:14	5:28 2:14	8:43 3:15	17:10 8:27	36:54 19:44	49:17 12:23	53:51 4:34	56:45 2:54	59:12 2:27	65:50 6:38	71:04 5:14	72:28 1:24
50th	Janet Nash LOC	W60	73:23	3:08 3:08	4:54 1:46	6:44 1:50	15:06 8:22	29:07 14:01	39:40 10:33	56:03 16:23	58:17 2:14	60:42 2:25	67:05 6:23	71:43 4:38	73:23 1:40
51st	Jonathan Eaton WCOC	M55	74:07	2:15 2:15	4:06 1:51	5:56 1:50	13:57 8:01	38:35 24:38	48:43 10:08	58:25 9:42	60:25 2:00	62:27 2:02	69:09 6:42	73:06 3:57	74:07 1:01
52nd	Pat Cameron NGOC	W65	75:42	3:24 3:24	5:39 2:15	7:49 2:10	16:11 8:22	30:58 14:47	45:43 14:45	51:22 5:39	53:33 2:11	56:12 2:39	63:46 7:34	74:07 10:21	75:42 1:35
53rd	Philip Nichols BL	M55	76:07	2:40 2:40	4:27 1:47	6:26 1:59	15:04 8:38	43:59 28:55	54:45 10:46	61:09 6:24	63:04 1:55	65:23 2:19	70:59 5:36	74:54 3:55	76:07 1:13
54th	Joan Cumpstey BL	W65	76:35	2:59 2:59	4:45 1:46	6:46 2:01	14:47 8:01	41:30 26:43	53:31 12:01	60:18 6:47	62:19 2:01	64:51 2:32	70:49 5:58	75:12 4:23	76:35 1:23
55th	Matt Edge LOC	M18	77:58	2:29 2:29	4:07 1:38	6:24 2:17	14:34 8:10	47:22 32:48	59:01 11:39	62:58 3:57	65:38 2:40	67:08 1:30	73:11 6:03	77:02 3:51	77:58 0:56
56th	Karen Blackburn BL	W65	80:22	3:31 3:31	5:54 2:23	7:47 1:53	16:24 8:37	41:46 25:22	53:56 12:10	62:15 8:19	65:31 3:16	67:44 2:13	74:04 6:20	78:54 4:50	80:22 1:28
57th	David Brook NN	M70	84:47	2:25 2:25	4:28 2:03	6:31 2:03	15:11 8:40	51:08 35:57	63:07 11:59	68:43 5:36	70:38 1:55	72:38 2:00	78:44 6:06	83:42 4:58	84:47 1:05
m6-8 rtd	Florrie Dobson LOC	W16		1:55 1:55	3:54 1:59	5:39 1:45	14:05 8:26	27:41 13:36	----- -----	----- -----	----- -----	68:13 -----	----- -----	----- -----	----- -----
m5 rtd	Judith Filmore LOC	W55		3:03 3:03	5:40 2:37	7:31 1:51	15:31 8:00	----- -----	79:44 -----	86:56 7:12	89:52 2:56	92:07 2:15	----- -----	----- -----	----- -----

Split times for Short Green

3.5km 150m

Pos	Name	Age Class	Time	1 (115)	2 (114)	3 (134)	4 (130)	5 (131)	6 (133)	7 (120)	8 (121)	9 (101)	(F1)
n/c	Jack Filmore LOC	M20	32:30	2:46 2:46	5:18 2:32	9:41 4:23	18:27 8:46	22:05 3:38	23:44 1:39	26:18 2:34	28:44 2:26	31:58 3:14	32:30 0:32
1st	Jan Clenaghan SOLWAY	W60	37:36	3:52 3:52	5:40 1:48	11:19 5:39	21:45 10:26	24:24 2:39	26:21 1:57	29:51 3:30	32:08 2:17	36:26 4:18	37:36 1:10
2nd	Andrew Suddaby BL	M75	38:36	4:01 4:01	6:38 2:37	12:17 5:39	22:13 9:56	24:12 1:59	26:26 2:14	29:53 3:27	32:08 2:15	37:28 5:20	38:36 1:08
3rd	Rachel Osborn WAROC	W35	39:05	4:34 4:34	6:37 2:03	12:49 6:12	24:01 11:12	26:09 2:08	28:10 2:01	31:35 3:25	33:43 2:08	37:55 4:12	39:05 1:10
4th	Mike Fairburn PFO	M70	39:17	4:16 4:16	6:09 1:53	11:36 5:27	23:44 12:08	26:11 2:27	28:17 2:06	31:49 3:32	33:50 2:01	38:17 4:27	39:17 1:00

