

Results for Swindale North

Split times for M45L

[...return to index](#)

Pos	No.	Name	Age Class	Time	1 (163)	2 (139)	3 (176)	4 (126)	5 (171)	6 (179)	7 (181)	8 (146)	9 (135)	10 (191)	11 (155)	12 (183)	13 (199)	Finish
1	801	Jonathan Emberton EPOC	M45	53:41	7:52 7:52	10:33 2:41	13:38 3:05	18:39 5:01	24:14 5:35	31:39 7:25	36:06 4:27	38:58 2:52	41:59 3:01	45:11 3:12	48:06 2:55	52:32 4:26	53:29 0:57	53:41 0:12
2	663	Charlie Adams SYO	M45	53:49	7:55 7:55	12:13 4:18	15:25 3:12	20:23 4:58	25:24 5:01	32:12 6:48	----- -----	38:43 -----	41:54 3:11	44:58 3:04	48:01 3:03	52:27 4:26	53:30 1:03	53:49 0:19
3	715	Roger Thetford TVOC	M45	54:02	8:37 8:37	11:23 2:46	14:18 2:55	19:17 4:59	24:23 5:06	31:35 7:12	36:14 4:39	39:27 3:13	42:53 3:26	45:46 2:53	48:37 2:51	52:37 4:00	53:48 1:11	54:02 0:14
4	997	Robert Lee INT	M45	54:43	8:15 8:15	11:15 3:00	14:22 3:07	20:07 5:45	25:41 5:34	32:27 6:46	36:39 4:12	39:32 2:53	42:33 3:01	45:51 3:18	48:37 2:46	53:25 4:48	54:26 1:01	54:43 0:17
5	730	Clive Hallett BOK	M45	54:59	8:03 8:03	10:24 2:21	16:42 6:18	21:09 4:27	25:56 4:47	32:47 6:51	37:06 4:19	39:39 2:33	42:23 2:44	45:02 2:39	48:47 3:45	53:44 4:57	54:44 1:00	54:59 0:15
6	761	Eddie Harwood MOR	M55	55:01	8:27 8:27	11:15 2:48	14:19 3:04	19:42 5:23	25:06 5:24	32:41 7:35	36:50 4:09	40:23 3:33	43:28 3:05	46:38 3:10	49:33 2:55	53:47 4:14	54:46 0:59	55:01 0:15
7	812	Anthony Hall SYO	M45	60:12	11:08 11:08	14:13 3:05	17:52 3:39	23:13 5:21	28:45 5:32	36:46 8:01	41:21 4:35	44:26 3:05	47:40 3:14	51:08 3:28	54:21 3:13	58:54 4:33	59:58 1:04	60:12 0:14
8	414	David McCann MDOC	M45	60:59	11:16 11:16	14:12 2:56	17:40 3:28	23:25 5:45	29:18 5:53	37:37 8:19	42:29 4:52	45:09 2:40	48:39 3:30	52:07 3:28	55:01 2:54	59:44 4:43	60:44 1:00	60:59 0:15
9	955	Nigel Bunn TVOC	M45	62:14	7:57 7:57	10:39 2:42	13:24 2:45	18:02 4:38	24:14 6:12	31:06 6:52	42:39 11:33	45:39 3:00	48:25 2:46	52:21 3:56	56:29 4:08	61:06 4:37	62:00 0:54	62:14 0:14
10	197	Jon Hateley DEE	M45	62:33	9:22 9:22	12:30 3:08	15:48 3:18	21:32 5:44	27:10 5:38	35:29 8:19	40:16 4:47	44:07 3:51	47:47 3:40	51:31 3:44	55:10 3:39	61:06 5:56	62:18 1:12	62:33 0:15
11	1014	Kenneth Daly INT	M45	62:51	10:19 10:19	13:39 3:20	17:06 3:27	23:02 5:56	29:41 6:39	38:17 8:36	43:03 4:46	46:00 2:57	49:22 3:22	53:02 3:40	56:35 3:33	61:27 4:52	62:35 1:08	62:51 0:16
