

Results for Swindale North

Split times for W14A

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Pos	No.	Name	Age Class	Time	1 (133)	2 (143)	3 (138)	4 (132)	5 (125)	6 (153)	7 (195)	8 (191)	9 (114)	10 (170)	11 (113)	12 (108)	13 (174)	14 (102)	15 (101)	16 (197)	17 (199)	F
1	738	Natalie Beadle LOC	W14	25:23	3:15 3:15	4:50 1:35	6:06 1:16	7:34 1:28	9:18 1:44	11:05 1:47	11:58 0:53	13:43 1:45	15:24 1:41	15:54 0:30	17:56 2:02	19:20 1:24	21:55 2:35	22:47 0:52	23:17 0:30	23:55 0:38	25:09 1:14	
2	1422	Sarah Jones BARRO	W14	26:06	3:34 3:34	4:51 1:17	6:11 1:20	7:35 1:24	8:43 1:08	10:22 1:39	11:07 0:45	13:36 2:29	15:29 1:53	16:28 0:59	18:00 1:32	19:33 1:33	22:25 2:52	23:23 0:58	23:59 0:36	24:38 0:39	25:55 1:17	
3	814	Katherine Hall SYO	W14	26:30	3:14 3:14	4:52 1:38	6:19 1:27	8:02 1:43	9:20 1:18	11:00 1:40	12:05 1:05	13:41 1:36	15:30 1:49	16:07 0:37	18:07 2:00	19:56 1:49	22:30 2:34	23:34 1:04	24:10 0:36	24:50 0:40	26:19 1:29	
4	1749	Megan Carter-Davies POW	W14	28:24	3:47 3:47	5:16 1:29	6:37 1:21	8:30 1:53	10:14 1:44	12:04 1:50	13:03 0:59	14:50 1:47	17:26 2:36	17:55 0:29	19:48 1:53	21:22 1:34	23:17 1:55	24:08 0:51	24:54 0:46	25:33 0:39	28:12 2:39	
5	1053	Helen Wood AIRE	W14	30:56	3:04 3:04	5:14 2:10	7:15 2:01	8:54 1:39	10:14 1:20	11:50 1:36	13:11 1:21	16:43 3:32	19:51 3:08	20:25 0:34	22:27 2:02	24:09 1:42	26:31 2:22	27:31 1:00	28:12 0:41	28:50 0:38	30:44 1:54	
6	1371	Anna Dowling Wellington Ranges	W14	32:14	3:25 3:25	5:10 1:45	7:00 1:50	8:45 1:45	10:57 2:12	15:35 4:38	16:44 1:09	18:02 1:18	20:43 2:41	21:14 0:31	23:18 2:04	25:04 1:46	27:18 2:14	28:18 1:00	29:05 0:47	29:46 0:41	32:01 2:15	
7	889	Helen Ockenden SROC	W14	34:00	3:53 3:53	5:39 1:46	7:26 1:47	9:15 1:49	11:16 2:01	13:21 2:05	16:08 2:47	17:59 1:51	20:48 2:49	21:34 0:46	23:50 2:16	25:57 2:07	29:17 3:20	30:29 1:12	31:16 0:47	32:06 0:50	33:44 1:38	
8	873	Carolyn Hindle MDOC	W14	34:23	4:26 4:26	6:04 1:38	7:29 1:25	9:07 1:38	12:36 3:29	14:40 2:04	16:20 1:40	18:00 1:40	20:37 2:37	21:23 0:46	23:48 2:25	25:37 1:49	28:03 2:26	29:25 1:22	30:04 0:39	30:49 0:45	34:10 3:21	
9	817	Lisa White SARUM	W14	35:27	3:42 3:42	6:11 2:29	7:27 1:16	9:39 2:12	12:02 2:23	14:07 2:05	15:41 1:34	18:05 2:24	20:25 2:20	21:21 0:56	23:54 2:33	26:13 2:19	29:07 2:54	30:30 1:23	31:24 0:54	32:10 0:46	35:15 3:05	
10	1295	Becky Young HH	W14	37:32	3:24 3:24	5:22 1:58	7:57 2:35	9:52 1:55	13:36 3:44	15:46 2:10	17:00 1:14	18:45 1:45	21:43 2:58	22:29 0:46	26:02 3:33	28:34 2:32	31:17 2:43	32:33 1:16	33:14 0:41	33:55 0:41	37:20 3:25	
11	807	Aimee Morse OD	W14	42:41	4:54 4:54	6:35 1:41	8:05 1:30	9:39 1:34	11:33 1:54	13:28 1:55	14:54 1:26	20:21 5:27	26:30 6:09	27:12 0:42	30:19 3:07	32:00 1:41	37:21 5:21	38:14 0:53	39:04 0:50	39:46 0:42	42:27 2:41	
12	266	Hannah Cleary-Hughes LOC	W14	44:04	3:34 3:34	5:09 1:35	6:39 1:30	8:31 1:52	10:44 2:13	25:27 14:43	26:37 1:10	28:22 1:45	30:09 1:47	30:41 0:32	32:22 1:41	34:15 1:53	37:11 2:56	38:33 1:22	39:24 0:51	40:11 0:47	43:46 3:35	
13	1046	Penny Oliver OD	W14	46:20	3:36 3:36	5:18 1:42	6:47 1:29	8:53 2:06	11:58 3:05	14:02 2:04	15:09 1:07	16:36 1:27	23:57 7:21	24:33 0:36	31:17 6:44	32:44 1:27	41:42 8:58	42:39 0:57	43:23 0:44	44:13 0:50	46:07 1:54	

