

Split times for Black

10.7km 495m

Pos	Name	Age Class	Time	1 (107)	2 (147)	3 (144)	4 (102)	5 (123)	6 (125)	7 (126)	8 (173)	9 (131)	10 (164)	11 (134)	12 (101)	13 (141)	14 (143)	15 (110)	16 (129)	17 (135)	18 (136)	19 (137)	20 (106)	21 (146)	22 (167)	23 (153)	(F1)
1st	Todd Oates IND	M21	79:02	2:01 2:01	5:28 3:27	12:29 7:01	13:47 1:18	16:33 2:46	23:38 7:05	25:26 1:48	29:10 3:44	32:59 3:49	33:57 0:58	41:05 7:08	46:40 5:35	51:34 4:54	54:35 3:01	56:41 2:06	62:06 5:25	66:35 4:29	70:30 3:55	72:07 1:37	73:33 1:26	75:02 1:29	77:50 2:48	78:30 0:40	79:02 0:32
2nd	Andrew Llewellyn NOC	M21	79:33	1:58 1:58	5:17 3:19	12:32 7:15	13:48 1:16	17:10 3:22	23:58 6:48	26:14 2:16	30:35 4:21	34:22 3:47	35:20 0:58	41:56 6:36	46:48 4:52	50:35 3:47	54:19 3:44	56:28 2:09	62:32 6:04	66:58 4:26	70:57 3:59	72:37 1:40	74:07 1:30	75:23 1:16	78:23 3:00	79:03 0:40	79:33 0:30
3rd	Claire Ward ESOC	W35	82:01	2:24 2:24	5:48 3:24	12:37 6:49	13:55 1:18	16:32 2:37	23:59 7:27	25:57 1:58	29:48 3:51	33:51 4:03	34:52 1:01	41:35 6:43	47:17 5:42	50:43 3:26	55:02 4:19	57:22 2:20	63:16 5:54	68:50 5:34	72:59 4:09	74:39 1:40	76:17 1:38	77:42 1:25	80:35 2:53	81:23 0:48	82:01 0:38
4th	Jack Wright LOC	M20	84:44	1:53 1:53	5:27 3:34	17:51 12:24	19:10 1:19	22:12 3:02	29:24 7:12	31:48 2:24	35:01 3:13	39:03 4:02	40:06 1:03	46:45 6:39	52:05 5:20	55:52 3:47	58:49 2:57	60:50 2:01	66:03 5:13	70:38 4:35	74:32 3:54	77:06 2:34	78:42 1:36	80:30 1:48	83:43 3:13	84:20 0:37	84:44 0:24
5th	Dan Findlay-Robinson SLOW	M21	88:39	3:02 3:02	6:39 3:37	14:40 8:01	16:12 1:32	19:12 3:00	26:28 7:16	28:34 2:06	32:37 4:03	36:52 4:15	38:12 1:20	45:47 7:35	51:53 6:06	57:41 5:48	61:19 3:38	63:32 2:13	68:57 5:25	73:21 4:24	77:54 4:33	79:45 1:51	81:18 1:33	82:48 1:30	87:17 4:29	88:11 0:54	88:39 0:28
6th	Alex McCann MDOC	M18	89:19	2:02 2:02	5:40 3:38	13:17 7:37	15:08 1:51	18:07 2:59	26:13 8:06	29:09 2:56	32:49 3:40	37:04 4:15	38:04 1:00	45:27 7:23	52:36 7:09	56:47 4:11	60:13 3:26	62:11 1:58	68:46 6:35	74:55 6:09	79:31 4:36	81:24 1:53	83:06 1:42	84:41 1:35	87:59 3:18	88:45 0:46	89:19 0:34
7th	Nicholas Barber CLOK	M21	89:24	2:14 2:14	5:24 3:10	13:44 8:20	14:48 1:04	17:34 2:46	31:21 13:47	33:38 2:17	37:54 4:16	41:51 3:57	42:45 0:54	50:24 7:39	55:55 5:31	60:26 4:31	63:37 3:11	65:43 2:06	71:21 5:38	75:55 4:34	80:09 4:14	81:47 1:38	83:25 1:38	85:00 1:35	88:16 3:16	88:55 0:39	89:24 0:29
8th	Ian Cumpstey JOK	M35	91:38	2:08 2:08	5:48 3:40	14:35 8:47	16:27 1:52	19:17 2:50	29:04 9:47	31:39 2:35	35:41 4:02	40:09 4:28	41:13 1:04	49:19 8:06	55:47 6:28	60:52 5:05	64:20 3:28	66:28 2:08	71:46 5:18	76:34 4:48	81:30 4:56	83:03 1:33	84:47 1:44	86:08 1:21	90:04 3:56	91:12 1:08	91:38 0:26
9th	John Embrey HOC	M55	96:46	2:11 2:11	6:03 3:52	14:24 8:21	16:22 1:58	20:37 4:15	28:59 8:22	31:23 2:24	35:00 3:37	39:25 4:25	40:36 1:11	48:28 7:52	54:48 6:20	59:16 4:28	62:32 3:16	64:53 2:21	71:36 6:43	77:26 5:50	81:50 4:24	83:40 1:50	85:35 1:55	88:12 2:37	95:16 7:04	96:15 0:59	96:46 0:31
10th	Steve Lang MDOC	M40	108:04	2:31 2:31	6:23 3:52	16:12 9:49	17:43 1:31	20:48 3:05	30:32 9:44	33:03 2:31	37:26 4:23	41:40 4:14	42:49 1:09	50:01 7:12	63:46 13:45	68:08 4:22	72:01 3:53	77:45 5:44	85:10 7:25	90:36 5:26	96:05 5:29	98:36 2:31	101:09 2:33	102:52 1:43	106:38 3:46	107:31 0:53	108:04 0:33
11th	Stuart Parker WAROC	M45	117:29	2:56 2:56	7:56 5:00	18:54 10:58	21:03 2:09	25:01 3:58	35:27 10:26	38:21 2:54	43:09 4:48	48:29 5:20	49:58 1:29	59:42 9:44	67:46 8:04	74:06 6:20	78:51 4:45	81:51 3:00	90:25 8:34	97:18 6:53	102:53 5:35	105:18 2:25	107:35 2:17	109:17 1:42	115:35 6:18	116:39 1:04	117:29 0:50
w2	Jonny Malley EBOR	M21	70:54	2:03 2:03	-----	11:45 -----	13:09 1:24	15:33 2:24	21:35 6:02	24:20 2:45	27:55 3:35	31:49 3:54	32:42 0:53	38:56 6:14	43:36 4:40	46:52 3:16	49:14 2:22	50:51 1:37	55:43 4:52	59:39 3:56	63:16 3:37	64:39 1:23	66:09 1:30	67:17 1:08	69:56 2:39	70:28 0:32	70:54 0:26

Split times for Brown

9.2km 475m

Pos	Name	Age Class	Time	1 (107)	2 (109)	3 (101)	4 (141)	5 (143)	6 (110)	7 (162)	8 (125)	9 (126)	10 (173)	11 (131)	12 (169)	13 (111)	14 (103)	15 (152)	16 (124)	17 (167)	18 (153)	(F1)
1st	Jim Trueman MDOC	M45	80:40	2:27 2:27	5:08 2:41	24:35 19:27	28:50 4:15	32:21 3:31	34:38 2:17	39:05 4:27	44:43 5:38	47:19 2:36	51:26 4:07	55:29 4:03	59:40 4:11	62:11 2:31	63:28 1:17	72:27 8:59	76:19 3:52	79:19 3:00	80:07 0:48	80:40 0:33
2nd	John Slater WCOC	M40	81:39	2:28 2:28	5:17 2:49	24:13 18:56	28:12 3:59	32:58 4:46	35:09 2:11	39:20 4:11	44:54 5:34	48:21 3:27	52:30 4:09	57:03 4:33	61:08 4:05	62:51 1:43	64:29 1:38	73:37 9:08	77:02 3:25	80:21 3:19	81:04 0:43	81:39 0:35
3rd	Mike Harrison WCOC	M40	86:16	2:33 2:33	5:07 2:34	23:28 18:21	27:46 4:18	31:14 3:28	33:50 2:36	38:22 4:32	44:09 5:47	46:31 2:22	52:13 5:42	56:37 4:24	61:25 4:48	64:13 2:48	65:56 1:43	77:03 11:07	81:16 4:13	84:46 3:30	85:44 0:58	86:16 0:32
4th	Iain Smith-Ward LOC	M45	88:43	2:26 2:26	5:08 2:42	24:43 19:35	29:13 4:30	32:59 3:46	35:23 2:24	40:23 5:00	46:19 5:56	49:32 3:13	54:23 4:51	59:11 4:48	63:13 4:02	67:34 4:21	69:09 1:35	79:47 10:38	83:13 3:26	87:20 4:07	88:10 0:50	88:43 0:33
5th	Gavin Smith SROC	M55	92:41	2:59 2:59	6:02 3:03	27:17 21:15	31:33 4:16	34:54 3:21	37:19 2:25	42:40 5:21	48:52 6:12	52:00 3:08	56:37 4:37	61:31 4:54	66:20 4:49	68:46 2:26	70:19 1:33	82:01 11:42	85:57 3:56	91:15 5:18	92:09 0:54	92:41 0:32