12	1385	Steve Hinshelwood WAOC	M45	63:00	11:25 11:25	14:37 3:12	18:01 3:24	23:59 5:58	30:22 6:23	38:31 8:09	43:12 4:41	46:33 3:21	50:29 3:56	53:39 3:10	57:14 3:35	61:41 4:27	62:47 1:06	63:00 0:13
13	1581	Dan Parker BL	M45	64:39	10:14 10:14	13:43 3:29	17:05 3:22	23:09 6:04	30:42 7:33	38:27 7:45	43:40 5:13	47:06 3:26	50:35 3:29	53:56 3:21	57:06 3:10	63:17 6:11	64:23 1:06	64:39 0:16

14	921	Nick Green MV	M45	65:12	10:10 10:10	13:42 3:32	19:49 6:07	26:26 6:37	32:06 5:40	41:00 8:54	45:49 4:49	48:45 2:56	52:17 3:32	55:40 3:23	59:05 3:25	63:47 4:42	64:57 1:10	65:12 0:15
15	343	Kenny Leitch SO	M45	65:53	15:37 15:37	18:34 2:57	25:47 7:13	31:51 6:04	37:19 5:28	44:31 7:12	49:02 4:31	51:37 2:35	54:33 2:56	57:37 3:04	60:17 2:40	64:38 4:21	65:40 1:02	65:53 0:13
16	693	Howard Leslie WCOC	M45	66:24	10:01 10:01	13:20 3:19	17:16 3:56	23:58 6:42	30:59 7:01	39:53 8:54	45:17 5:24	48:29 3:12	52:39 4:10	56:34 3:55	59:47 3:13	64:47 5:00	66:08 1:21	66:24 0:16
17	365	Peter Chapman SO	M45	66:31	9:35 9:35	12:44 3:09	17:16 4:32	23:25 6:09	30:55 7:30	39:30 8:35	44:31 5:01	47:50 3:19	51:32 3:42	56:10 4:38	60:22 4:12	65:08 4:46	66:15 1:07	66:31 0:16
18	862	Chris Spencer RAFO	M45	66:39	11:15 11:15	14:33 3:18	19:16 4:43	25:24 6:08	32:35 7:11	42:45 10:10	47:37 4:52	50:08 2:31	53:42 3:34	57:28 3:46	60:51 3:23	65:23 4:32	66:23 1:00	66:39 0:16
19	1724	David Mainwaring BL	M45	67:30	10:11 10:11	13:33 3:22	17:22 3:49	23:08 5:46	29:12 6:04	38:08 8:56	47:33 9:25	50:28 2:55	54:01 3:33	57:26 3:25	61:11 3:45	66:08 4:57	67:17 1:09	67:30 0:13
20	627	Chris Hooker SO	M45	67:57	10:38 10:38	14:03 3:25	17:34 3:31	23:51 6:17	30:11 6:20	38:06 7:55	43:14 5:08	52:15 9:01	55:48 3:33	59:14 3:26	62:10 2:56	66:37 4:27	67:43 1:06	67:57 0:14
21	1041	Neil Gostick HH	M45	68:15	10:07 10:07	13:56 3:49	17:35 3:39	24:11 6:36	31:46 7:35	40:27 8:41	45:38 5:11	49:25 3:47	53:25 4:00	57:29 4:04	61:12 3:43	66:44 5:32	67:59 1:15	68:15 0:16
22	44	Dean Field SYO	M45	68:37	10:32 10:32	20:26 9:54	23:54 3:28	30:29 6:35	37:13 6:44	44:53 7:40	49:34 4:41	52:01 2:27	55:24 3:23	59:24 4:00	62:33 3:09	67:20 4:47	68:21 1:01	68:37 0:16
23	1635	Steve Webb AIRE	M45	68:53	9:27 9:27	12:06 2:39	24:06 12:00	31:15 7:09	36:53 5:38	44:09 7:16	47:52 3:43	51:06 3:14	55:41 4:35	58:26 2:45	61:23 2:57	67:42 6:19	68:38 0:56	68:53 0:15
24	464	Adrian Moir SWOC	M45	69:06	11:11 11:11	15:09 3:58	19:22 4:13	26:32 7:10	33:03 6:31	42:23 9:20	47:49 5:26	50:43 2:54	55:35 4:52	59:08 3:33	62:34 3:26	67:41 5:07	68:49 1:08	69:06 0:17
