

Results for Swindale North

Split times for W16B

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Pos	No.	Name	Age Class	Time	1 (133)	2 (143)	3 (138)	4 (132)	5 (125)	6 (153)	7 (195)	8 (191)	9 (114)	10 (170)	11 (113)	12 (108)	13 (174)	14 (102)	15 (101)	16 (197)	17 (199)	Finish
1	255	Kirsty Mon-Williams AIRE	W16	58:05	7:34 7:34	9:55 2:21	11:59 2:04	15:53 3:54	22:21 6:28	28:12 5:51	29:38 1:26	32:16 2:38	35:30 3:14	36:41 1:11	41:36 4:55	44:35 2:59	50:41 6:06	52:47 2:06	54:03 1:16	55:12 1:09	57:49 2:37	58:05 0:16
2	241	Lisa Quickfall SROC	W16	58:43	14:41 14:41	17:13 2:32	19:03 1:50	21:39 2:36	24:27 2:48	27:34 3:07	29:00 1:26	38:15 9:15	42:47 4:32	44:30 1:43	46:55 2:25	49:15 2:20	53:01 3:46	54:48 1:47	55:39 0:51	56:43 1:04	58:29 1:46	58:43 0:14
3	101	Hannah Skinner WCOC	W16	61:22	5:49 5:49	8:50 3:01	12:08 3:18	15:49 3:41	21:18 5:29	27:27 6:09	29:21 1:54	32:40 3:19	36:22 3:42	38:45 2:23	43:25 4:40	47:30 4:05	51:25 3:55	53:59 2:34	55:39 1:40	57:12 1:33	60:39 3:27	61:22 0:43
4	304	Helen Elmes DEE	W16	62:07	6:00 6:00	9:42 3:42	13:24 3:42	18:28 5:04	20:38 2:10	23:35 2:57	31:01 7:26	34:12 3:11	40:20 6:08	41:44 1:24	46:51 5:07	49:54 3:03	55:32 5:38	57:36 2:04	58:28 0:52	59:26 0:58	61:48 2:22	62:07 0:19

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