6th	Alastair Mackenzie CLOK	M55	93:44	2:36 2:36	5:02 2:26	27:16 22:14	31:04 3:48	34:32 3:28	39:58 5:26	44:47 4:49	55:44 10:57	58:23 2:39	62:07 3:44	66:44 4:37	70:33 3:49	72:21 1:48	74:32 2:11	84:39 10:07	88:36 3:57	92:22 3:46	93:16 0:54	93:44 0:28
7th	Paul Taylor EPOC	M45	94:46	2:10 2:10	5:13 3:03	27:13 22:00	32:14 5:01	35:53 3:39	38:18 2:25	47:12 8:54	53:53 6:41	56:23 2:30	60:47 4:24	65:35 4:48	72:48 7:13	74:55 2:07	76:08 1:13	86:18 10:10	90:12 3:54	93:31 3:19	94:14 0:43	94:46 0:32
8th	Paul Neild IND	M40	99:25	2:22 2:22	12:36 10:14	33:20 20:44	37:16 3:56	40:47 3:31	44:39 3:52	49:46 5:07	58:15 8:29	61:04 2:49	66:14 5:10	70:33 4:19	74:31 3:58	77:59 3:28	79:32 1:33	89:59 10:27	94:20 4:21	97:51 3:31	98:51 1:00	99:25 0:34
9th	Andrew Dames IND	M50	100:39	3:07 3:07	6:10 3:03	27:32 21:22	36:58 9:26	41:57 4:59	44:34 2:37	50:29 5:55	57:29 7:00	59:52 2:23	65:37 5:45	70:39 5:02	75:30 4:51	78:07 2:37	80:40 2:33	91:48 11:08	95:49 4:01	99:02 3:13	100:01 0:59	100:39 0:38
10th	Steven Breeze WCOC	M40	102:22	2:56 2:56	6:04 3:08	27:53 21:49	32:36 4:43	36:35 3:59	39:16 2:41	44:40 5:24	58:27 13:47	61:36 3:09	66:16 4:40	71:39 5:23	77:32 5:53	79:41 2:09	81:33 1:52	92:04 10:31	96:15 4:11	100:41 4:26	101:43 1:02	102:22 0:39
11th	John Robson SOLWAY	M55	104:57	2:38 2:38	5:16 2:38	26:26 21:10	33:30 7:04	37:57 4:27	41:46 3:49	48:26 6:40	54:55 6:29	58:32 3:37	64:33 6:01	69:40 5:07	74:42 5:02	77:38 2:56	79:29 1:51	91:11 11:42	99:48 8:37	103:24 3:36	104:20 0:56	104:57 0:37
12th	Paul Wright PFO	M50	121:59	3:06 3:06	6:14 3:08	29:56 23:42	35:11 5:15	40:23 5:12	42:37 2:14	47:58 5:21	61:02 13:04	72:13 11:11	77:23 5:10	84:00 6:37	89:46 5:46	91:44 1:58	93:04 1:20	109:49 16:45	116:22 6:33	120:27 4:05	121:25 0:58	121:59 0:34
13th	Mark Sammon SELOC	M40	131:48	2:58 2:58	13:11 10:13	38:25 25:14	43:37 5:12	49:06 5:29	52:19 3:13	61:01 8:42	69:45 8:44	75:38 5:53	83:05 7:27	89:36 6:31	95:32 5:56	100:08 4:36	102:39 2:31	118:02 15:23	125:03 7:01	130:19 5:16	131:12 0:53	131:48 0:36
m12-18	Darren Baker DEE	M45	105:01	3:26 3:26	6:22 2:56	29:59 23:37	34:56 4:57	47:41 12:45	50:26 2:45	56:56 6:30	64:27 7:31	68:11 3:44	73:02 4:51	79:43 6:41	-----	-----	-----	-----	-----	-----	-----	-----

Split times for Short Brown

7.4km 375m

Pos	Name	Age Class	Time	1 (145)	2 (164)	3 (170)	4 (161)	5 (166)	6 (126)	7 (163)	8 (132)	9 (103)	10 (108)	11 (165)	12 (124)	13 (167)	14 (153)	(F1)
1st	Ray Ward ESOC	M35	59:12	3:23 3:23	10:13 6:50	12:42 2:29	18:35 5:53	24:27 5:52	30:41 6:14	35:00 4:19	38:19 3:19	41:58 3:39	46:46 4:48	50:49 4:03	54:51 4:02	57:42 2:51	58:38 0:56	59:12 0:34
2nd	Elspeth Ingleby SELOC	W21	66:06	4:52 4:52	12:27 7:35	15:01 2:34	21:32 6:31	28:37 7:05	35:57 7:20	40:33 4:36	44:36 4:03	47:49 3:13	53:07 5:18	58:25 5:18	61:13 2:48	64:47 3:34	65:35 0:48	66:06 0:31
3rd	Steve Dempsey MDOC	M50	67:24	3:30 3:30	9:43 6:13	12:03 2:20	19:10 7:07	25:30 6:20	33:37 8:07	38:14 4:37	41:54 3:40	45:33 3:39	51:50 6:17	57:44 5:54	61:01 3:17	65:52 4:51	66:53 1:01	67:24 0:31
4th	Andrew Bradley WCOC	M50	67:26	4:10 4:10	11:21 7:11	15:25 4:04	21:52 6:27	28:48 6:56	36:51 8:03	41:38 4:47	45:24 3:46	48:52 3:28	54:23 5:31	59:32 5:09	62:41 3:09	65:56 3:15	66:47 0:51	67:26 0:39
5th	John Dempsey MDOC	M18	67:47	3:55 3:55	13:35 9:40	15:58 2:23	21:57 5:59	28:57 7:00	35:58 7:01	40:43 4:45	44:16 3:33	47:49 3:33	53:07 5:18	58:47 5:40	62:26 3:39	66:21 3:55	67:19 0:58	67:47 0:28
6th	Howard Leslie WCOC	M50	71:08	4:21 4:21	11:42 7:21	14:25 2:43	21:29 7:04	29:12 7:43	36:58 7:46	42:19 5:21	46:38 4:19	50:34 3:56	56:45 6:11	63:05 6:20	66:17 3:12	69:31 3:14	70:31 1:00	71:08 0:37
7th	Nick Howlett LOC	M45	71:20	4:27 4:27	12:07 7:40	15:10 3:03	21:57 6:47	29:46 7:49	37:46 8:00	42:48 5:02	46:45 3:57	51:02 4:17	57:11 6:09	62:57 5:46	66:14 3:17	69:48 3:34	70:43 0:55	71:20 0:37
8th	Mike Johnson SROC	M50	71:36	3:50 3:50	14:10 10:20	16:52 2:42	32:23 15:31	38:42 6:19	44:20 5:38	48:49 4:29	52:19 3:30	55:28 3:09	59:52 4:24	64:42 4:50	67:46 3:04	70:33 2:47	71:11 0:38	71:36 0:25
9th	Richard Lecky-Thompson LOC	M50	72:34	4:27 4:27	11:58 7:31	15:09 3:11	22:08 6:59	30:15 8:07	38:12 7:57	43:40 5:28	48:00 4:20	52:32 4:32	58:25 5:53	64:06 5:41	67:30 3:24	70:54 3:24	71:53 0:59	72:34 0:41
10th	Trevor Hindle MDOC	M45	76:38	4:04 4:04	11:49 7:45	14:40 2:51	23:23 8:43	31:24 8:01	39:18 7:54	44:31 5:13	49:01 4:30	52:59 3:58	60:05 7:06	66:48 6:43	71:48 5:00	75:18 3:30	76:12 0:54	76:38 0:26
11th	David McCann MDOC	M50	77:29	4:31 4:31	14:35 10:04	17:26 2:51	24:32 7:06	32:39 8:07	41:28 8:49	47:21 5:53	52:08 4:47	55:57 3:49	62:55 6:58	69:05 6:10	72:29 3:24	76:04 3:35	76:52 0:48	77:29 0:37
12th	Colin Valentine WCOC	M50	77:44	4:25 4:25	18:17 13:52	21:10 2:53	29:07 7:57	37:43 8:36	46:43 9:00	51:27 4:44	55:25 3:58	59:33 4:08	64:44 5:11	69:50 5:06	72:50 3:00	76:15 3:25	77:07 0:52	77:44 0:37
13th	Jeff Goodwin WCOC	M50	77:56	3:56 3:56	11:45 7:49	16:12 4:27	23:52 7:40	32:40 8:48	40:41 8:01	48:41 8:00	53:13 4:32	57:03 3:50	63:08 6:05	69:09 6:01	72:32 3:23	76:32 4:00	77:27 0:55	77:56 0:29
14th	Carrie Beadle LOC	W20	78:05	3:59 3:59	13:05 9:06	18:11 5:06	28:29 10:18	35:45 7:16	45:22 9:37	50:49 5:27	54:20 3:31	59:21 5:01	64:36 5:15	69:39 5:03	73:03 3:24	76:34 3:31	77:26 0:52	78:05 0:39

15th	John Taylor SROC	M60	78:46	5:15 5:15	13:39 8:24	17:35 3:56	25:01 7:26	32:47 7:46	42:01 9:14	48:04 6:03	52:08 4:04	56:47 4:39	62:52 6:05	68:53 6:01	72:49 3:56	77:06 4:17	77:59 0:53	78:46 0:47
16th	David Mainwaring BL	M50	81:00	5:45 5:45	13:36 7:51	16:31 2:55	24:40 8:09	33:02 8:22	42:18 9:16	48:21 6:03	52:23 4:02	57:44 5:21	64:39 6:55	70:42 6:03	74:46 4:04	79:04 4:18	80:12 1:08	81:00 0:48
17th	Natalie Beadle LOC	W18	81:47	4:27 4:27	12:57 8:30	15:28 2:31	23:54 8:26	34:04 10:10	45:05 11:01	52:18 7:13	57:07 4:49	60:48 3:41	67:14 6:26	72:59 5:45	77:14 4:15	80:32 3:18	81:17 0:45	81:47 0:30
18th	Nicholas Evans NOC	M50	83:14	4:06 4:06	10:57 6:51	20:39 9:42	28:48 8:09	36:44 7:56	47:50 11:06	53:10 5:20	57:15 4:05	61:21 4:06	67:19 5:58	73:06 5:47	77:39 4:33	81:38 3:59	82:33 0:55	83:14 0:41
19th	Lee Scott SYO	M45	86:57	4:35 4:35	12:34 7:59	15:58 3:24	24:09 8:11	33:25 9:16	44:50 11:25	51:16 6:26	56:35 5:19	61:58 5:23	69:17 7:19	75:50 6:33	81:18 5:28	85:08 3:50	86:15 1:07	86:57 0:42
20th	George Hare NATO	M45	90:02	4:29 4:29	13:03 8:34	22:44 9:41	30:49 8:05	38:51 8:02	46:43 7:52	52:06 5:23	56:35 4:29	61:11 4:36	70:33 9:22	76:52 6:19	81:06 4:14	88:36 7:30	89:28 0:52	90:02 0:34
21st	Simon Moss SLOW	M45	90:07	6:12 6:12	14:57 8:45	18:29 3:32	30:23 11:54	41:00 10:37	52:28 11:28	58:56 6:28	63:08 4:12	66:44 3:36	73:36 6:52	80:01 6:25	84:50 4:49	88:43 3:53	89:31 0:48	90:07 0:36
22nd	Tim Palmer DEE	M45	90:18	5:02 5:02	13:23 8:21	16:55 3:32	26:57 10:02	36:33 9:36	48:16 11:43	54:49 6:33	59:26 4:37	65:32 6:06	72:47 7:15	79:47 7:00	83:50 4:03	88:22 4:32	89:34 1:12	90:18 0:44
23rd	Ray Johnstone WCOC	M60	90:19	6:52 6:52	15:20 8:28	18:29 3:09	27:04 8:35	37:25 10:21	46:41 9:16	52:57 6:16	57:04 4:07	61:05 4:01	67:38 6:33	78:33 10:55	84:54 6:21	88:53 3:59	89:43 0:50	90:19 0:36
24th	Barnaby Warren NN	M18	92:34	4:16 4:16	13:34 9:18	17:21 3:47	29:58 12:37	39:16 9:18	53:28 14:12	59:35 6:07	64:41 5:06	69:49 5:08	77:06 7:17	82:31 5:25	86:29 3:58	91:05 4:36	91:58 0:53	92:34 0:36
25th	Ian Sumler-Hutchinson CLOK	M45	101:38	5:23 5:23	18:08 12:45	22:42 4:34	32:10 9:28	38:48 6:38	47:27 8:39	52:34 5:07	57:43 5:09	74:24 16:41	81:42 7:18	88:25 6:43	94:40 6:15	99:42 5:02	100:47 1:05	101:38 0:51
26th	Elaine Sutton DEE	W45	106:42	5:32 5:32	18:08 12:36	21:43 3:35	31:23 9:40	41:32 10:09	53:34 12:02	60:54 7:20	67:45 6:51	73:33 5:48	86:56 13:23	94:25 7:29	99:41 5:16	104:55 5:14	105:59 1:04	106:42 0:43
27th	Malcolm Ruckledge WCOC	M70	116:40	6:25 6:25	18:10 11:45	22:58 4:48	35:07 12:09	47:46 12:39	61:10 13:24	69:53 8:43	76:40 6:47	83:32 6:52	93:02 9:30	101:50 8:48	107:40 5:50	113:34 5:54	115:13 1:39	116:40 1:27
28th	Richard Rigby CLOK	M45	127:31	5:21 5:21	23:08 17:47	31:44 8:36	50:22 18:38	61:00 10:38	78:31 17:31	85:12 6:41	91:25 6:13	97:33 6:08	105:55 8:22	114:25 8:30	119:49 5:24	125:29 5:40	126:48 1:19	127:31 0:43
29th	Albert Sunter SELOC	M50	134:13	7:36 7:36	19:51 12:15	27:05 7:14	37:17 10:12	48:03 10:46	64:28 16:25	72:45 8:17	80:06 7:21	98:47 18:41	108:14 9:27	118:58 10:44	124:41 5:43	131:12 6:31	133:17 2:05	134:13 0:56
dns rtd	Tony Varley SELOC	M65		-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
m7	Simon Froude AIRE	M50	132:13	4:24 4:24	13:39 9:15	18:48 5:09	45:01 26:13	53:31 8:30	68:12 14:41		90:37 -----	101:37 11:00	109:32 7:55	117:44 8:12	123:32 5:48	129:18 5:46	130:57 1:39	132:13 1:16