5th	Simon Filmore LOC	M55	39:39	4:28 4:28	6:27 1:59	12:23 5:56	22:42 10:19	24:48 2:06	27:12 2:24	30:48 3:36	33:19 2:31	38:14 4:55	39:39 1:25
6th	Louise Hagan WCOC	W21	40:43	3:59 3:59	5:44 1:45	11:59 6:15	22:20 10:21	25:04 2:44	27:55 2:51	32:06 4:11	35:05 2:59	39:35 4:30	40:43 1:08
7th	Mark Jones LOC	M45	40:55	5:38 5:38	7:23 1:45	13:23 6:00	24:19 10:56	27:52 3:33	30:04 2:12	34:22 4:18	36:50 2:28	39:58 3:08	40:55 0:57
8th	Heather Burrows LOC	W21	42:01	4:26 4:26	6:09 1:43	12:04 5:55	22:40 10:36	24:40 2:00	27:33 2:53	31:32 3:59	34:09 2:37	40:18 6:09	42:01 1:43
9th	Richard Day LOC	M65	42:17	4:38 4:38	6:51 2:13	13:40 6:49	23:52 10:12	26:54 3:02	29:20 2:26	33:29 4:09	35:59 2:30	40:58 4:59	42:17 1:19
10th	Kate Skinner WCOC	W16	43:54	4:55 4:55	7:05 2:10	15:22 8:17	26:48 11:26	28:25 1:37	31:02 2:37	35:29 4:27	38:29 3:00	42:51 4:22	43:54 1:03
11th	Robin Stansfield BL	M70	44:25	5:07 5:07	7:34 2:27	14:40 7:06	26:10 11:30	28:20 2:10	30:22 2:02	34:53 4:31	37:39 2:46	42:49 5:10	44:25 1:36
12th	Stan Johnston LOC	M75	44:54	4:49 4:49	7:15 2:26	14:09 6:54	26:16 12:07	29:16 3:00	31:36 2:20	36:08 4:32	38:59 2:51	43:27 4:28	44:54 1:27
13th	Sally Rollo SOLWAY	W60	45:05	4:35 4:35	6:32 1:57	12:42 6:10	27:26 14:44	30:05 2:39	33:01 2:56	37:07 4:06	39:34 2:27	43:43 4:09	45:05 1:22
14th	Catherine Wetherfield WCOC	W45	46:05	6:24 6:24	8:04 1:40	13:32 5:28	26:05 12:33	29:16 3:11	31:28 2:12	38:26 6:58	40:44 2:18	44:56 4:12	46:05 1:09
15th	Sarah Hiscoke BL	W50	47:30	4:51 4:51	7:06 2:15	14:32 7:26	27:06 12:34	30:26 3:20	33:25 2:59	37:57 4:32	41:03 3:06	46:12 5:09	47:30 1:18
16th	Louise Wilson BL	W70	48:09	5:25 5:25	7:44 2:19	14:33 6:49	26:50 12:17	29:48 2:58	32:31 2:43	37:05 4:34	40:14 3:09	46:47 6:33	48:09 1:22
17th	Ian Barker WCOC	M40	48:15	7:09 7:09	9:18 2:09	14:27 5:09	29:31 15:04	30:48 1:17	32:17 1:29	35:13 2:56	37:17 2:04	47:13 9:56	48:15 1:02
18th	Lesley Wornham WCOC	W55	50:04	6:31 6:31	9:30 2:59	16:16 6:46	28:48 12:32	32:32 3:44	35:46 3:14	40:31 4:45	43:09 2:38	48:53 5:44	50:04 1:11
19th	Rob Jackson IND	M40	51:00	4:37 4:37	7:06 2:29	14:26 7:20	31:01 16:35	34:42 3:41	37:42 3:00	42:15 4:33	44:56 2:41	49:33 4:37	51:00 1:27
20th	Vanessa Brierley WCOC	W45	52:54	16:01 16:01	17:51 1:50	23:07 5:16	33:31 10:24	35:40 2:09	37:30 1:50	40:30 3:00	42:16 1:46	51:47 9:31	52:54 1:07
21st	Helen Rafferty NATO	W70	54:31	5:19 5:19	7:45 2:26	14:33 6:48	31:25 16:52	35:04 3:39	38:07 3:03	43:26 5:19	46:33 3:07	53:11 6:38	54:31 1:20
22nd	Jane McQuillen SOLWAY	W70	54:53	7:38 7:38	9:52 2:14	17:35 7:43	33:24 15:49	36:46 3:22	39:38 2:52	44:36 4:58	47:48 3:12	53:18 5:30	54:53 1:35
23rd	Alan Heppenstall LOC	M70	59:52	6:16 6:16	8:58 2:42	17:30 8:32	33:00 15:30	37:34 4:34	41:23 3:49	47:10 5:47	50:38 3:28	57:59 7:21	59:52 1:53
24th	Richard goodwin WCOC	M55	61:35	6:38 6:38	8:51 2:13	16:10 7:19	32:43 16:33	37:29 4:46	42:14 4:45	47:27 5:13	50:48 3:21	59:31 8:43	61:35 2:04
25th	Angela Whitworth BL	W70	62:47	7:17 7:17	9:54 2:37	18:53 8:59	36:34 17:41	40:49 4:15	44:45 3:56	50:22 5:37	54:09 3:47	61:04 6:55	62:47 1:43

