

Results for Swindale North

Split times for W40L

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Pos	No.	Name	Age Class	Time	1 (163)	2 (189)	3 (166)	4 (179)	5 (116)	6 (144)	7 (124)	8 (188)	9 (105)	10 (194)	11 (199)	Finish
1	1022	Ruth Ker AIRE	W40	51:42	10:43 10:43	13:50 3:07	17:29 3:39	25:49 8:20	30:14 4:25	32:35 2:21	37:42 5:07	41:54 4:12	46:24 4:30	50:33 4:09	51:22 0:49	51:42 0:20
2	338	Lynne Thomas WCOC	W40	55:02	11:32 11:32	14:49 3:17	19:12 4:23	28:19 9:07	34:00 5:41	36:33 2:33	41:02 4:29	44:42 3:40	50:10 5:28	54:01 3:51	54:47 0:46	55:02 0:15
3	728	Nicola Melville EBOR	W40	55:30	12:19 12:19	16:14 3:55	19:46 3:32	28:55 9:09	33:03 4:08	35:46 2:43	40:27 4:41	45:12 4:45	50:15 5:03	54:27 4:12	55:15 0:48	55:30 0:15
4	1162	Gabriella Walsh POW	W40	62:06	12:21 12:21	15:52 3:31	20:26 4:34	30:30 10:04	35:32 5:02	38:32 3:00	43:52 5:20	49:08 5:16	54:44 5:36	60:41 5:57	61:51 1:10	62:06 0:15
5	1354	Clare Claxton NOC	W50	62:25	12:16 12:16	17:26 5:10	21:02 3:36	30:35 9:33	35:04 4:29	38:13 3:09	43:43 5:30	48:13 4:30	57:12 8:59	61:25 4:13	62:10 0:45	62:25 0:15
6	415	Jane McCann MDOC	W40	63:50	12:37 12:37	16:12 3:35	20:13 4:01	30:08 9:55	34:59 4:51	37:45 2:46	47:04 9:19	51:58 4:54	57:51 5:53	62:35 4:44	63:33 0:58	63:50 0:17
7	1700	Mel Rayner BAOC	W40	64:38	12:08 12:08	15:25 3:17	19:00 3:35	36:25 17:25	40:39 4:14	42:58 2:19	46:49 3:51	51:00 4:11	57:40 6:40	63:34 5:54	64:26 0:52	64:38 0:12
8	193	Karen Crawford WIM	W40	68:51	15:17 15:17	19:55 4:38	24:41 4:46	35:50 11:09	42:10 6:20	44:58 2:48	49:58 5:00	55:05 5:07	61:00 5:55	66:59 5:59	68:34 1:35	68:51 0:17
9	587	Ianka Petrova Evans WCH	W40	71:37	16:53 16:53	21:05 4:12	26:18 5:13	36:23 10:05	42:19 5:56	45:59 3:40	52:50 6:51	57:35 4:45	64:05 6:30	70:23 6:18	71:16 0:53	71:37 0:21
10	649	Catherine Hill DEE	W40	73:37	18:00 18:00	22:13 4:13	26:27 4:14	38:07 11:40	44:25 6:18	47:32 3:07	53:49 6:17	61:26 7:37	67:22 5:56	72:09 4:47	73:22 1:13	73:37 0:15
11	896	Alison Hardy LEI	W40	74:26	18:38 18:38	21:31 2:53	26:59 5:28	43:45 16:46	48:06 4:21	50:52 2:46	57:00 6:08	61:30 4:30	66:41 5:11	73:11 6:30	74:12 1:01	74:26 0:14
12	254	Rebecca Mon-Williams AIRE	W40	76:50	20:40 20:40	23:43 3:03	27:32 3:49	36:39 9:07	42:24 5:45	50:36 8:12	61:18 10:42	65:42 4:24	71:18 5:36	75:39 4:21	76:34 0:55	76:50 0:16
13	1186	Karen Williams LOG	W40	78:00	18:18 18:18	24:13 5:55	29:10 4:57	40:51 11:41	46:47 5:56	49:40 2:53	55:40 6:00	62:48 7:08	69:21 6:33	76:39 7:18	77:41 1:02	78:00 0:19
14	1608	Penny Clay BL	W40	78:08	19:25 19:25	24:00 4:35	28:52 4:52	39:51 10:59	45:25 5:34	53:49 8:24	60:56 7:07	66:06 5:10	71:58 5:52	76:38 4:40	77:54 1:16	78:08 0:14

15	1330	Anna Amigó C.O.CATALUNYA	W40	84:02	18:56 18:56	22:57 4:01	30:19 7:22	40:35 10:16	45:09 4:34	48:10 3:01	53:21 5:11	71:31 18:10	77:20 5:49	82:39 5:19	83:40 1:01	84:02 0:22
16	906	Elaine Sutton DEE	W40	86:34	16:54 16:54	20:55 4:01	26:14 5:19	49:25 23:11	55:37 6:12	59:27 3:50	65:14 5:47	70:27 5:13	76:52 6:25	85:14 8:22	86:16 1:02	86:34 0:18
17	354	Clare Scott OD	W40	88:15	32:48 32:48	37:23 4:35	42:27 5:04	54:17 11:50	59:36 5:19	63:38 4:02	70:24 6:46	76:23 5:59	82:03 5:40	86:58 4:55	87:59 1:01	88:15 0:16
18	314	Wendy Smith DEVON	W50	92:50	21:05 21:05	25:08 4:03	29:47 4:39	45:23 15:36	51:35 6:12	55:38 4:03	64:15 8:37	70:30 6:15	83:02 12:32	91:06 8:04	92:31 1:25	92:50 0:19
19	452	Sarah Louise Francis SN	W40	93:59	27:14 27:14	31:41 4:27	37:08 5:27	55:32 18:24	62:15 6:43	65:50 3:35	72:03 6:13	77:21 5:18	84:19 6:58	92:38 8:19	93:42 1:04	93:59 0:17
20	1032	Eva Wheeler RAFO	W40	98:44	12:11 12:11	17:01 4:50	25:21 8:20	36:08 10:47	46:02 9:54	63:18 17:16	71:18 8:00	76:49 5:31	91:32 14:43	97:35 6:03	98:31 0:56	98:44 0:13
21	658	Andy Smith DVO	W40	122:38	22:55 22:55	30:16 7:21	36:52 6:36	52:46 15:54	61:53 9:07	67:55 6:02	77:10 9:15	88:55 11:45	100:50 11:55	119:31 18:41	122:09 2:38	122:38 0:29
22	467	Fiona O'Riordan CorkO	W40	133:14	25:42 25:42	30:03 4:21	35:08 5:05	54:54 19:46	61:15 6:21	65:31 4:16	83:19 17:48	108:38 25:19	116:58 8:20	131:11 14:13	132:53 1:42	133:14 0:21
dnf	1238	Rachel Dennis BOK	W40		25:03 25:03	30:07 5:04	35:56 5:49	69:01 33:05	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----

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