Split times for Blue

6.0km 280m

Pos	Name	Age Class	Time	1 (107)	2 (109)	3 (144)	4 (102)	5 (123)	6 (151)	7 (173)	8 (149)	9 (152)	10 (136)	11 (137)	12 (138)	13 (148)	14 (140)	15 (153)	(F1)
1st	Lewis Taylor WCOC	M21	37:58	1:43 1:43	4:18 2:35	11:35 7:17	12:50 1:15	15:16 2:26	21:15 5:59	24:21 3:06	27:09 2:48	29:16 2:07	30:47 1:31	32:14 1:27	33:53 1:39	35:07 1:14	37:02 1:55	37:33 0:31	37:58 0:25
2nd	Adam Bartlett LOC	M16	49:17	1:46 1:46	4:12 2:26	13:58 9:46	15:25 1:27	18:40 3:15	25:40 7:00	29:31 3:51	33:24 3:53	36:04 2:40	38:09 2:05	39:53 1:44	41:57 2:04	45:00 3:03	48:06 3:06	48:43 0:37	49:17 0:34
3rd	Carl Edmonds LOC	M20	49:33	1:54 1:54	4:34 2:40	14:57 10:23	16:31 1:34	19:08 2:37	25:52 6:44	31:23 5:31	37:19 5:56	39:34 2:15	41:35 2:01	43:09 1:34	45:06 1:57	46:17 1:11	48:31 2:14	49:07 0:36	49:33 0:26
4th	Rebecca Rooke SROC	W21	49:51	2:51 2:51	5:23 2:32	14:38 9:15	16:04 1:26	18:44 2:40	26:02 7:18	30:03 4:01	33:14 3:11	35:45 2:31	37:30 1:45	39:32 2:02	42:29 2:57	46:17 3:48	48:36 2:19	49:18 0:42	49:51 0:33
5th	Jeff Powell Davies BL	M21	50:23	2:42 2:42	5:21 2:39	14:13 8:52	15:52 1:39	18:46 2:54	26:57 8:11	30:52 3:55	34:33 3:41	37:00 2:27	38:55 1:55	40:48 1:53	42:55 2:07	44:14 1:19	49:16 5:02	49:51 0:35	50:23 0:32
6th	Matthew Rooke LOC	M21	51:38	2:13 2:13	4:47 2:34	15:45 10:58	17:29 1:44	20:30 3:01	27:58 7:28	31:47 3:49	35:04 3:17	38:02 2:58	39:55 1:53	41:44 1:49	44:37 2:53	48:12 3:35	50:31 2:19	51:09 0:38	51:38 0:29

7th	Martyn Roome SROC	M60	53:35	2:42 2:42	5:32 2:50	15:17 9:45	17:02 1:45	20:32 3:30	27:53 7:21	32:36 4:43	36:20 3:44	39:38 3:18	41:56 2:18	43:51 1:55	47:33 3:42	49:04 1:31	52:19 3:15	53:03 0:44	53:35 0:32
8th	Richard Wilson LOC	M60	57:35	3:21 3:21	7:24 4:03	18:44 11:20	20:28 1:44	24:18 3:50	31:37 7:19	36:25 4:48	40:31 4:06	44:05 3:34	46:30 2:25	48:49 2:19	50:59 2:10	52:44 1:45	56:10 3:26	56:58 0:48	57:35 0:37
9th	Richard Tiley LOC	M55	58:33	2:51 2:51	5:52 3:01	15:53 10:01	17:56 2:03	23:17 5:21	31:43 8:26	36:06 4:23	40:37 4:31	43:58 3:21	46:43 2:45	48:52 2:09	51:17 2:25	53:04 1:47	57:13 4:09	57:54 0:41	58:33 0:39
10th	Andy Lewsley BL	M55	59:29	2:36 2:36	5:54 3:18	19:53 13:59	21:30 1:37	24:49 3:19	32:35 7:46	36:42 4:07	41:16 4:34	44:04 2:48	46:41 2:37	48:57 2:16	51:15 2:18	54:46 3:31	58:02 3:16	58:48 0:46	59:29 0:41
11th	Rick Browne LOC	M55	59:47	3:09 3:09	6:16 3:07	17:33 11:17	19:13 1:40	22:42 3:29	30:41 7:59	35:14 4:33	39:44 4:30	43:58 4:14	46:30 2:32	49:43 3:13	52:22 2:39	54:30 2:08	58:21 3:51	59:08 0:47	59:47 0:39
12th	Alison Ingleby DEE	W21	59:53	2:32 2:32	7:49 5:17	18:35 10:46	20:36 2:01	24:28 3:52	33:12 8:44	39:54 6:42	43:46 3:52	46:26 2:40	48:48 2:22	51:09 2:21	53:24 2:15	55:16 1:52	58:32 3:16	59:21 0:49	59:53 0:32
13th	Mark Jesson PFO	M45	60:10	2:53 2:53	5:53 3:00	17:56 12:03	20:19 2:23	24:14 3:55	33:10 8:56	38:15 5:05	42:28 4:13	46:15 3:47	48:34 2:19	51:18 2:44	54:01 2:43	55:31 1:30	58:53 3:22	59:36 0:43	60:10 0:34
14th	Kate Charles WCOC	W40	61:49	3:34 3:34	6:46 3:12	18:57 12:11	21:16 2:19	27:13 5:57	35:03 7:50	39:32 4:29	43:27 3:55	46:15 2:48	49:00 2:45	52:39 3:39	55:15 2:36	56:59 1:44	60:25 3:26	61:13 0:48	61:49 0:36
n/c	Richard Towler LOC	M60	62:23	2:45 2:45	6:19 3:34	15:46 9:27	17:38 1:52	21:12 3:34	32:09 10:57	37:34 5:25	43:23 5:49	46:29 3:06	48:56 2:27	51:08 2:12	53:39 2:31	57:23 3:44	60:53 3:30	61:39 0:46	62:23 0:44
15th	Steve Ingleby DEE	M60	62:37	2:16 2:16	5:12 2:56	15:46 10:34	17:38 1:52	20:41 3:03	32:07 11:26	36:09 4:02	41:15 5:06	43:50 2:35	45:58 2:08	48:07 2:09	50:19 2:12	57:55 7:36	61:08 3:13	61:58 0:50	62:37 0:39
16th	Laurence Johnson SROC	M16	62:43	2:24 2:24	4:43 2:19	13:23 8:40	15:34 2:11	20:37 5:03	29:51 9:14	36:50 6:59	40:48 3:58	45:01 4:13	47:54 2:53	49:56 2:02	52:53 2:57	57:24 4:31	61:49 4:25	62:21 0:32	62:43 0:22
17th	Andrew Armstrong RR	M55	64:13	2:42 2:42	6:18 3:36	16:58 10:40	18:50 1:52	22:45 3:55	35:17 12:32	41:08 5:51	46:04 4:56	49:18 3:14	51:54 2:36	55:05 3:11	57:49 2:44	59:34 1:45	62:48 3:14	63:34 0:46	64:13 0:39
18th	Jon Carberry SROC	M50	65:02	3:38 3:38	6:47 3:09	20:20 13:33	22:02 1:42	26:08 4:06	34:55 8:47	40:48 5:53	47:06 6:18	50:51 3:45	53:17 2:26	55:24 2:07	58:01 2:37	59:48 1:47	63:35 3:47	64:21 0:46	65:02 0:41
19th	Adam Bennett BL	M35	68:09	2:59 2:59	5:47 2:48	19:33 13:46	22:50 3:17	27:43 4:53	36:21 8:38	42:07 5:46	46:18 4:11	50:25 4:07	53:20 2:55	57:13 3:53	60:49 3:36	62:28 1:39	66:48 4:20	67:37 0:49	68:09 0:32
20th	Bob Barnby WCOC	M60	68:18	2:54 2:54	6:03 3:09	21:55 15:52	23:59 2:04	27:41 3:42	36:29 8:48	41:11 4:42	46:02 4:51	49:06 3:04	51:48 2:42	54:20 2:32	57:11 2:51	62:25 5:14	66:56 4:31	67:42 0:46	68:18 0:36
21st	Simon Filmore LOC	M55	70:16	3:02 3:02	6:24 3:22	20:23 13:59	22:37 2:14	26:29 3:52	36:05 9:36	40:43 4:38	47:20 6:37	50:30 3:10	53:15 2:45	56:40 3:25	63:36 6:56	65:20 1:44	68:59 3:39	69:43 0:44	70:16 0:33
22nd	Michael Pearson WCOC	M65	70:43	2:36 2:36	5:44 3:08	16:45 11:01	18:31 1:46	22:27 3:56	41:12 18:45	45:56 4:44	50:03 4:07	53:38 3:35	56:14 2:36	58:33 2:19	60:58 2:25	65:44 4:46	69:04 3:20	69:57 0:53	70:43 0:46
23rd	John Nash LOC	M60	70:50	3:10 3:10	6:39 3:29	20:05 13:26	22:04 1:59	26:10 4:06	36:25 10:15	42:39 6:14	47:47 5:08	51:25 3:38	53:58 2:33	56:13 2:15	58:48 2:35	65:09 6:21	69:01 3:52	70:04 1:03	70:50 0:46
24th	Simon Hunt IND	M45	72:33	3:14 3:14	6:13 2:59	18:12 11:59	22:08 3:56	26:05 3:57	35:15 9:10	42:01 6:46	50:39 8:38	54:05 3:26	57:16 3:11	60:27 3:11	63:21 2:54	65:30 2:09	70:35 5:05	71:39 1:04	72:33 0:54
25th	Dave Jones LOC	M50	73:37	3:12 3:12	6:29 3:17	20:22 13:53	22:40 2:18	29:25 6:45	38:33 9:08	46:03 7:30	50:19 4:16	53:59 3:40	58:49 4:50	61:19 2:30	65:27 4:08	68:13 2:46	72:19 4:06	73:00 0:41	73:37 0:37
26th	Jamie Hoyle PFO	M16	74:13	2:38 2:38	7:05 4:27	25:23 18:18	27:40 2:17	31:49 4:09	40:43 8:54	47:54 7:11	52:07 4:13	56:06 3:59	58:51 2:45	60:50 1:59	63:57 3:07	68:38 4:41	73:04 4:26	73:43 0:39	74:13 0:30
27th	Robin Thomas BL	M60	76:02	2:48 2:48	6:17 3:29	17:50 11:33	19:31 1:41	24:31 5:00	33:59 9:28	40:40 6:41	46:37 5:57	49:46 3:09	52:36 2:50	54:53 2:17	64:50 9:57	67:03 2:13	74:08 7:05	75:09 1:01	76:02 0:53
28th	Noah Howlett LOC	M16	76:06	2:34 2:34	8:54 6:20	20:52 11:58	23:01 2:09	28:11 5:10	39:34 11:23	46:07 6:33	52:02 5:55	55:12 3:10	58:31 3:19	61:22 2:51	64:15 2:53	67:27 3:12	74:34 7:07	75:28 0:54	76:06 0:38
29th	Stephanie Moss SLOW	W35	76:26	6:59 6:59	10:13 3:14	23:25 13:12	25:18 1:53	29:14 3:56	38:47 9:33	44:10 5:23	49:39 5:29	54:07 4:28	57:01 2:54	59:32 2:31	66:19 6:47	68:07 1:48	74:42 6:35	75:39 0:57	76:26 0:47
30th	Debbie Thompson BL	W55	76:40	2:59 2:59	6:27 3:28	18:32 12:05	20:21 1:49	25:09 4:48	37:00 11:51	42:48 5:48	50:59 8:11	54:08 3:09	56:47 2:39	59:18 2:31	63:42 4:24	66:09 2:27	74:57 8:48	75:52 0:55	76:40 0:48
31st	Amjad Khursheed RR	M50	76:53	6:22 6:22	10:22 4:00	23:45 13:23	26:01 2:16	30:08 4:07	40:51 10:43	47:27 6:36	52:55 5:28	56:35 3:40	59:24 2:49	62:06 2:42	65:23 3:17	67:18 1:55	75:37 8:19	76:18 0:41	76:53 0:35