26th	Jackie Barnes CLARO	W65	63:08	4:45	6:50	12:45	43:49	46:16	48:16	53:23	57:17	61:48	63:08
				4:45	2:05	5:55	31:04	2:27	2:00	5:07	3:54	4:31	1:20
m4-6	Robert Jackson SOC	M80	52:21	8:25	12:54	28:56				36:28	41:02	50:07	52:21
				8:25	4:29	16:02	-----	-----	-----	-----	4:34	9:05	2:14

Split times for Light Green

3.2km 115m

Pos	Name	Age Class	Time	1 (116)	2 (114)	3 (107)	4 (110)	5 (122)	6 (120)	7 (121)	8 (101)	(F1)
1st	George Tanner PFO	M14	24:38	2:12 2:12	4:56 2:44	7:22 2:26	10:27 3:05	17:18 6:51	19:04 1:46	21:00 1:56	23:45 2:45	24:38 0:53
2nd	Harry Scott LOC	M14	24:44	1:45 1:45	4:25 2:40	8:09 3:44	10:55 2:46	17:57 7:02	19:20 1:23	20:53 1:33	23:36 2:43	24:44 1:08
3rd	Sam Yates LOC	M14	25:33	1:30 1:30	3:45 2:15	8:29 4:44	11:40 3:11	18:46 7:06	20:40 1:54	22:06 1:26	24:50 2:44	25:33 0:43
4th	Grace Pugh UVHS	W14	25:38	1:53 1:53	4:28 2:35	6:59 2:31	11:03 4:04	18:24 7:21	20:14 1:50	21:44 1:30	24:51 3:07	25:38 0:47
5th	Alex O'Donovan LOC	M14	26:42	2:03 2:03	4:43 2:40	7:07 2:24	10:15 3:08	17:00 6:45	18:38 1:38	20:24 1:46	25:33 5:09	26:42 1:09
6th	Daisy Fletcher-Cooney LOC	W14	26:51	1:59 1:59	4:39 2:40	7:25 2:46	10:52 3:27	18:18 7:26	20:14 1:56	22:20 2:06	26:01 3:41	26:51 0:50
7th	Stewart Allison LOC	M14	27:30	2:02 2:02	4:36 2:34	7:52 3:16	11:53 4:01	20:42 8:49	21:38 0:56	23:42 2:04	26:45 3:03	27:30 0:45
8th	Ben Breeze WCOC	M14	27:58	2:00 2:00	4:58 2:58	7:46 2:48	11:07 3:21	19:15 8:08	21:33 2:18	23:41 2:08	27:05 3:24	27:58 0:53
9th	Fiona Newby LOC	W14	28:16	1:48 1:48	4:40 2:52	7:42 3:02	11:38 3:56	19:15 7:37	21:01 1:46	22:52 1:51	27:33 4:41	28:16 0:43
10th	Megan Bartlett LOC	W14	31:10	2:26 2:26	5:40 3:14	10:40 5:00	14:28 3:48	22:20 7:52	24:00 1:40	26:44 2:44	30:17 3:33	31:10 0:53
11th	Niamh Hunter WCOC	W14	31:38	2:39 2:39	6:26 3:47	10:10 3:44	13:46 3:36	20:46 7:00	25:23 4:37	27:24 2:01	30:48 3:24	31:38 0:50
12th	Jack Caine LOC	M14	33:06	1:52 1:52	4:26 2:34	12:33 8:07	16:25 3:52	24:17 7:52	26:00 1:43	28:46 2:46	32:21 3:35	33:06 0:45
13th	Ben Goodwin WCOC	M12	33:21	2:26 2:26	6:00 3:34	9:57 3:57	13:53 3:56	22:57 9:04	24:45 1:48	27:38 2:53	32:26 4:48	33:21 0:55
14th	Anna Lister LOC	W12	33:23	2:32 2:32	6:37 4:05	10:21 3:44	14:16 3:55	23:30 9:14	25:31 2:01	28:13 2:42	32:15 4:02	33:23 1:08
15th	Pam Rumney WCOC	W45	34:10	2:58 2:58	6:06 3:08	10:09 4:03	13:49 3:40	22:52 9:03	25:50 2:58	28:45 2:55	33:06 4:21	34:10 1:04
16th	Raymond Wren BL	M65	40:00	3:46 3:46	6:56 3:10	10:35 3:39	15:18 4:43	26:36 11:18	30:04 3:28	32:49 2:45	38:19 5:30	40:00 1:41

