

Results for Swindale North

Split times for W45L

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Pos	No.	Name	Age Class	Time	1 (160)	2 (122)	3 (180)	4 (149)	5 (116)	6 (146)	7 (164)	8 (117)	9 (110)	10 (183)	11 (199)	Finish
1	437	Heather Fellbaum MDOC	W45	43:45	9:35 9:35	14:29 4:54	19:39 5:10	22:50 3:11	24:40 1:50	27:43 3:03	29:38 1:55	33:35 3:57	36:28 2:53	42:28 6:00	43:32 1:04	43:45 0:13
2	966	Sara Campbell DEE	W45	45:52	9:22 9:22	15:03 5:41	20:04 5:01	22:57 2:53	24:36 1:39	27:56 3:20	30:05 2:09	34:35 4:30	38:13 3:38	44:16 6:03	45:34 1:18	45:52 0:18
3	804	Kath Broatch ERYRI	W45	46:18	9:14 9:14	14:35 5:21	19:42 5:07	22:33 2:51	25:15 2:42	29:26 4:11	31:24 1:58	35:54 4:30	39:05 3:11	44:59 5:54	46:07 1:08	46:18 0:11
4	1370	Sue Hancock Wellington Ranges	W45	48:13	10:45 10:45	16:17 5:32	22:03 5:46	25:10 3:07	26:57 1:47	30:13 3:16	32:29 2:16	36:57 4:28	40:16 3:19	46:38 6:22	47:55 1:17	48:13 0:18
5	737	Rebekah Beadle LOC	W45	48:38	9:18 9:18	14:41 5:23	21:13 6:32	24:14 3:01	25:48 1:34	28:51 3:03	30:59 2:08	35:01 4:02	38:39 3:38	46:08 7:29	48:23 2:15	48:38 0:15
6	436	Stella Lewsley BL	W55	49:32	9:20 9:20	15:22 6:02	20:32 5:10	23:42 3:10	25:20 1:38	28:14 2:54	30:16 2:02	35:44 5:28	38:41 2:57	48:12 9:31	49:16 1:04	49:32 0:16
7	773	Caroline Moran SOC	W45	50:50	12:03 12:03	18:33 6:30	24:15 5:42	27:47 3:32	29:28 1:41	32:51 3:23	35:22 2:31	40:08 4:46	43:19 3:11	49:18 5:59	50:34 1:16	50:50 0:16
8	99	Susan Skinner WCOC	W45	50:56	10:14 10:14	16:21 6:07	22:07 5:46	25:23 3:16	27:03 1:40	30:22 3:19	32:46 2:24	37:42 4:56	41:05 3:23	49:10 8:05	50:38 1:28	50:56 0:18
9	1460	Jaana Eronen Pihkaniskat	W45	51:06	11:08 11:08	17:47 6:39	23:40 5:53	26:45 3:05	28:40 1:55	32:18 3:38	34:37 2:19	39:27 4:50	43:00 3:33	49:14 6:14	50:49 1:35	51:06 0:17
10	809	Liz Phillips OD	W45	52:54	10:23 10:23	17:43 7:20	23:42 5:59	27:10 3:28	29:04 1:54	32:37 3:33	35:08 2:31	41:00 5:52	44:59 3:59	51:09 6:10	52:39 1:30	52:54 0:15
11	1720	Louise Longhurst FVO	W45	53:21	10:40 10:40	18:11 7:31	24:09 5:58	27:25 3:16	31:12 3:47	34:58 3:46	37:35 2:37	42:22 4:47	45:36 3:14	51:23 5:47	53:04 1:41	53:21 0:17
12	1239	Christine Goulding BL	W45	53:31	9:37 9:37	19:47 10:10	25:15 5:28	28:07 2:52	29:48 1:41	33:59 4:11	36:19 2:20	40:44 4:25	44:43 3:59	51:53 7:10	53:15 1:22	53:31 0:16
13	967	Jane Morgan SOC	W50	53:32	9:52 9:52	16:21 6:29	22:29 6:08	25:56 3:27	27:37 1:41	31:23 3:46	34:17 2:54	39:55 5:38	44:34 4:39	51:54 7:20	53:12 1:18	53:32 0:20
14	1016	Heather Cairns LVO	W45	54:37	11:01 11:01	17:04 6:03	23:16 6:12	26:34 3:18	28:30 1:56	32:17 3:47	34:57 2:40	40:15 5:18	44:50 4:35	50:46 5:56	54:20 3:34	54:37 0:17

