

Green

3.870km 35m

Pos	Name	Club	Age Class	Time
1st	Jeff Powell Davies	BL	M21	28:51
2nd	Paul Fussell	BL	M35	36:36
3rd	Simon Hunt	TVOC	M45	38:36
4th	Stuart Parker	WAROC	M45	38:40
5th	Stella Lewsley	BL	W55	40:40
6th	Toby Harling	BL	M35	41:33
7th	Dave McQuillen	SOLWAY	M70	45:21
8th	Richard Evans	BL	M60	45:55
9th	Paul Ryan	BL	M35	46:01
10th	Adam Bennett	BL	M35	46:04
11th	Andrew Suddaby	BL	M75	47:13
12th	Chris Lates	BL	M70	47:17
13th	Phil Nichols	BL	M55	49:23
14th	Raymond Wren	BL	M65	51:27
15th	Malcolm Ruckledge	WCOC	M70	51:35
16th	Jenny Wren	BL	W60	52:21
17th	Debbie Thompson	BL	W55	52:27
18th	Gerry Garvey	BL	M45	54:03
19th	Colin Valentine	WCOC	M50	54:43
20th	Dick Whitworth	BL	M70	57:44
21st	Ian Murgatroid	SOLWAY	M50	59:02
22nd	Karen Blackburn	BL	W65	68:33
23rd	Catherine Wetherfield	WCOC	W45	71:34
24th	Jane McQuillen	SOLWAY	W70	81:02
25th	Judith Bradshaw		W40	84:34
26th	Angela Whitworth	BL	W70	86:03
27th	Andy Sharples		M60	98:32
28th	Gill Sharples		W50	99:21
29th=	Christine Goulding	BL	W50	145:56
29th=	Anita Evans	BL	W55	145:56
w14	James Daplyn	BL	M21	32:50
m5	Isabel Berry	BL	W21	51:51

Orange

2.010km 15m

Pos	Name	Club	Age Class	Time
1st	Scott Simpson		M35	18:04
2nd	Tom Brocklebank		M21	21:20
3rd	Ian Phillips		M40	22:43
4th	Rachel Osborn	WAROC	W35	23:30
5th	Charlotte Joyce		W21	29:44
6th	Ewan Simpson		M10	30:54

7th	Harvey Thompson		M14	40:48
8th	Wilfrid Teasdale	WCOC	M8	45:15
9th	Jeremy Ancketill		M50	48:53
10th	Judy Suddaby	BL	W70	49:21
11th	Helen Lates	BL	W70	58:47
12th	Sam + Alexander Hunt		M7	59:23
m2-3	Henry Teasdale	WCOC	M10	30:14