17th	Chris Telford WCOC	M14	40:07	2:26 2:26	6:27 4:01	14:58 8:31	19:01 4:03	26:48 7:47	28:50 2:02	31:14 2:24	38:46 7:32	40:07 1:21
18th	Verena Johnston LOC	W75	42:39	3:48 3:48	7:49 4:01	11:34 3:45	16:59 5:25	27:47 10:48	31:06 3:19	34:06 3:00	41:18 7:12	42:39 1:21
19th	Francis Smith-Ward LOC	M12	45:32	3:29 3:29	8:21 4:52	14:32 6:11	20:11 5:39	31:48 11:37	34:45 2:57	38:04 3:19	43:53 5:49	45:32 1:39
20th	Angela Ruckledge WCOC	W65	47:48	3:21 3:21	6:38 3:17	14:47 8:09	18:58 4:11	34:32 15:34	38:50 4:18	42:19 3:29	46:40 4:21	47:48 1:08
21st	Bethan Cross UVHS	W16	47:56	12:58 12:58	17:11 4:13	22:08 4:57	27:44 5:36	38:21 10:37	40:33 2:12	42:53 2:20	46:51 3:58	47:56 1:05
22nd	Hazel Newport WCOC	W14	49:18	4:19 4:19	8:16 3:57	17:56 9:40	23:03 5:07	33:45 10:42	40:39 6:54	44:05 3:26	48:24 4:19	49:18 0:54
23rd	Sarah Newport WCOC	W45	49:41	4:04 4:04	8:10 4:06	17:38 9:28	22:45 5:07	33:54 11:09	40:53 6:59	44:08 3:15	48:32 4:24	49:41 1:09
24th	Susan Nicol and Annabel Kent IND	M21	50:58	5:12 5:12	9:37 4:25	16:01 6:24	21:51 5:50	34:20 12:29	37:59 3:39	41:28 3:29	49:06 7:38	50:58 1:52
25th	KatyLewis LOC	W12	54:27	4:43 4:43	13:42 8:59	18:41 4:59	25:06 6:25	43:01 17:55	45:59 2:58	49:15 3:16	53:38 4:23	54:27 0:49
26th	Sharon Lewis LOC	W45	56:01	6:46 6:46	12:50 6:04	18:18 5:28	24:45 6:27	42:12 17:27	46:40 4:28	49:28 2:48	54:34 5:06	56:01 1:27
27th	Jane Hunter WCOC	W45	59:39	3:21 3:21	9:36 6:15	15:56 6:20	20:58 5:02	42:58 22:00	47:05 4:07	50:34 3:29	58:09 7:35	59:39 1:30
m2-4 rtd	Harvey Thompson BL	M14		3:15 3:15								----- -----