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16	554	Martine Taffeiren HAMOK	W50	57:02	12:39 12:39	19:00 6:21	25:46 6:46	29:31 3:45	31:36 2:05	35:45 4:09	38:33 2:48	44:50 6:17	48:28 3:38	55:23 6:55	56:45 1:22	57:02 0:17
17	267	Jo Cleary LOC	W45	60:13	14:53 14:53	21:10 6:17	27:27 6:17	31:44 4:17	33:58 2:14	41:14 7:16	43:29 2:15	47:46 4:17	51:12 3:26	58:17 7:05	59:55 1:38	60:13 0:18
18	664	Janet Adams SYO	W45	62:03	12:52 12:52	19:37 6:45	33:41 14:04	37:01 3:20	39:07 2:06	42:46 3:39	45:06 2:20	50:30 5:24	53:50 3:20	60:29 6:39	61:48 1:19	62:03 0:15
19	1197	Isabelle Dermine Dauphine Orientation	W45	63:15	14:22 14:22	21:19 6:57	27:16 5:57	30:40 3:24	32:36 1:56	39:25 6:49	42:25 3:00	47:57 5:32	54:45 6:48	61:12 6:27	62:54 1:42	63:15 0:21
20	938	Kim Buxton DVO	W45	64:39	13:13 13:13	20:48 7:35	28:16 7:28	32:25 4:09	34:26 2:01	42:04 7:38	44:50 2:46	50:23 5:33	54:12 3:49	62:27 8:15	64:20 1:53	64:39 0:19
21	756	Serena Ludford BADO	W45	65:22	12:53 12:53	20:30 7:37	29:24 8:54	34:47 5:23	37:01 2:14	41:40 4:39	45:00 3:20	51:16 6:16	55:12 3:56	63:39 8:27	65:04 1:25	65:22 0:18
22	1080	Debby Warren NN	W45	67:22	16:51 16:51	23:28 6:37	30:32 7:04	35:06 4:34	37:25 2:19	43:57 6:32	47:26 3:29	53:44 6:18	58:27 4:43	65:35 7:08	67:05 1:30	67:22 0:17
23	681	Jill Emmerson OD	W45	67:32	13:04 13:04	22:31 9:27	31:01 8:30	34:53 3:52	37:06 2:13	41:41 4:35	44:47 3:06	50:57 6:10	56:15 5:18	65:19 9:04	67:12 1:53	67:32 0:20
24	1366	Eileen Maxwell RR	W45	68:47	13:04 13:04	22:23 9:19	29:06 6:43	33:53 4:47	36:30 2:37	40:22 3:52	43:17 2:55	48:38 5:21	60:10 11:32	67:19 7:09	68:35 1:16	68:47 0:12
25	1043	Jenny Gostick HH	W45	69:54	16:25 16:25	25:12 8:47	33:13 8:01	36:53 3:40	39:29 2:36	44:24 4:55	47:42 3:18	55:24 7:42	60:02 4:38	67:48 7:46	69:35 1:47	69:54 0:19
26	90	Louise Sylva DFOK	W45	72:39	17:30 17:30	24:59 7:29	32:10 7:11	38:02 5:52	40:06 2:04	45:33 5:27	48:25 2:52	57:03 8:38	61:52 4:49	70:56 9:04	72:21 1:25	72:39 0:18
27	114	Caroline Gregson DEE	W45	73:01	14:20 14:20	22:48 8:28	31:21 8:33	35:43 4:22	38:03 2:20	42:48 4:45	46:07 3:19	52:31 6:24	58:47 6:16	70:32 11:45	72:42 2:10	73:01 0:19
28	956	Alison Smith TVOC	W45	73:54	15:02 15:02	23:44 8:42	35:26 11:42	40:17 4:51	42:23 2:06	46:40 4:17	49:55 3:15	57:41 7:46	63:30 5:49	72:03 8:33	73:35 1:32	73:54 0:19
29	51	Frances Cooper WAOC	W45	74:00	19:55 19:55	26:38 6:43	36:00 9:22	39:15 3:15	41:17 2:02	47:45 6:28	50:13 2:28	55:22 5:09	66:09 10:47	72:25 6:16	73:46 1:21	74:00 0:14
30	1748	Eunice Carter POW	W45	75:56	14:36 14:36	22:42 8:06	34:35 11:53	38:59 4:24	41:24 2:25	50:30 9:06	53:14 2:44	59:58 6:44	65:14 5:16	73:57 8:43	75:36 1:39	75:56 0:20
31	119	Sian Calow DEE	W45	76:09	17:38 17:38	30:07 12:29	36:27 6:20	40:40 4:13	42:45 2:05	51:16 8:31	53:42 2:26	60:27 6:45	65:54 5:27	74:12 8:18	75:53 1:41	76:09 0:16
32	1454	Maja While CLARO	W45	76:15	17:56 17:56	26:26 8:30	35:37 9:11	41:06 5:29	43:45 2:39	49:04 5:19	52:32 3:28	60:56 8:24	65:35 4:39	74:11 8:36	75:58 1:47	76:15 0:17
33	545	Helen Livesey LOC	W45	78:17	14:31 14:31	22:48 8:17	33:40 10:52	38:18 4:38	40:53 2:35	49:21 8:28	52:41 3:20	59:02 6:21	65:46 6:44	76:15 10:29	77:58 1:43	78:17 0:19
34	568	Marie-Anne Fischer TVOC	W45	84:20	14:32 14:32	22:26 7:54	30:45 8:19	40:04 9:19	42:28 2:24	58:04 15:36	61:14 3:10	69:11 7:57	74:37 5:26	82:28 7:51	84:04 1:36	84:20 0:16