32nd	Andrew Brockbank LOC	M16	76:58	3:18 3:18	5:51 2:33	22:03 16:12	23:36 1:33	26:37 3:01	38:11 11:34	43:35 5:24	48:16 4:41	53:18 5:02	56:25 3:07	59:27 3:02	66:06 6:39	68:55 2:49	75:43 6:48	76:26 0:43	76:58 0:32
33rd	Norman Hall DEE	M65	77:38	3:17 3:17	7:51 4:34	25:12 17:21	27:18 2:06	32:35 5:17	43:27 10:52	50:42 7:15	56:08 5:26	60:01 3:53	63:03 3:02	67:15 4:12	70:17 3:02	72:30 2:13	76:17 3:47	77:13 0:56	77:38 0:25
34th	Graham Farley LOC	M50	79:25	3:12 3:12	6:20 3:08	25:31 19:11	28:30 2:59	33:19 4:49	42:05 8:46	50:00 7:55	56:25 6:25	60:06 3:41	62:45 2:39	65:23 2:38	71:57 6:34	74:10 2:13	78:09 3:59	78:52 0:43	79:25 0:33
35th	Zephan Buck LOC	M20	83:03	2:56 2:56	5:59 3:03	22:01 16:02	24:16 2:15	28:21 4:05	39:45 11:24	45:36 5:51	57:04 11:28	62:26 5:22	66:13 3:47	69:40 3:27	73:39 3:59	75:31 1:52	81:21 5:50	82:20 0:59	83:03 0:43
36th	Mike Hind CLARO	M60	84:20	3:48 3:48	6:42 2:54	16:58 10:16	18:56 1:58	23:11 4:15	43:09 19:58	58:38 15:29	62:40 4:02	65:55 3:15	68:22 2:27	70:52 2:30	73:25 2:33	78:34 5:09	82:57 4:23	83:39 0:42	84:20 0:41
37th	Jane McCann MDOC	W45	84:22	4:23 4:23	8:21 3:58	24:48 16:27	26:43 1:55	31:32 4:49	42:23 10:51	49:20 6:57	59:33 10:13	64:09 4:36	67:09 3:00	69:43 2:34	76:27 6:44	78:15 1:48	82:36 4:21	83:33 0:57	84:22 0:49
38th	Tim O'Donoghue SOLWAY	M60	86:13	3:21 3:21	6:28 3:07	17:44 11:16	19:56 2:12	26:02 6:06	51:44 25:42	57:36 5:52	63:47 6:11	67:09 3:22	70:23 3:14	73:18 2:55	77:16 3:58	79:43 2:27	84:20 4:37	85:26 1:06	86:13 0:47
39th	Richard Evans BL	M60	86:25	3:31 3:31	9:11 5:40	29:07 19:56	31:36 2:29	37:17 5:41	49:37 12:20	55:04 5:27	61:34 6:30	65:38 4:04	70:00 4:22	72:46 2:46	76:43 3:57	79:52 3:09	84:52 5:00	85:45 0:53	86:25 0:40
40th	Raymond Wren BL	M65	88:23	3:01 3:01	6:42 3:41	19:38 12:56	21:58 2:20	27:34 5:36	44:19 16:45	51:29 7:10	56:01 4:32	60:40 4:39	65:09 4:29	67:44 2:35	71:08 3:24	81:26 10:18	86:39 5:13	87:43 1:04	88:23 0:40
41st	Julie Laverock IND	W45	88:48	3:22 3:22	7:04 3:42	22:42 15:38	24:55 2:13	29:36 4:41	43:32 13:56	50:13 6:41	55:28 5:15	59:31 4:03	62:41 3:10	75:08 12:27	78:19 3:11	83:14 4:55	87:25 4:11	88:05 0:40	88:48 0:43
42nd	Paul Watson MDOC	M35	91:04	2:50 2:50	6:23 3:33	22:23 16:00	25:25 3:02	31:11 5:46	44:17 13:06	53:52 9:35	62:22 8:30	66:30 4:08	70:08 3:38	73:25 3:17	76:56 3:31	84:24 7:28	89:25 5:01	90:20 0:55	91:04 0:44
43rd	Ian Watson MDOC	M65	91:28	4:51 4:51	8:40 3:49	28:36 19:56	31:54 3:18	38:20 6:26	52:52 14:32	59:37 6:45	65:52 6:15	69:41 3:49	73:01 3:20	75:54 2:53	81:37 5:43	84:14 2:37	89:43 5:29	90:41 0:58	91:28 0:47
44th	Jeanette Sumler-Hutchinson CLOK	W50	99:20	3:13 3:13	9:08 5:55	24:15 15:07	26:45 2:30	31:55 5:10	41:33 9:38	48:06 6:33	59:01 10:55	63:50 4:49	67:17 3:27	74:33 7:16	83:06 8:33	85:35 2:29	96:16 10:41	98:21 2:05	99:20 0:59
m5-15	Philip Jennings WCOC	M16	94:03	2:17 2:17	5:15 2:58	15:36 10:21	17:41 2:05	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	94:03 -----

Split times for Short Blue

4.7km 240m

Pos	Name	Age Class	Time	1 (168)	2 (142)	3 (170)	4 (111)	5 (151)	6 (173)	7 (165)	8 (172)	9 (140)	10 (153)	(F1)
1st	Katrina Hemingway WCOC	W18	44:18	4:01 4:01	11:22 7:21	15:24 4:02	17:09 1:45	28:23 11:14	33:35 5:12	38:25 4:50	40:47 2:22	43:03 2:16	43:44 0:41	44:18 0:34
2nd	Sarah Jones LOC	W18	44:25	3:17 3:17	10:01 6:44	14:04 4:03	16:07 2:03	26:34 10:27	34:54 8:20	39:26 4:32	41:23 1:57	43:13 1:50	44:00 0:47	44:25 0:25
3rd	Stella Lewsley BL	W55	47:40	4:19 4:19	12:38 8:19	16:17 3:39	18:21 2:04	30:24 12:03	36:46 6:22	41:48 5:02	43:47 1:59	46:04 2:17	46:55 0:51	47:40 0:45
4th	Christine Goulding BL	W50	50:00	4:23 4:23	11:53 7:30	15:54 4:01	17:56 2:02	28:48 10:52	37:10 8:22	43:21 6:11	46:07 2:46	48:37 2:30	49:21 0:44	50:00 0:39
5th	Tony Davies SELOC	M65	50:02	4:24 4:24	13:19 8:55	17:35 4:16	19:54 2:19	32:02 12:08	38:21 6:19	44:03 5:42	46:26 2:23	48:40 2:14	49:26 0:46	50:02 0:36
6th	Helen Ockenden SROC	W16	50:10	4:23 4:23	13:09 8:46	17:45 4:36	19:54 2:09	31:51 11:57	37:40 5:49	43:11 5:31	45:28 2:17	48:44 3:16	49:29 0:45	50:10 0:41
7th	Susan Skinner WCOC	W45	50:56	4:34 4:34	13:07 8:33	17:04 3:57	19:08 2:04	33:42 14:34	39:20 5:38	45:01 5:41	47:13 2:12	49:44 2:31	50:22 0:38	50:56 0:34
8th	Roger Thomas WCOC	M50	51:44	5:03 5:03	14:53 9:50	18:55 4:02	21:25 2:30	34:56 13:31	39:44 4:48	45:42 5:58	47:47 2:05	50:25 2:38	51:09 0:44	51:44 0:35
9th	Peter Ross MDOC	M65	54:23	4:44 4:44	14:20 9:36	19:44 5:24	22:06 2:22	35:25 13:19	40:59 5:34	46:40 5:41	49:14 2:34	52:52 3:38	53:42 0:50	54:23 0:41