Split times for Orange

2.9km 135m

Pos	Name	Age Class	Time	1 (119)	2 (120)	3 (117)	4 (112)	5 (109)	6 (108)	7 (105)	8 (104)	9 (101)	(F1)
n/c	Jack Kerns-Mares IND	M20	24:44	1:17 1:17	3:32 2:15	9:20 5:48	10:52 1:32	13:05 2:13	16:16 3:11	18:46 2:30	21:08 2:22	24:01 2:53	24:44 0:43
1st	Alex Foster LOC	M12	25:36	1:42 1:42	3:41 1:59	11:42 8:01	13:01 1:19	14:44 1:43	17:42 2:58	19:45 2:03	21:47 2:02	24:50 3:03	25:36 0:46
2nd	Catherine Bloom	W12	27:28	2:07 2:07	4:45 2:38	10:48 6:03	12:25 1:37	14:54 2:29	18:43 3:49	20:40 1:57	23:08 2:28	26:28 3:20	27:28 1:00
3rd	Rosey Spencer WCOC	W12	28:04	2:05 2:05	5:06 3:01	11:25 6:19	13:05 1:40	15:06 2:01	18:56 3:50	21:26 2:30	24:04 2:38	27:04 3:00	28:04 1:00
4th	Joseph Goodwin WCOC	M12	32:18	2:23 2:23	5:52 3:29	12:23 6:31	15:02 2:39	18:17 3:15	22:45 4:28	25:47 3:02	28:06 2:19	31:08 3:02	32:18 1:10
5th	Eilidh Miller LOC	W12	35:18	2:20 2:20	5:43 3:23	15:52 10:09	17:22 1:30	20:06 2:44	25:22 5:16	28:23 3:01	30:53 2:30	34:23 3:30	35:18 0:55

6th	Matilda Tiribocchu UVHS	W14	35:56	1:57 1:57	6:11 4:14	17:01 10:50	18:32 1:31	20:43 2:11	24:55 4:12	28:25 3:30	31:26 3:01	34:47 3:21	35:56 1:09
7th	Megan Lewis LOC	W16	36:55	2:56 2:56	6:05 3:09	12:36 6:31	14:43 2:07	18:39 3:56	23:46 5:07	28:44 4:58	32:44 4:00	36:07 3:23	36:55 0:48
8th	Isabel Hill DEE	W12	37:12	1:57 1:57	5:10 3:13	11:16 6:06	13:04 1:48	17:53 4:49	23:03 5:10	26:59 3:56	31:23 4:24	36:27 5:04	37:12 0:45
9th	Philip Shrimpton LOC	M11	39:05	2:04 2:04	14:08 12:04	18:39 4:31	20:14 1:35	22:31 2:17	26:06 3:35	28:20 2:14	33:47 5:27	37:56 4:09	39:05 1:09
10th	Tom Rawle BL	M8	49:54	4:06 4:06	7:53 3:47	16:00 8:07	18:49 2:49	23:36 4:47	29:31 5:55	35:33 6:02	40:47 5:14	48:20 7:33	49:54 1:34
11th	Sam Wharton LOC	M12	52:22	2:48 2:48	7:28 4:40	24:20 16:52	27:58 3:38	31:34 3:36	37:13 5:39	42:22 5:09	47:07 4:45	51:15 4:08	52:22 1:07
12th	Alex Christian LOC	M12	53:21	21:15 21:15	23:51 2:36	31:19 7:28	33:11 1:52	35:45 2:34	40:02 4:17	43:02 3:00	46:39 3:37	52:13 5:34	53:21 1:08
13th	Judith Skedge NATO	W65	65:27	4:18 4:18	9:46 5:28	20:24 10:38	25:00 4:36	30:08 5:08	38:44 8:36	45:09 6:25	52:08 6:59	63:05 10:57	65:27 2:22
14th	Carys Thomas WCOC	W10	66:01	4:48 4:48	13:15 8:27	27:30 14:15	31:50 4:20	37:11 5:21	44:13 7:02	49:30 5:17	55:14 5:44	63:56 8:42	66:01 2:05
m4-5	Liz Lecky-Thompson IND	W45	72:47	3:19 3:19	7:34 4:15	20:08 12:34	----- -----	----- -----	42:43 -----	51:52 9:09	58:19 6:27	70:15 11:56	72:47 2:32