25	145	Ralf Buechner LG-OST	M45	69:27	11:09 11:09	14:24 3:15	18:05 3:41	24:51 6:46	31:38 6:47	41:18 9:40	----- -----	51:59 -----	55:34 3:35	59:22 3:48	62:42 3:20	68:05 5:23	69:14 1:09	69:27 0:13
26	534	Ian Selby SROC	M45	69:56	9:59 9:59	13:09 3:10	18:14 5:05	24:23 6:09	31:52 7:29	41:49 9:57	46:57 5:08	51:16 4:19	54:49 3:33	58:55 4:06	62:53 3:58	68:25 5:32	69:42 1:17	69:56 0:14
27	791	Jose Fermin Corral GOCAN	M45	70:20	10:29 10:29	13:57 3:28	18:01 4:04	24:31 6:30	31:15 6:44	41:52 10:37	46:59 5:07	52:35 5:36	55:54 3:19	60:53 4:59	64:11 3:18	68:58 4:47	70:05 1:07	70:20 0:15
28	1133	Jeff Goodwin WCOC	M45	71:25	9:09 9:09	12:05 2:56	15:26 3:21	28:50 13:24	36:23 7:33	43:43 7:20	48:23 4:40	51:54 3:31	58:30 6:36	61:54 3:24	64:45 2:51	70:14 5:29	71:13 0:59	71:25 0:12
29	1621	David Vincent DVO	M45	71:44	11:54 11:54	16:48 4:54	20:28 3:40	26:51 6:23	33:21 6:30	42:15 8:54	50:51 8:36	53:58 3:07	57:23 3:25	61:05 3:42	64:43 3:38	69:58 5:15	71:31 1:33	71:44 0:13
30	1824	Jim Trueman MDOC	M45	72:18	15:42 15:42	18:41 2:59	21:58 3:17	27:31 5:33	37:27 9:56	45:20 7:53	50:01 4:41	53:56 3:55	57:32 3:36	60:47 3:15	65:42 4:55	71:00 5:18	72:03 1:03	72:18 0:15
31	1819	Iain Shepherd INVOC	M45	72:25	14:36 14:36	18:29 3:53	26:26 7:57	32:15 5:49	38:16 6:01	46:07 7:51	50:23 4:16	54:20 3:57	57:30 3:10	60:53 3:23	66:26 5:33	71:10 4:44	72:10 1:00	72:25 0:15
32	1650	David Harrison SYO	M45	72:54	12:07 12:07	16:01 3:54	25:07 9:06	31:07 6:00	37:43 6:36	46:08 8:25	----- -----	55:33 -----	59:45 4:12	63:47 4:02	67:04 3:17	71:45 4:41	72:40 0:55	72:54 0:14
33	203	Ian Buxton TVOC	M45	73:04	11:12 11:12	14:50 3:38	19:12 4:22	26:48 7:36	34:03 7:15	43:38 9:35	----- -----	53:46 -----	58:16 4:30	62:05 3:49	65:58 3:53	71:38 5:40	72:48 1:10	73:04 0:16

34	1501	Andrew Bradley WCOC	M45	73:29	10:58 10:58	14:38 3:40	19:40 5:02	32:34 12:54	39:52 7:18	48:13 8:21	52:15 4:02	55:58 3:43	60:28 4:30	64:18 3:50	67:18 3:00	72:09 4:51	73:15 1:06	73:29 0:14
35	1274	Pascal Legere VALMO	M45	73:43	9:07 9:07	12:09 3:02	23:39 11:30	29:12 5:33	34:55 5:43	47:52 12:57	53:25 5:33	57:23 3:58	60:53 3:30	64:11 3:18	67:41 3:30	72:11 4:30	73:28 1:17	73:43 0:15
36	1652	Roman Koucky Ekonom Praha	M45	74:10	11:58 11:58	15:34 3:36	19:49 4:15	25:39 5:50	32:16 6:37	45:50 13:34	51:30 5:40	56:01 4:31	59:50 3:49	64:22 4:32	68:26 4:04	72:34 4:08	73:55 1:21	74:10 0:15