14	397	Romane Salathe MDOC	W14	47:51	5:28 5:28	7:17 1:49	9:19 2:02	11:19 2:00	20:38 9:19	23:43 3:05	25:42 1:59	27:53 2:11	31:29 3:36	31:59 0:30	34:50 2:51	38:17 3:27	41:17 3:00	42:34 1:17	43:47 1:13	44:41 0:54	47:36 2:55	
15	1164	Fay Walsh POW	W14	49:08	4:31 4:31	6:53 2:22	8:31 1:38	10:46 2:15	14:17 3:31	16:35 2:18	19:11 2:36	21:01 1:50	30:09 9:08	31:02 0:53	32:47 1:45	37:24 4:37	42:05 4:41	43:09 1:04	43:57 0:48	44:56 0:59	48:50 3:54	
16	389	Lea Boucher VALMO	W14	51:45	4:41 4:41	7:03 2:22	8:59 1:56	11:02 2:03	13:30 2:28	16:22 2:52	21:30 5:08	24:56 3:26	27:20 2:24	28:02 0:42	37:35 9:33	40:18 2:43	43:03 2:45	45:48 2:45	46:27 0:39	47:17 0:50	51:30 4:13	
17	1442	Jessica Beresford NOC	W14	52:49	5:25 5:25	7:47 2:22	10:34 2:47	13:17 2:43	16:03 2:46	18:09 2:06	20:00 1:51	26:19 6:19	35:30 9:11	36:21 0:51	38:34 2:13	42:27 3:53	46:35 4:08	48:12 1:37	49:05 0:53	50:04 0:59	52:35 2:31	
18	1219	Zoe Nicolson OD	W14	56:08	6:52 6:52	12:11 5:19	15:03 2:52	17:50 2:47	20:25 2:35	24:13 3:48	26:14 2:01	30:25 4:11	34:34 4:09	35:17 0:43	38:18 3:01	41:06 2:48	45:11 4:05	46:38 1:27	47:51 1:13	48:38 0:47	55:54 7:16	
19	842	Rebecca Cummings WCOC	W14	56:54	5:40 5:40	9:05 3:25	11:46 2:41	14:59 3:13	17:24 2:25	21:35 4:11	23:39 2:04	30:12 6:33	37:16 7:04	38:05 0:49	42:28 4:23	46:49 4:21	50:32 3:43	52:10 1:38	53:04 0:54	54:13 1:09	56:38 2:25	
20	986	Hazel Browne SROC	W14	60:04	4:49 4:49	9:23 4:34	14:06 4:43	16:43 2:37	18:48 2:05	22:20 3:32	27:00 4:40	29:47 2:47	42:21 12:34	42:52 0:31	46:37 3:45	50:20 3:43	53:47 3:27	55:17 1:30	55:56 0:39	57:05 1:09	59:49 2:44	
21	521	Phoebe Jesson PFO	W14	109:16	8:04 8:04	12:27 4:23	15:34 3:07	20:09 4:35	24:13 4:04	28:54 4:41	31:07 2:13	35:29 4:22	75:14 39:45	76:13 0:59	80:03 3:50	88:51 8:48	93:11 4:20	95:37 2:26	97:01 1:24	98:11 1:10	108:58 10:47	1
mp	1165	Zoe Walsh POW	W14	43:38	5:25 5:25	8:13 2:48	10:01 1:48	12:35 2:34	16:18 3:43	19:14 2:56	20:55 1:41	22:40 1:45	25:55 3:15	26:53 0:58	34:52 7:59	37:17 2:25	39:18 2:01	40:38 1:20	41:28 0:50	----- -----	43:22 -----	

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