10th	Janet Evans NOC	W50	56:26	4:59 4:59	15:32 10:33	20:36 5:04	23:36 3:00	36:34 12:58	43:11 6:37	48:42 5:31	51:23 2:41	55:11 3:48	55:52 0:41	56:26 0:34
11th	Hannah Bradley WCOC	W18	57:15	4:59 4:59	14:57 9:58	21:35 6:38	23:44 2:09	39:02 15:18	43:58 4:56	49:36 5:38	52:24 2:48	55:53 3:29	56:39 0:46	57:15 0:36
12th	Heather Wornham WCOC	W18	57:22	5:14 5:14	15:27 10:13	19:31 4:04	22:15 2:44	37:18 15:03	43:04 5:46	50:06 7:02	52:16 2:10	56:01 3:45	56:44 0:43	57:22 0:38
13th	Chris Rostron MDOC	M65	57:45	4:55 4:55	14:46 9:51	20:05 5:19	24:49 4:44	38:49 14:00	44:47 5:58	50:42 5:55	53:17 2:35	56:15 2:58	57:06 0:51	57:45 0:39
14th	Mike Cumpstey BL	M65	58:14	4:57 4:57	14:13 9:16	19:44 5:31	22:06 2:22	35:44 13:38	42:53 7:09	50:11 7:18	53:15 3:04	56:45 3:30	57:30 0:45	58:14 0:44
15th	Paul Ferguson SROC	M60	58:18	4:49 4:49	15:08 10:19	19:50 4:42	22:21 2:31	36:15 13:54	45:07 8:52	51:24 6:17	53:43 2:19	56:51 3:08	57:38 0:47	58:18 0:40
16th	Pauline Richardson LOC	W55	59:34	4:43 4:43	15:38 10:55	21:09 5:31	23:27 2:18	39:16 15:49	45:12 5:56	52:45 7:33	55:13 2:28	57:54 2:41	58:47 0:53	59:34 0:47
17th	Jo Taylor SROC	W50	60:25	4:59 4:59	13:55 8:56	21:42 7:47	23:52 2:10	39:44 15:52	46:35 6:51	53:22 6:47	55:47 2:25	58:41 2:54	59:39 0:58	60:25 0:46
18th	Karen Farley LOC	W50	61:34	5:22 5:22	14:42 9:20	22:54 8:12	26:11 3:17	39:28 13:17	45:56 6:28	52:42 6:46	54:59 2:17	60:00 5:01	60:49 0:49	61:34 0:45
19th	Carolyn Hindle MDOC	W18	61:45	4:52 4:52	15:16 10:24	20:13 4:57	23:28 3:15	41:39 18:11	47:43 6:04	54:32 6:49	56:51 2:19	60:20 3:29	61:08 0:48	61:45 0:37
20th	Bill Hyslop SROC	M70	62:16	4:49 4:49	14:33 9:44	18:47 4:14	21:20 2:33	38:09 16:49	44:04 5:55	53:23 9:19	57:21 3:58	60:40 3:19	61:33 0:53	62:16 0:43
21st	Stephen Round SELOC	M60	62:18	5:15 5:15	16:00 10:45	23:46 7:46	26:54 3:08	41:08 14:14	47:14 6:06	55:02 7:48	57:27 2:25	60:31 3:04	61:31 1:00	62:18 0:47
22nd	Kim Leslie WCOC	W50	63:33	5:31 5:31	15:31 10:00	20:06 4:35	22:22 2:16	41:07 18:45	49:23 8:16	56:35 7:12	59:05 2:30	61:59 2:54	62:50 0:51	63:33 0:43
23rd	Rick Houghton SROC	M50	63:54	4:42 4:42	12:56 8:14	16:43 3:47	18:56 2:13	41:07 22:11	47:22 6:15	52:41 5:19	57:50 5:09	62:26 4:36	63:16 0:50	63:54 0:38
24th	Duncan Conway LOC	M45	64:20	4:48 4:48	13:59 9:11	20:10 6:11	25:03 4:53	46:08 21:05	51:49 5:41	57:30 5:41	60:11 2:41	62:44 2:33	63:43 0:59	64:20 0:37
25th	Richard Cummings WCOC	M50	64:27	4:46 4:46	14:29 9:43	25:52 11:23	28:24 2:32	42:26 14:02	48:26 6:00	54:52 6:26	57:25 2:33	62:31 5:06	63:34 1:03	64:27 0:53
26th	Dave Neild LOC	M65	65:47	6:40 6:40	17:51 11:11	27:25 9:34	29:43 2:18	47:24 17:41	53:01 5:37	59:15 6:14	61:23 2:08	64:09 2:46	65:11 1:02	65:47 0:36
27th	Jenny Wren BL	W60	66:03	5:21 5:21	16:38 11:17	24:37 7:59	28:17 3:40	42:46 14:29	49:15 6:29	56:29 7:14	60:24 3:55	64:37 4:13	65:23 0:46	66:03 0:40
28th	Roy McGregor SROC	M45	66:27	4:59 4:59	14:57 9:58	19:57 5:00	23:03 3:06	45:21 22:18	52:04 6:43	59:16 7:12	61:52 2:36	64:51 2:59	65:45 0:54	66:27 0:42
29th	Dave Fenwick WCOC	M65	66:54	6:02 6:02	17:43 11:41	23:02 5:19	26:37 3:35	44:38 18:01	52:13 7:35	59:46 7:33	62:27 2:41	65:24 2:57	66:11 0:47	66:54 0:43
30th	Debby Warren NN	W50	67:04	5:45 5:45	15:33 9:48	21:01 5:28	23:40 2:39	43:19 19:39	50:54 7:35	59:00 8:06	61:43 2:43	65:07 3:24	66:14 1:07	67:04 0:50
31st	Jane Malley NATO	W50	67:26	6:43 6:43	15:32 8:49	29:28 13:56	32:02 2:34	45:52 13:50	52:01 6:09	58:38 6:37	61:24 2:46	65:43 4:19	66:38 0:55	67:26 0:48
32nd	Ann Cummings WCOC	W50	69:49	4:51 4:51	13:23 8:32	26:54 13:31	30:06 3:12	43:01 12:55	49:47 6:46	62:31 12:44	65:00 2:29	68:18 3:18	69:08 0:50	69:49 0:41
33rd	Jenny Jennings WCOC	W50	70:31	5:34 5:34	18:24 12:50	23:51 5:27	26:42 2:51	47:23 20:41	55:27 8:04	62:12 6:45	65:14 3:02	69:05 3:51	69:52 0:47	70:31 0:39
34th	Deb Murrell SROC	W45	72:32	5:03 5:03	14:18 9:15	31:36 17:18	37:10 5:34	50:59 13:49	58:33 7:34	65:37 7:04	67:48 2:11	70:55 3:07	71:50 0:55	72:32 0:42
35th	Jacqueline Embrey HOC	W55	75:00	6:10 6:10	19:01 12:51	24:58 5:57	28:01 3:03	47:21 19:20	57:14 9:53	65:29 8:15	68:53 3:24	72:55 4:02	74:08 1:13	75:00 0:52

36th	Clyde Mitchell BL	M65	75:45	7:00 7:00	18:45 11:45	24:26 5:41	27:55 3:29	48:31 20:36	55:44 7:13	63:08 7:24	69:11 6:03	73:46 4:35	74:51 1:05	75:45 0:54
37th	Chris Kirkham MDOC	M65	76:02	4:42 4:42	14:17 9:35	30:44 16:27	34:51 4:07	48:20 13:29	55:00 6:40	63:17 8:17	65:59 2:42	74:29 8:30	75:21 0:52	76:02 0:41
38th	Bob Elmes DEE	M65	76:10	6:21 6:21	18:35 12:14	24:31 5:56	28:41 4:10	44:46 16:05	54:30 9:44	63:57 9:27	66:41 2:44	73:48 7:07	75:06 1:18	76:10 1:04
39th	Sarah Chaudhri WCOC	W50	76:40	4:50 4:50	17:14 12:24	23:11 5:57	26:26 3:15	49:25 22:59	58:07 8:42	65:57 7:50	69:56 3:59	74:04 4:08	75:43 1:39	76:40 0:57
40th	Duncan Shiell RR	M65	78:21	5:25 5:25	15:53 10:28	21:27 5:34	24:03 2:36	51:25 27:22	60:20 8:55	68:44 8:24	72:23 3:39	76:06 3:43	77:25 1:19	78:21 0:56
41st	Hazel Hindle MDOC	W50	79:47	6:44 6:44	20:57 14:13	26:59 6:02	30:48 3:49	50:07 19:19	59:09 9:02	68:45 9:36	72:42 3:57	77:12 4:30	78:56 1:44	79:47 0:51
42nd	Gerry Garvey BL	M45	84:53	5:40 5:40	15:50 10:10	28:04 12:14	30:20 2:16	46:56 16:36	64:51 17:55	72:38 7:47	79:01 6:23	83:00 3:59	83:59 0:59	84:53 0:54
43rd	Chris Whitby WCOC	M45	128:30	34:26 34:26	46:34 12:08	55:21 8:47	57:51 2:30	78:41 20:50	103:27 24:46	113:24 9:57	117:31 4:07	126:30 8:59	127:36 1:06	128:30 0:54
m2-6	Julian Warren NN	M50	23:22	3:45 3:45	-----	-----	-----	-----	-----	8:41 -----	13:49 5:08	19:07 5:18	21:17 2:10	23:22 2:05
m4-10	Ian Teasdale WCOC	M50	62:55	6:49 6:49	17:09 10:20	38:54 21:45	-----	-----	-----	-----	-----	-----	-----	62:55 -----
m5	Juliet Bentley SROC	W45	93:21	5:48 5:48	16:48 11:00	22:51 6:03	25:38 2:47	-----	69:57 -----	81:06 11:09	84:54 3:48	91:09 6:15	92:37 1:28	93:21 0:44

Split times for Green

4.4km 210m

Pos	Name	Age Class	Time	1 (107)	2 (147)	3 (164)	4 (169)	5 (111)	6 (103)	7 (108)	8 (136)	9 (137)	10 (146)	11 (153)	(F1)
1st	Tony Duncan WCOC	M70	42:47	2:56 2:56	8:42 5:46	14:22 5:40	17:48 3:26	20:04 2:16	22:06 2:02	28:07 6:01	34:20 6:13	36:25 2:05	39:03 2:38	42:02 2:59	42:47 0:45
2nd	Hannah Cleary-Hughes LOC	W16	43:38	2:32 2:32	6:42 4:10	12:02 5:20	15:39 3:37	17:40 2:01	19:17 1:37	27:12 7:55	34:03 6:51	36:08 2:05	40:03 3:55	43:04 3:01	43:38 0:34
3rd	Ann Cranke CLOK	W55	45:34	2:50 2:50	7:57 5:07	14:06 6:09	17:54 3:48	20:23 2:29	22:06 1:43	29:04 6:58	35:43 6:39	38:02 2:19	41:23 3:21	44:49 3:26	45:34 0:45
4th	David Rosen SROC	M60	51:33	3:29 3:29	8:45 5:16	15:22 6:37	19:33 4:11	22:33 3:00	24:52 2:19	32:54 8:02	40:19 7:25	43:01 2:42	46:20 3:19	50:27 4:07	51:33 1:06
5th	Chris Lates BL	M70	51:45	3:24 3:24	8:04 4:40	16:42 8:38	20:34 3:52	24:24 3:50	27:00 2:36	35:05 8:05	41:34 6:29	43:57 2:23	47:31 3:34	50:59 3:28	51:45 0:46
6th	Jackie Chapman LOC	W55	52:03	3:37 3:37	8:41 5:04	15:28 6:47	19:37 4:09	23:17 3:40	25:15 1:58	33:52 8:37	41:12 7:20	43:47 2:35	47:12 3:25	51:18 4:06	52:03 0:45
7th	Laura Hindle MDOC	W16	52:06	3:21 3:21	7:58 4:37	15:55 7:57	20:36 4:41	24:27 3:51	28:53 4:26	36:13 7:20	43:37 7:24	45:39 2:02	48:28 2:49	51:29 3:01	52:06 0:37
8th	Lois Jefferson LOC	W16	52:13	3:36 3:36	9:39 6:03	16:17 6:38	20:34 4:17	23:25 2:51	25:01 1:36	34:43 9:42	42:08 7:25	44:53 2:45	48:07 3:14	51:38 3:31	52:13 0:35
9th	Ian Farrell MDOC	M21	52:17	2:48 2:48	8:28 5:40	16:29 8:01	20:48 4:19	23:46 2:58	25:37 1:51	33:23 7:46	41:17 7:54	43:47 2:30	47:03 3:16	51:36 4:33	52:17 0:41
10th	Alan Poxon MDOC	M55	53:07	3:08 3:08	8:36 5:28	15:10 6:34	19:31 4:21	23:00 3:29	24:51 1:51	33:28 8:37	41:26 7:58	44:55 3:29	48:14 3:19	52:17 4:03	53:07 0:50
11th	Miriam Rosen SROC	W60	53:47	3:22 3:22	8:15 4:53	14:43 6:28	21:14 6:31	23:52 2:38	25:40 1:48	33:56 8:16	42:12 8:16	44:58 2:46	49:20 4:22	53:02 3:42	53:47 0:45
12th	Lynne Thomas WCOC	W40	54:00	2:58 2:58	8:45 5:47	16:51 8:06	21:17 4:26	25:41 4:24	27:23 1:42	35:56 8:33	43:39 7:43	46:24 2:45	49:54 3:30	53:15 3:21	54:00 0:45