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36	1174	Isla Mathieson CLOK	W45	89:47	15:32 15:32	30:01 14:29	40:22 10:21	45:37 5:15	48:48 3:11	55:00 6:12	59:18 4:18	68:42 9:24	75:07 6:25	87:09 12:02	89:24 2:15	89:47 0:23
37	1018	Claire Leitch SO	W45	95:52	31:31 31:31	44:49 13:18	55:40 10:51	62:12 6:32	64:25 2:13	69:58 5:33	72:58 3:00	79:04 6:06	84:17 5:13	93:56 9:39	95:35 1:39	95:52 0:17
38	385	Clare Lines SO	W45	96:16	19:30 19:30	35:00 15:30	45:53 10:53	52:27 6:34	56:21 3:54	62:54 6:33	67:36 4:42	76:26 8:50	84:23 7:57	93:30 9:07	95:58 2:28	96:16 0:18
39	641	Erica Pilkinton WAOC	W45	98:31	20:17 20:17	41:08 20:51	57:01 15:53	61:24 4:23	63:27 2:03	70:14 6:47	73:12 2:58	80:45 7:33	88:02 7:17	96:26 8:24	98:15 1:49	98:31 0:16
40	872	Hazel Hindle MDOC	W45	101:12	34:10 34:10	43:14 9:04	51:22 8:08	55:39 4:17	58:14 2:35	65:30 7:16	68:27 2:57	85:14 16:47	90:48 5:34	99:19 8:31	100:56 1:37	101:12 0:16
41	622	Caroline Mackenzie CLOK	W45	101:15	24:12 24:12	32:46 8:34	46:13 13:27	51:42 5:29	54:22 2:40	61:48 7:26	65:22 3:34	82:18 16:56	87:12 4:54	99:04 11:52	100:54 1:50	101:15 0:21
42	155	Sarah Mansel SUFFOC	W45	104:18	44:59 44:59	53:38 8:39	62:27 8:49	67:16 4:49	69:35 2:19	76:22 6:47	80:36 4:14	88:26 7:50	93:26 5:00	102:05 8:39	103:59 1:54	104:18 0:19
43	225	Louise Benjamin BOK	W45	109:23	23:06 23:06	36:35 13:29	66:02 29:27	71:25 5:23	78:22 6:57	85:00 6:38	88:19 3:19	95:02 6:43	99:41 4:39	107:35 7:54	109:01 1:26	109:23 0:22
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