37	1272	Phil Newall KERNO	M45	74:11	10:11 10:11	15:25 5:14	28:53 13:28	34:30 5:37	40:41 6:11	50:45 10:04	55:13 4:28	57:56 2:43	61:26 3:30	65:05 3:39	68:05 3:00	72:54 4:49	73:58 1:04	74:11 0:13
38	94	Phillip Batts CLOK	M45	75:04	10:22 10:22	13:48 3:26	22:17 8:29	28:44 6:27	35:20 6:36	46:23 11:03	51:23 5:00	56:07 4:44	60:06 3:59	64:08 4:02	67:43 3:35	73:40 5:57	74:47 1:07	75:04 0:17
39	230	Alan Hickling SAX	M45	75:41	11:01 11:01	16:04 5:03	25:09 9:05	31:18 6:09	38:16 6:58	48:37 10:21	53:29 4:52	56:44 3:15	62:17 5:33	66:07 3:50	69:31 3:24	74:19 4:48	75:27 1:08	75:41 0:14
40	1078	Julian Warren NN	M45	76:41	11:50 11:50	15:54 4:04	20:22 4:28	28:29 8:07	35:42 7:13	45:23 9:41	51:28 6:05	55:30 4:02	60:34 5:04	65:03 4:29	69:03 4:00	74:52 5:49	76:22 1:30	76:41 0:19
41	1031	Rupert Hornby RAFO	M45	77:06	13:30 13:30	17:40 4:10	21:41 4:01	27:49 6:08	33:57 6:08	45:02 11:05	50:20 5:18	56:00 5:40	62:38 6:38	65:44 3:06	70:53 5:09	75:28 4:35	76:50 1:22	77:06 0:16
42	1618	Richard Savage BOK	M45	77:24	14:17 14:17	17:08 2:51	20:47 3:39	27:17 6:30	33:27 6:10	45:53 12:26	50:48 4:55	57:44 6:56	63:09 5:25	67:24 4:15	70:45 3:21	75:59 5:14	77:07 1:08	77:24 0:17
43	287	Ian Marshall AIRE	M45	77:45	16:07 16:07	20:12 4:05	26:47 6:35	33:27 6:40	39:48 6:21	49:19 9:31	56:25 7:06	60:40 4:15	64:29 3:49	67:55 3:26	71:45 3:50	76:22 4:37	77:32 1:10	77:45 0:13
44	553	Luc Cloostermans HAMOK	M45	77:52	12:55 12:55	16:20 3:25	20:21 4:01	28:16 7:55	34:50 6:34	43:37 8:47	52:16 8:39	58:45 6:29	63:19 4:34	67:12 3:53	70:57 3:45	76:25 5:28	77:37 1:12	77:52 0:15
45	100	Martin Skinner WCOC	M45	78:33	11:35 11:35	14:42 3:07	29:01 14:19	34:52 5:51	43:16 8:24	51:10 7:54	57:06 5:56	59:58 2:52	64:28 4:30	67:58 3:30	71:34 3:36	77:03 5:29	78:19 1:16	78:33 0:14
46	383	Robert Lines SO	M45	79:35	11:46 11:46	16:14 4:28	20:13 3:59	31:15 11:02	38:16 7:01	47:31 9:15	53:27 5:56	59:28 6:01	64:11 4:43	68:05 3:54	72:25 4:20	77:53 5:28	79:22 1:29	79:35 0:13
47	507	Peter Warland SOS	M45	80:36	14:13 14:13	17:56 3:43	23:51 5:55	31:00 7:09	37:39 6:39	47:55 10:16	54:05 6:10	58:47 4:42	62:48 4:01	67:55 5:07	72:00 4:05	78:38 6:38	80:21 1:43	80:36 0:15
48	1387	Mark Hawker BL	M45	85:18	11:22 11:22	17:46 6:24	25:37 7:51	32:47 7:10	40:03 7:16	50:24 10:21	55:59 5:35	60:37 4:38	69:31 8:54	74:13 4:42	78:31 4:18	83:43 5:12	84:59 1:16	85:18 0:19