13th	Annie Ockenden SROC	W16	55:05	3:47	9:01	17:11	21:40	27:25	29:01	36:28	44:50	47:11	50:35	54:34	55:05
				3:47	5:14	8:10	4:29	5:45	1:36	7:27	8:22	2:21	3:24	3:59	0:31
14th	Norman French LOC	M65	55:16	3:33	9:04	15:26	19:24	26:58	29:09	36:56	44:15	47:25	50:51	54:35	55:16
				3:33	5:31	6:22	3:58	7:34	2:11	7:47	7:19	3:10	3:26	3:44	0:41
15th	Janet Nash LOC	W60	57:36	3:44	9:43	18:47	23:34	26:26	28:36	36:19	44:36	47:54	52:57	56:45	57:36
				3:44	5:59	9:04	4:47	2:52	2:10	7:43	8:17	3:18	5:03	3:48	0:51
16th	Syd Thomas WCOC	M60	57:39	6:23	12:04	19:12	23:56	27:11	29:41	37:41	44:47	47:36	51:46	56:43	57:39
				6:23	5:41	7:08	4:44	3:15	2:30	8:00	7:06	2:49	4:10	4:57	0:56
17th	Dave Mawdsley MDOC	M70	57:56	3:37	11:23	19:12	23:57	27:50	30:27	38:20	46:38	49:43	53:18	57:09	57:56
				3:37	7:46	7:49	4:45	3:53	2:37	7:53	8:18	3:05	3:35	3:51	0:47
18th	Andrew Gregory MDOC	M75	58:26	3:35	9:20	16:54	21:39	25:44	28:16	36:50	44:45	48:14	52:35	57:36	58:26
				3:35	5:45	7:34	4:45	4:05	2:32	8:34	7:55	3:29	4:21	5:01	0:50
19th	Jillyan Dobby MDOC	W60	60:43	4:19	10:47	21:11	26:20	29:23	31:20	39:40	48:08	51:20	55:25	59:47	60:43
				4:19	6:28	10:24	5:09	3:03	1:57	8:20	8:28	3:12	4:05	4:22	0:56
20th	Phil Nichols BL	M55	60:48	3:49	9:40	18:07	24:02	27:35	30:45	40:21	49:01	52:26	56:00	60:00	60:48
				3:49	5:51	8:27	5:55	3:33	3:10	9:36	8:40	3:25	3:34	4:00	0:48
21st	Richard Llewellyn NOC	M55	60:58	3:38	9:28	18:03	22:27	28:47	30:43	39:37	49:55	52:46	56:32	60:18	60:58
				3:38	5:50	8:35	4:24	6:20	1:56	8:54	10:18	2:51	3:46	3:46	0:40
22nd	Susan Roome SROC	W60	61:46	3:30	9:18	16:51	24:13	29:06	31:29	40:23	49:24	52:54	57:14	61:00	61:46
				3:30	5:48	7:33	7:22	4:53	2:23	8:54	9:01	3:30	4:20	3:46	0:46
23rd	Joan Cumpstey BL	W65	61:56	3:36	10:29	18:31	23:42	27:37	30:29	40:41	49:48	52:52	56:30	60:54	61:56
				3:36	6:53	8:02	5:11	3:55	2:52	10:12	9:07	3:04	3:38	4:24	1:02
24th	Gill Browne LOC	W55	61:59	3:56	10:12	17:56	22:41	26:28	28:47	42:13	50:36	53:35	57:13	61:06	61:59
				3:56	6:16	7:44	4:45	3:47	2:19	13:26	8:23	2:59	3:38	3:53	0:53
25th	Helen Neild LOC	W65	62:48	3:49	11:28	20:34	25:32	29:25	32:17	40:51	50:30	53:48	57:39	61:51	62:48
				3:49	7:39	9:06	4:58	3:53	2:52	8:34	9:39	3:18	3:51	4:12	0:57
26th	Malcolm Mclvor DEE	M70	63:22	3:38	9:42	17:19	22:33	26:16	28:46	39:05	50:36	54:07	57:57	62:22	63:22
				3:38	6:04	7:37	5:14	3:43	2:30	10:19	11:31	3:31	3:50	4:25	1:00
27th	Jonathan Eaton WCOC	M55	63:23	5:03	11:00	20:20	25:21	29:07	31:45	41:44	51:37	54:10	57:45	62:44	63:23
				5:03	5:57	9:20	5:01	3:46	2:38	9:59	9:53	2:33	3:35	4:59	0:39
28th	Dick Whitworth BL	M70	63:24	4:21	10:54	19:46	25:10	29:11	31:26	40:04	49:19	53:28	57:31	62:26	63:24
				4:21	6:33	8:52	5:24	4:01	2:15	8:38	9:15	4:09	4:03	4:55	0:58
29th	Jill Smith EBOR	W55	65:11	4:00	17:58	26:24	31:14	34:27	36:30	44:40	53:01	56:08	60:18	64:21	65:11
				4:00	13:58	8:26	4:50	3:13	2:03	8:10	8:21	3:07	4:10	4:03	0:50
30th	Jan Clenaghan SOLWAY	W60	65:20	4:55	11:38	22:46	28:29	31:37	33:46	42:54	52:12	55:11	59:31	64:23	65:20
				4:55	6:43	11:08	5:43	3:08	2:09	9:08	9:18	2:59	4:20	4:52	0:57
31st	Sarah Watkins SROC	W35	65:28	5:25	11:47	22:04	27:44	31:05	33:55	44:34	53:13	57:25	60:31	64:38	65:28
				5:25	6:22	10:17	5:40	3:21	2:50	10:39	8:39	4:12	3:06	4:07	0:50
32nd	Jenny Bradley WCOC	W16	65:58	3:08	9:13	19:45	24:46	30:07	33:47	42:31	50:55	54:28	60:06	65:25	65:58
				3:08	6:05	10:32	5:01	5:21	3:40	8:44	8:24	3:33	5:38	5:19	0:33
33rd	William Dehany CLOK	M60	67:57	3:42	10:42	18:25	23:33	27:48	30:03	44:00	53:11	56:31	60:59	67:13	67:57
				3:42	7:00	7:43	5:08	4:15	2:15	13:57	9:11	3:20	4:28	6:14	0:44
34th	Maja While CLARO	W45	73:24	4:12	11:46	23:34	29:01	32:45	36:09	46:23	57:30	62:53	67:13	72:25	73:24
				4:12	7:34	11:48	5:27	3:44	3:24	10:14	11:07	5:23	4:20	5:12	0:59
35th	Judith Filmore LOC	W55	74:55	4:11	10:46	20:16	26:04	31:12	33:34	50:32	59:07	62:51	69:18	73:53	74:55
				4:11	6:35	9:30	5:48	5:08	2:22	16:58	8:35	3:44	6:27	4:35	1:02
36th=	Tony Wagg MDOC	M65	75:08	6:34	13:40	24:18	30:22	35:19	38:10	49:41	59:56	63:39	68:23	73:48	75:08
				6:34	7:06	10:38	6:04	4:57	2:51	11:31	10:15	3:43	4:44	5:25	1:20
36th=	Glenys Ferguson SROC	W60	75:08	4:52	12:53	23:10	28:52	33:08	36:56	49:47	60:08	64:21	68:50	74:08	75:08
				4:52	8:01	10:17	5:42	4:16	3:48	12:51	10:21	4:13	4:29	5:18	1:00
38th	Anne Wilson LOC	W60	75:45	4:33	11:04	19:25	24:37	35:50	38:11	47:24	56:29	65:39	69:42	74:50	75:45
				4:33	6:31	8:21	5:12	11:13	2:21	9:13	9:05	9:10	4:03	5:08	0:55

39th	Susan Shiell RR	W60	75:46	4:49 4:49	12:11 7:22	23:11 11:00	28:59 5:48	33:40 4:41	37:46 4:06	48:19 10:33	59:20 11:01	64:12 4:52	69:21 5:09	74:50 5:29	75:46 0:56
40th	Mary Rack NATO	W50	77:23	4:52 4:52	10:33 5:41	18:24 7:51	23:14 4:50	26:43 3:29	29:12 2:29	37:24 8:12	56:52 19:28	65:14 8:22	71:10 5:56	76:33 5:23	77:23 0:50
41st	Linda Collison BL	W60	77:35	4:24 4:24	11:42 7:18	20:03 8:21	25:33 5:30	32:58 7:25	36:21 3:23	45:09 8:48	64:05 18:56	67:02 2:57	71:27 4:25	76:31 5:04	77:35 1:04
42nd	Kate Skinner WCOC	W16	78:03	4:28 4:28	13:11 8:43	23:37 10:26	30:29 6:52	34:16 3:47	37:57 3:41	48:50 10:53	61:15 12:25	65:41 4:26	71:45 6:04	77:13 5:28	78:03 0:50
43rd	Ben Cooper LOC	M16	78:09	5:01 5:01	12:11 7:10	22:52 10:41	27:48 4:56	31:42 3:54	33:09 1:27	52:13 19:04	61:28 9:15	65:47 4:19	73:26 7:39	77:41 4:15	78:09 0:28
44th	David Brook NN	M70	82:58	3:28 3:28	9:38 6:10	19:05 9:27	24:54 5:49	28:36 3:42	31:36 3:00	41:39 10:03	52:32 10:53	72:56 20:24	77:07 4:11	82:07 5:00	82:58 0:51
45th	Evelyn Elmes DEE	W16	83:51	4:34 4:34	11:49 7:15	25:44 13:55	32:46 7:02	37:58 5:12	40:41 2:43	53:41 13:00	67:18 13:37	73:15 5:57	77:43 4:28	83:06 5:23	83:51 0:45
46th	Fran McDonald WCOC	W60	85:02	4:09 4:09	19:58 15:49	32:42 12:44	37:52 5:10	41:31 3:39	45:39 4:08	53:43 8:04	71:16 17:33	75:00 3:44	79:00 4:00	84:02 5:02	85:02 1:00
47th	Dave Walton AIRE	M60	88:10	11:42 11:42	17:47 6:05	25:50 8:03	34:18 8:28	43:57 9:39	45:54 1:57	61:43 15:49	70:41 8:58	76:44 6:03	81:29 4:45	87:07 5:38	88:10 1:03
48th	Hannah Skinner WCOC	W20	90:37	4:52 4:52	13:36 8:44	26:09 12:33	33:34 7:25	37:56 4:22	41:12 3:16	54:04 12:52	67:36 13:32	73:02 5:26	82:31 9:29	89:37 7:06	90:37 1:00
49th	Mike Fairburn PFO	M70	94:16	4:12 4:12	9:59 5:47	18:44 8:45	23:37 4:53	29:29 5:52	31:42 2:13	40:44 9:02	83:07 42:23	86:08 3:01	89:32 3:24	93:23 3:51	94:16 0:53
50th	Ailsa O'Donoghue SOLWAY	W16	104:02	5:15 5:15	15:38 10:23	31:58 16:20	39:25 7:27	43:40 4:15	55:24 11:44	71:30 16:06	85:27 13:57	89:56 4:29	96:01 6:05	103:16 7:15	104:02 0:46