Split times for Yellow

2.2km 100m

Pos	Name	Age Class	Time	1 (119)	2 (118)	3 (113)	4 (108)	5 (106)	6 (105)	7 (104)	8 (103)	9 (102)	10 (101)	(F1)
1st	Hannah Rumney WCOC	W10	20:14	1:39 1:39	4:25 2:46	6:59 2:34	9:35 2:36	10:31 0:56	12:25 1:54	15:06 2:41	16:03 0:57	17:15 1:12	19:20 2:05	20:14 0:54
2nd	Henry Teasdale WCOC	M10	22:53	1:50 1:50	7:26 5:36	9:38 2:12	12:09 2:31	13:10 1:01	14:53 1:43	17:36 2:43	18:29 0:53	19:34 1:05	21:43 2:09	22:53 1:10
3rd	Jack Kerns-Mares IND	M20	24:40	2:12 2:12	5:29 3:17	8:30 3:01	11:26 2:56	12:38 1:12	14:59 2:21	18:08 3:09	19:08 1:00	20:19 1:11	23:30 3:11	24:40 1:10
4th	Jessica Breeze WCOC	W10	25:30	2:11 2:11	5:47 3:36	9:12 3:25	12:07 2:55	13:25 1:18	15:52 2:27	19:39 3:47	20:46 1:07	21:45 0:59	24:18 2:33	25:30 1:12
5th	Wilfrid Teasdale WCOC	M8	25:38	2:20 2:20	5:33 3:13	8:18 2:45	11:13 2:55	12:23 1:10	14:14 1:51	17:39 3:25	18:58 1:19	20:20 1:22	24:28 4:08	25:38 1:10
6th	Sam Wharton UVHS	M12	27:49	2:49 2:49	7:30 4:41	11:01 3:31	15:04 4:03	16:13 1:09	18:37 2:24	21:59 3:22	22:55 0:56	23:48 0:53	26:21 2:33	27:49 1:28
7th	Myrtle Ashworth IND	W5	32:44	3:12 3:12	6:57 3:45	11:27 4:30	15:15 3:48	16:28 1:13	19:25 2:57	24:19 4:54	26:05 1:46	27:44 1:39	31:14 3:30	32:44 1:30
8th	Ella Smits IND	W7	34:48	2:45 2:45	7:59 5:14	11:02 3:03	15:09 4:07	16:48 1:39	20:50 4:02	25:59 5:09	28:20 2:21	30:02 1:42	33:17 3:15	34:48 1:31

9th	Jonty Goodwin WCOC	M10	37:09	3:01	10:48	14:51	18:10	19:28	21:55	26:50	27:55	29:14	35:39	37:09
				3:01	7:47	4:03	3:19	1:18	2:27	4:55	1:05	1:19	6:25	1:30
10th	Hazel Laverack WAROC	W8	42:40	4:31	12:11	17:41	22:09	24:34	27:29	32:34	34:17	36:13	40:33	42:40
				4:31	7:40	5:30	4:28	2:25	2:55	5:05	1:43	1:56	4:20	2:07
11th	Helen Lecky-Thompson LOC	W10	72:25	3:26	16:51	35:31	42:39	45:31	51:35	58:15	61:16	65:19	70:03	72:25
				3:26	13:25	18:40	7:08	2:52	6:04	6:40	3:01	4:03	4:44	2:22
12th	Gina McCabe		90:27	7:33	17:29	27:15	38:38	42:05	51:06	63:03	66:59	73:06	84:01	90:27
				7:33	9:56	9:46	11:23	3:27	9:01	11:57	3:56	6:07	10:55	6:26
m5	Herbi Ashworth IND	M9	28:15	2:25	6:17	10:32	13:07		20:25	23:23	24:10	25:08	27:20	28:15
				2:25	3:52	4:15	2:35	-----	-----	2:58	0:47	0:58	2:12	0:55
m10	Kirsty Laverack WAROC	W12	32:45	3:43	9:10	14:16	18:16	19:12	22:09	27:01	28:09	29:27		32:45
				3:43	5:27	5:06	4:00	0:56	2:57	4:52	1:08	1:18	-----	-----