

Results for Swindale North

Split times for M45S

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Pos	No.	Name	Age Class	Time	1 (160)	2 (122)	3 (180)	4 (149)	5 (116)	6 (146)	7 (164)	8 (117)	9 (110)	10 (183)	11 (199)	Finish
1	1611	Nicholas Lightfoot SYO	M45	40:38	7:50 7:50	12:40 4:50	17:27 4:47	20:02 2:35	21:23 1:21	24:10 2:47	26:56 2:46	31:05 4:09	33:40 2:35	38:44 5:04	40:24 1:40	40:38 0:14
2	1096	David Averill BAOC	M45	40:56	8:33 8:33	13:32 4:59	18:05 4:33	20:23 2:18	21:40 1:17	24:36 2:56	26:23 1:47	30:11 3:48	34:03 3:52	39:39 5:36	40:46 1:07	40:56 0:10
3	58	Mick Brett CHIG	M45	40:58	8:07 8:07	13:43 5:36	19:13 5:30	21:53 2:40	23:18 1:25	26:05 2:47	28:01 1:56	31:54 3:53	34:25 2:31	39:29 5:04	40:42 1:13	40:58 0:16
4	1863	Hugh Potter NATO	M40	43:09	8:38 8:38	14:29 5:51	19:07 4:38	21:55 2:48	23:30 1:35	26:07 2:37	28:56 2:49	32:42 3:46	37:42 5:00	41:57 4:15	42:57 1:00	43:09 0:12
5	1865	Peter Sacares LOK	M45	44:43	10:31 10:31	15:16 4:45	20:06 4:50	22:29 2:23	25:30 3:01	28:51 3:21	31:10 2:19	34:54 3:44	37:31 2:37	43:24 5:53	44:26 1:02	44:43 0:17
6	1488	Steve Dempsey MDOC	M45	45:02	7:56 7:56	16:39 8:43	21:24 4:45	23:44 2:20	24:59 1:15	27:35 2:36	29:48 2:13	33:24 3:36	36:34 3:10	41:02 4:28	44:43 3:41	45:02 0:19
7	428	Paul Taylor EPOC	M45	45:07	8:10 8:10	14:15 6:05	19:05 4:50	21:59 2:54	23:21 1:22	26:11 2:50	28:13 2:02	32:17 4:04	38:25 6:08	43:47 5:22	44:51 1:04	45:07 0:16
8	420	Paul Wood AIRE	M45	48:44	10:09 10:09	16:27 6:18	22:47 6:20	25:41 2:54	27:25 1:44	30:45 3:20	33:08 2:23	37:35 4:27	41:06 3:31	46:53 5:47	48:29 1:36	48:44 0:15
n/c	1866	Robert Browne LOC	M21	54:56	11:23 11:23	21:00 9:37	25:54 4:54	28:44 2:50	30:08 1:24	33:32 3:24	35:48 2:16	40:14 4:26	47:04 6:50	53:24 6:20	54:36 1:12	54:56 0:20
9	648	Richard Hill DEE	M45	55:44	16:20 16:20	23:59 7:39	29:55 5:56	33:01 3:06	34:52 1:51	38:12 3:20	40:27 2:15	44:57 4:30	48:35 3:38	54:15 5:40	55:28 1:13	55:44 0:16
10	965	Andy Campbell DEE	M45	56:19	9:38 9:38	15:12 5:34	20:50 5:38	24:10 3:20	25:48 1:38	29:52 4:04	32:51 2:59	37:58 5:07	47:19 9:21	53:43 6:24	56:02 2:19	56:19 0:17
11	1617	Ian Gamlen COBOC	M45	58:26	11:30 11:30	17:30 6:00	23:27 5:57	26:15 2:48	28:02 1:47	31:45 3:43	35:01 3:16	40:03 5:02	49:25 9:22	55:28 6:03	58:07 2:39	58:26 0:19
12	72	Mike Edwards HH	M45	59:36	11:17 11:17	18:43 7:26	26:23 7:40	30:13 3:50	32:34 2:21	37:00 4:26	40:02 3:02	45:20 5:18	49:19 3:59	57:40 8:21	59:20 1:40	59:36 0:16
13	562	Bruce Woodley AIRE	M45	60:00	10:56 10:56	17:56 7:00	23:56 6:00	27:56 4:00	29:56 2:00	33:56 4:00	38:56 5:00	43:56 5:00	51:56 8:00	57:56 6:00	59:41 1:45	60:00 0:19

14	1683	Simon Mortlock SOLWAY	M45	60:04	18:58 18:58	24:41 5:43	30:01 5:20	33:01 3:00	35:30 2:29	39:31 4:01	42:36 3:05	47:01 4:25	51:08 4:07	56:45 5:37	59:46 3:01	60:04 0:18
15	1812	Paul Wright PFO	M45	61:39	13:55 13:55	21:19 7:24	28:35 7:16	33:29 4:54	35:07 1:38	38:50 3:43	41:07 2:17	49:01 7:54	53:37 4:36	60:13 6:36	61:25 1:12	61:39 0:14
16	116	Martin Pickering DEE	M45	62:48	12:42 12:42	19:40 6:58	26:08 6:28	30:02 3:54	32:32 2:30	37:20 4:48	40:07 2:47	49:20 9:13	53:47 4:27	60:47 7:00	62:31 1:44	62:48 0:17
17	1861	Tim Field LOC	M45	67:10	13:33 13:33	19:51 6:18	26:39 6:48	31:21 4:42	33:15 1:54	37:52 4:37	40:29 2:37	46:59 6:30	56:39 9:40	65:33 8:54	66:47 1:14	67:10 0:23
18	1597	Ian Milne BOK	M45	79:30	15:29 15:29	30:04 14:35	39:46 9:42	44:42 4:56	46:52 2:10	52:31 5:39	55:51 3:20	63:36 7:45	68:27 4:51	77:27 9:00	79:17 1:50	79:30 0:13
19	79	David Potter BOK	M45	82:11	17:17 17:17	24:08 6:51	32:07 7:59	36:44 4:37	38:35 1:51	44:21 5:46	47:08 2:47	55:25 8:17	73:01 17:36	80:22 7:21	81:55 1:33	82:11 0:16
20	642	Robin Stevens LOG	M45	85:47	11:52 11:52	22:05 10:13	32:47 10:42	38:22 5:35	43:12 4:50	48:32 5:20	54:22 5:50	62:22 8:00	69:31 7:09	83:19 13:48	85:25 2:06	85:47 0:22
21	1587	Chris Whitby WCOC	M45	94:21	37:21 37:21	45:16 7:55	52:26 7:10	58:44 6:18	60:50 2:06	66:27 5:37	69:03 2:36	78:03 9:00	82:50 4:47	92:21 9:31	94:03 1:42	94:21 0:18

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