Split times for Short Green

3.6km 165m

Pos	Name	Age Class	Time	1 (145)	2 (147)	3 (142)	4 (114)	5 (122)	6 (105)	7 (106)	8 (148)	9 (153)	(F1)
1st	Andrew Suddaby BL	M75	47:33	6:11 6:11	9:57 3:46	19:17 9:20	24:48 5:31	29:37 4:49	32:49 3:12	39:18 6:29	43:31 4:13	46:51 3:20	47:33 0:42
2nd	Richard Collins SROC	M65	52:01	6:22 6:22	9:44 3:22	17:52 8:08	28:20 10:28	33:40 5:20	37:45 4:05	44:37 6:52	47:08 2:31	51:11 4:03	52:01 0:50
3rd	Diana Mitchell BL	W65	54:37	6:40 6:40	10:42 4:02	19:26 8:44	25:17 5:51	31:38 6:21	36:35 4:57	45:09 8:34	48:15 3:06	53:31 5:16	54:37 1:06
4th	Sally Rollo SOLWAY	W60	56:54	6:41 6:41	10:16 3:35	19:15 8:59	29:22 10:07	35:21 5:59	39:37 4:16	47:31 7:54	51:50 4:19	56:00 4:10	56:54 0:54
5th	Geoff Armer BL	M65	60:15	6:50 6:50	10:47 3:57	19:24 8:37	26:43 7:19	34:08 7:25	40:10 6:02	49:20 9:10	54:10 4:50	59:06 4:56	60:15 1:09
6th	Alan Heron SELOC	M75	62:10	7:31 7:31	11:41 4:10	20:18 8:37	28:52 8:34	35:56 7:04	40:56 5:00	51:14 10:18	56:03 4:49	60:56 4:53	62:10 1:14
7th	Jan Ellis MDOC	W65	66:55	7:00 7:00	10:39 3:39	18:30 7:51	35:35 17:05	41:09 5:34	50:46 9:37	58:27 7:41	62:28 4:01	66:11 3:43	66:55 0:44
8th	Kate Kilpatrick IND	W40	71:06	8:02 8:02	12:23 4:21	21:28 9:05	34:06 12:38	41:37 7:31	47:04 5:27	59:10 12:06	64:07 4:57	70:05 5:58	71:06 1:01
9th	Alan Cranke CLOK	M60	71:20	7:54 7:54	12:51 4:57	24:47 11:56	34:16 9:29	42:18 8:02	47:05 4:47	57:24 10:19	64:48 7:24	70:27 5:39	71:20 0:53
10th	Louise Wilson BL	W70	72:46	10:07 10:07	14:49 4:42	26:14 11:25	37:33 11:19	45:23 7:50	52:24 7:01	62:19 9:55	66:41 4:22	71:47 5:06	72:46 0:59
11th	Helen O'Donoghue SOLWAY	W50	75:05	9:16 9:16	13:27 4:11	31:30 18:03	39:26 7:56	46:06 6:40	51:08 5:02	61:15 10:07	68:38 7:23	73:51 5:13	75:05 1:14

12th	Catherine Wetherfield WCOC	W45	76:02	7:11	10:48	18:09	29:16	34:39	42:50	56:13	70:51	75:07	76:02
				7:11	3:37	7:21	11:07	5:23	8:11	13:23	14:38	4:16	0:55
13th	Shirley Moss BL	W70	79:01	7:05	11:13	30:23	38:15	45:05	50:55	66:40	71:59	77:53	79:01
				7:05	4:08	19:10	7:52	6:50	5:50	15:45	5:19	5:54	1:08
14th	Richard Moseley LOC	M75	85:33	15:19	19:40	39:58	48:20	57:18	62:11	72:27	78:36	84:07	85:33
				15:19	4:21	20:18	8:22	8:58	4:53	10:16	6:09	5:31	1:26
15th	Christine Moseley LOC	W65	87:05	9:17	22:56	41:14	51:11	59:55	64:51	74:43	81:11	86:08	87:05
				9:17	13:39	18:18	9:57	8:44	4:56	9:52	6:28	4:57	0:57
16th	Marguerite Pennell WCOC	W70	90:24	14:08	19:58	32:07	44:13	52:00	61:02	72:35	83:02	89:09	90:24
				14:08	5:50	12:09	12:06	7:47	9:02	11:33	10:27	6:07	1:15
17th	Roy Malley NATO	M80	93:28	9:41	15:12	27:48	44:30	54:11	61:12	74:36	82:13	91:25	93:28
				9:41	5:31	12:36	16:42	9:41	7:01	13:24	7:37	9:12	2:03
18th	Angela Whitworth BL	W70	95:19	9:20	14:53	28:13	38:50	48:49	56:07	74:03	88:46	94:07	95:19
				9:20	5:33	13:20	10:37	9:59	7:18	17:56	14:43	5:21	1:12
19th	Joanna Treasure SELOC	W50	139:23	13:50	19:59	33:21	89:43	99:28	106:06	117:12	132:51	138:21	139:23
				13:50	6:09	13:22	56:22	9:45	6:38	11:06	15:39	5:30	1:02
m3-9	Judy Suddaby BL	W70	69:30	10:45	16:38								69:30
				10:45	5:53	-----	-----	-----	-----	-----	-----	-----	-----
m6	Anita Evans BL	W55	77:12	8:54	13:52	24:10	33:26	41:34		64:32	69:37	75:38	77:12
				8:54	4:58	10:18	9:16	8:08	-----	-----	5:05	6:01	1:34
m1 m6-9	Jane Hunter WCOC	W45	104:27		32:13	49:22	62:21	74:00					104:27
				-----	-----	17:09	12:59	11:39	-----	-----	-----	-----	-----

Split times for Very Short Green

3.0km 145m

Pos	Name	Age Class	Time	1 (145)	2 (147)	3 (164)	4 (105)	5 (165)	6 (106)	7 (124)	8 (140)	9 (153)	(F1)
1st	John Roelich BL	M65	57:45	5:54	19:55	27:33	31:10	37:01	45:11	47:47	55:43	56:47	57:45
				5:54	14:01	7:38	3:37	5:51	8:10	2:36	7:56	1:04	0:58
2nd	Lesley Wornham WCOC	W55	60:53	8:04	13:33	27:43	31:16	38:09	44:59	48:52	58:16	59:56	60:53
				8:04	5:29	14:10	3:33	6:53	6:50	3:53	9:24	1:40	0:57
3rd	Susan Findlay-Robinson WCH	W60	66:36	8:49	13:17	27:13	32:00	42:03	49:42	53:25	62:55	65:15	66:36
				8:49	4:28	13:56	4:47	10:03	7:39	3:43	9:30	2:20	1:21
4th	Sue Birkinshaw MDOC	W75	67:08	10:17	15:22	29:41	34:03	42:16	50:09	53:48	63:49	65:38	67:08
				10:17	5:05	14:19	4:22	8:13	7:53	3:39	10:01	1:49	1:30
m4 m8	Jane Collins SROC	W55	71:41	7:57	12:35	29:52		54:06	59:15	62:50		70:42	71:41
				7:57	4:38	17:17	-----	-----	5:09	3:35	-----	-----	0:59
m3 m6-8	Margaret Gregory MDOC	W75	86:56	15:29	26:01		47:29	65:09				84:16	86:56
				15:29	10:32	-----	-----	17:40	-----	-----	-----	-----	2:40

Split times for Light Green

3.2km 155m

Pos	Name	Age Class	Time	1 (174)	2 (133)	3 (171)	4 (104)	5 (121)	6 (138)	7 (139)	8 (153)	(F1)
1st	Ben Breeze WCOC	M14	41:44	8:01	17:02	19:04	24:24	28:21	35:21	38:22	41:01	41:44
				8:01	9:01	2:02	5:20	3:57	7:00	3:01	2:39	0:43
2nd	James McCann MDOC	M14	43:49	7:55	18:05	20:16	26:26	31:00	36:28	39:55	43:12	43:49
				7:55	10:10	2:11	6:10	4:34	5:28	3:27	3:17	0:37
3rd	Daisy Fletcher-cooney LOC	M14	45:53	6:04	19:38	25:05	30:49	34:24	40:45	43:24	45:19	45:53
				6:04	13:34	5:27	5:44	3:35	6:21	2:39	1:55	0:34
4th	Niamh Hunter WCOC	W14	46:25	8:22	19:31	22:44	29:46	33:01	38:30	42:23	45:47	46:25
				8:22	11:09	3:13	7:02	3:15	5:29	3:53	3:24	0:38

5th	Ben Goodwin WCOC	M12	48:40	10:30 10:30	21:47 11:17	25:08 3:21	31:40 6:32	36:08 4:28	41:03 4:55	44:58 3:55	47:54 2:56	48:40 0:46
6th	Jack Bingham WCOC	M16	51:10	10:39 10:39	23:58 13:19	27:35 3:37	33:37 6:02	37:05 3:28	42:23 5:18	47:00 4:37	50:14 3:14	51:10 0:56
7th	Saskia Warren NN	W14	52:35	7:33 7:33	25:33 18:00	30:25 4:52	36:30 6:05	41:02 4:32	46:04 5:02	49:16 3:12	51:56 2:40	52:35 0:39
8th	Alexander O'Donovan UVHS	M14	57:38	8:06 8:06	18:44 10:38	30:56 12:12	40:18 9:22	44:08 3:50	49:38 5:30	53:40 4:02	57:01 3:21	57:38 0:37
9th	Jack Caine UVHS	M14	61:26	9:04 9:04	29:40 20:36	31:16 1:36	37:08 5:52	45:06 7:58	50:53 5:47	58:30 7:37	60:53 2:23	61:26 0:33
10th	Bethan Cross UVHS	W16	65:19	16:38 16:38	33:26 16:48	34:56 1:30	40:54 5:58	48:51 7:57	54:38 5:47	62:11 7:33	64:37 2:26	65:19 0:42
11th	Megan Bartlett UVHS	W14	65:43	12:32 12:32	25:26 12:54	28:24 2:58	35:46 7:22	40:18 4:32	53:46 13:28	61:59 8:13	65:08 3:09	65:43 0:35
12th	Faisal Khursheed RR	M14	79:32	20:04 20:04	36:05 16:01	38:23 2:18	43:14 4:51	47:02 3:48	53:11 6:09	77:06 23:55	79:01 1:55	79:32 0:31
13th	Melina Rigby IND	W50	101:51	15:50 15:50	33:56 18:06	56:13 22:17	67:15 11:02	75:14 7:59	86:04 10:50	97:13 11:09	100:43 3:30	101:51 1:08
m7	Sarah Newport WCOC	W45	99:09	14:57 14:57	33:07 18:10	42:09 9:02	51:03 8:54	56:19 5:16	64:35 8:16		97:02 -----	99:09 ----- 2:07

Split times for Orange

2.8km 105m

Pos	Name	Age Class	Time	1 (112)	2 (174)	3 (113)	4 (127)	5 (130)	6 (115)	7 (117)	8 (116)	9 (160)	(F1)
1st	Finlay Johnson SROC	M12	30:11	4:57 4:57	7:17 2:20	9:36 2:19	14:32 4:56	17:26 2:54	22:27 5:01	25:33 3:06	27:54 2:21	29:52 1:58	30:11 0:19
2nd	Ben Dempsey MDOC	M20	31:09	4:27 4:27	6:36 2:09	10:20 3:44	15:59 5:39	19:00 3:01	23:17 4:17	26:14 2:57	28:55 2:41	30:50 1:55	31:09 0:19
3rd	Bridget Khursheed RR	W45	36:43	6:16 6:16	9:05 2:49	11:48 2:43	18:16 6:28	21:08 2:52	27:05 5:57	31:35 4:30	34:05 2:30	36:23 2:18	36:43 0:20
4th	Yousuf Khursheed RR	M12	40:23	8:20 8:20	10:39 2:19	14:51 4:12	22:05 7:14	24:56 2:51	30:43 5:47	35:34 4:51	38:34 3:00	40:06 1:32	40:23 0:17
5th	Alexandra Hare NATO	W12	47:12	7:36 7:36	12:53 5:17	15:28 2:35	22:24 6:56	25:58 3:34	34:56 8:58	40:18 5:22	44:03 3:45	46:57 2:54	47:12 0:15
6th	Charlotte Robinson IND	W12	49:39	6:18 6:18	9:22 3:04	13:32 4:10	22:32 9:00	26:50 4:18	35:59 9:09	43:03 7:04	46:47 3:44	49:10 2:23	49:39 0:29
7th	Thomas Rawle BL	M10	55:04	8:32 8:32	12:16 3:44	15:57 3:41	25:04 9:07	30:52 5:48	39:41 8:49	44:37 4:56	49:21 4:44	54:35 5:14	55:04 0:29
8th	Heather Ball UVHS	W14	56:18	9:00 9:00	16:00 7:00	21:37 5:37	28:00 6:23	32:27 4:27	44:34 12:07	49:14 4:40	51:34 2:20	55:25 3:51	56:18 0:53
9th	Thomas, Aramea and Becka IND		56:40	8:35 8:35	12:12 3:37	16:07 3:55	25:15 9:08	31:37 6:22	43:44 12:07	49:31 5:47	52:47 3:16	56:21 3:34	56:40 0:19
10th	Josie Greenhalgh HORWICH	W40	57:16	6:28 6:28	11:07 4:39	15:31 4:24	25:23 9:52	29:36 4:13	36:50 7:14	41:47 4:57	54:49 13:02	56:51 2:02	57:16 0:25
11th	Benson Jones LOC	M14	59:01	10:59 10:59	15:00 4:01	18:38 3:38	40:20 21:42	43:35 3:15	49:03 5:28	53:14 4:11	55:44 2:30	58:41 2:57	59:01 0:20
12th	Francis Smith-Ward UVHS	M12	61:58	6:49 6:49	10:14 3:25	13:03 2:49	33:50 20:47	38:22 4:32	50:52 12:30	56:03 5:11	59:24 3:21	61:35 2:11	61:58 0:23
13th	William Bannister UVHS	M14	62:16	7:03 7:03	8:52 1:49	20:41 11:49	29:55 9:14	34:12 4:17	42:34 8:22	52:39 10:05	58:38 5:59	61:59 3:21	62:16 0:17

14th	Alex Christian UVHS	M12	68:50	6:20	20:06	26:59	35:51	40:13	49:01	58:30	63:46	68:34	68:50
				6:20	13:46	6:53	8:52	4:22	8:48	9:29	5:16	4:48	0:16
15th	Harvey Thompson BL	M14	74:41	16:25	21:01	25:31	40:38	45:58	54:58	60:45	69:33	74:07	74:41
				16:25	4:36	4:30	15:07	5:20	9:00	5:47	8:48	4:34	0:34
16th	Caroline Donelan IND	W50	81:13	7:58	12:00	15:52	33:23	46:25	60:44	68:42	75:15	80:18	81:13
				7:58	4:02	3:52	17:31	13:02	14:19	7:58	6:33	5:03	0:55
17th	David Pitt IND	M70	84:10	11:06	14:43	18:33	37:57	50:57	63:50	71:33	78:23	83:12	84:10
				11:06	3:37	3:50	19:24	13:00	12:53	7:43	6:50	4:49	0:58
18th	Benjamin Hoyle PFO	M14	97:43	12:20	22:07	30:17	44:35	57:23	72:37	86:14	94:10	97:14	97:43
				12:20	9:47	8:10	14:18	12:48	15:14	13:37	7:56	3:04	0:29

Split times for Yellow

2.4km 80m

Pos	Name	Age Class	Time	1 (154)	2 (118)	3 (128)	4 (155)	5 (156)	6 (113)	7 (157)	8 (158)	9 (159)	10 (120)	11 (160)	(F1)
1st	Henry Teasdale WCOC	M10	21:50	2:55	4:27	6:41	7:50	10:13	11:20	13:35	16:45	19:18	20:13	21:31	21:50
				2:55	1:32	2:14	1:09	2:23	1:07	2:15	3:10	2:33	0:55	1:18	0:19
2nd	Sam Crawshaw EPOC	M10	23:24	3:09	4:30	7:22	8:50	11:41	12:54	14:37	18:12	19:47	21:21	23:06	23:24
				3:09	1:21	2:52	1:28	2:51	1:13	1:43	3:35	1:35	1:34	1:45	0:18
3rd	Jessica Breeze WCOC	W12	24:32	2:49	4:26	8:55	10:08	13:06	14:47	16:42	19:37	21:10	22:30	24:11	24:32
				2:49	1:37	4:29	1:13	2:58	1:41	1:55	2:55	1:33	1:20	1:41	0:21
4th	Wilfrid Teasdale WCOC	M10	25:51	2:49	4:19	7:10	8:33	11:50	13:23	16:09	20:29	22:23	23:55	25:31	25:51
				2:49	1:30	2:51	1:23	3:17	1:33	2:46	4:20	1:54	1:32	1:36	0:20
5th	Carys Thomas WCOC	W10	30:26	6:19	8:48	12:33	14:31	17:52	19:31	21:48	24:42	26:29	28:03	29:46	30:26
				6:19	2:29	3:45	1:58	3:21	1:39	2:17	2:54	1:47	1:34	1:43	0:40
6th	Isla O'Donoghue SOLWAY	W10	34:09	4:02	6:25	9:55	11:04	13:54	15:09	17:46	22:20	28:59	30:36	33:51	34:09
				4:02	2:23	3:30	1:09	2:50	1:15	2:37	4:34	6:39	1:37	3:15	0:18
7th	Isaac Hunter WCOC	M10	35:51	3:58	6:40	10:34	13:03	17:13	19:18	22:11	25:50	29:27	32:43	35:21	35:51
				3:58	2:42	3:54	2:29	4:10	2:05	2:53	3:39	3:37	3:16	2:38	0:30
8th	Joshua Harrop SELOC	M10	44:39	5:53	9:13	13:50	16:14	21:02	23:06	26:06	32:34	38:04	39:52	43:34	44:39
				5:53	3:20	4:37	2:24	4:48	2:04	3:00	6:28	5:30	1:48	3:42	1:05
9th	Anya Robinson IND	W10	46:13	7:14	10:01	16:03	19:01	25:28	27:49	31:38	37:17	40:35	42:36	45:36	46:13
				7:14	2:47	6:02	2:58	6:27	2:21	3:49	5:39	3:18	2:01	3:00	0:37
10th	Sam Hunt IND	M10	46:45	4:59	10:03	14:54	16:50	22:51	25:56	35:48	41:54	44:08	45:04	46:23	46:45
				4:59	5:04	4:51	1:56	6:01	3:05	9:52	6:06	2:14	0:56	1:19	0:22
11th	Leo Jones UVHS	M12	50:56	4:25	7:07	11:37	14:13	19:46	22:31	27:14	32:35	43:53	46:26	50:08	50:56
				4:25	2:42	4:30	2:36	5:33	2:45	4:43	5:21	11:18	2:33	3:42	0:48

Split times for White

1.3km 50m

Pos	Name	Age Class	Time	1 (154)	2 (118)	3 (112)	4 (119)	5 (159)	6 (120)	7 (160)	(F1)
1st	Alexandra Crawshaw EPOC	W8	15:35	4:47	7:11	9:00	10:26	11:45	13:18	15:10	15:35
				4:47	2:24	1:49	1:26	1:19	1:33	1:52	0:25
2nd	James Birkinshaw WCOC	M10	23:09	5:30	8:08	11:06	14:28	16:30	18:33	22:36	23:09
				5:30	2:38	2:58	3:22	2:02	2:03	4:03	0:33
3rd	Matthew Birkinshaw WCOC	M7	23:56	7:53	14:19	15:56	18:15	19:44	21:03	23:15	23:56
				7:53	6:26	1:37	2:19	1:29	1:19	2:12	0:41
4th	Gabriela Hoyle PFO		24:34	5:42	8:19	11:08	14:22	17:28	19:53	23:36	24:34
				5:42	2:37	2:49	3:14	3:06	2:25	3:43	0:58
5th	Laurence Ward ESOC	M5	33:45	7:15	10:54	14:51	19:06	23:31	26:57	32:25	33:45
				7:15	3:39	3:57	4:15	4:25	3:26	5:28	1:20

6th	Lucy Ward	W3	34:33	7:30	10:43	15:00	19:00	23:45	26:52	33:01	34:33
	ESOC			7:30	3:13	4:17	4:00	4:45	3:07	6:09	1:32