49	1523	Simon Thraves SO	M45	85:25	11:18 11:18	16:50 5:32	37:13 20:23	43:16 6:03	49:31 6:15	59:11 9:40	63:31 4:20	67:08 3:37	72:07 4:59	75:45 3:38	79:10 3:25	84:10 5:00	85:09 0:59	85:25 0:16
50	38	Clive Wilkinson SUFFOC	M45	88:03	13:09 13:09	17:39 4:30	22:03 4:24	32:34 10:31	40:47 8:13	54:01 13:14	60:45 6:44	66:27 5:42	71:32 5:05	75:49 4:17	80:21 4:32	86:23 6:02	87:45 1:22	88:03 0:18
51	1070	Tony Marlow SROC	M45	88:21	13:28 13:28	16:50 3:22	30:40 13:50	38:47 8:07	45:34 6:47	56:35 11:01	63:58 7:23	68:38 4:40	72:56 4:18	76:42 3:46	81:16 4:34	86:59 5:43	88:07 1:08	88:21 0:14
52	733	Kelvin Davies BOK	M45	88:42	16:56 16:56	20:58 4:02	25:26 4:28	34:00 8:34	41:34 7:34	53:08 11:34	59:47 6:39	65:28 5:41	70:54 5:26	75:12 4:18	81:12 6:00	87:11 5:59	88:29 1:18	88:42 0:13
53	69	Adam Leaf HH	M45	89:12	13:06 13:06	17:16 4:10	21:52 4:36	31:09 9:17	39:19 8:10	52:08 12:49	62:11 10:03	68:38 6:27	73:01 4:23	77:33 4:32	81:48 4:15	87:35 5:47	88:55 1:20	89:12 0:17

54	748	Willard Wright NATO	M45	90:25	12:09 12:09	15:59 3:50	20:23 4:24	32:50 12:27	39:23 6:33	53:37 14:14	60:20 6:43	66:03 5:43	71:41 5:38	79:12 7:31	83:35 4:23	88:56 5:21	90:12 1:16	90:25 0:13
55	372	Michael Muggeridge HAVOC	M45	90:41	18:02 18:02	22:14 4:12	26:54 4:40	34:27 7:33	45:01 10:34	58:01 13:00	64:11 6:10	68:38 4:27	72:55 4:17	79:07 6:12	83:02 3:55	89:01 5:59	90:22 1:21	90:41 0:19
56	1051	Mark Edwards SROC	M45	93:23	13:25 13:25	18:16 4:51	22:16 4:00	42:34 20:18	48:41 6:07	57:44 9:03	63:56 6:12	72:34 8:38	77:48 5:14	81:42 3:54	85:16 3:34	91:26 6:10	93:07 1:41	93:23 0:16
57	50	David Cooper WAOC	M45	93:45	19:03 19:03	22:26 3:23	36:05 13:39	42:49 6:44	49:34 6:45	62:13 12:39	69:00 6:47	73:24 4:24	78:15 4:51	82:37 4:22	86:30 3:53	92:13 5:43	93:32 1:19	93:45 0:13
58	1438	Ian Howells RAFO	M45	95:54	10:26 10:26	13:32 3:06	26:24 12:52	33:47 7:23	41:16 7:29	65:26 24:10	71:52 6:26	75:45 3:53	79:37 3:52	83:16 3:39	88:28 5:12	94:35 6:07	95:38 1:03	95:54 0:16
59	1533	Dorien James SMOC	M45	96:36	14:56 14:56	18:23 3:27	27:22 8:59	34:21 6:59	51:44 17:23	60:31 8:47	66:38 6:07	72:00 5:22	76:49 4:49	86:41 9:52	90:00 3:19	94:59 4:59	96:24 1:25	96:36 0:12
60	382	Peter Martin MV	M45	99:26	15:37 15:37	19:57 4:20	23:57 4:00	36:20 12:23	48:08 11:48	64:41 16:33	70:23 5:42	75:40 5:17	80:56 5:16	87:06 6:10	91:45 4:39	97:38 5:53	99:10 1:32	99:26 0:16
61	871	Trevor Hindle MDOC	M45	100:56	13:54 13:54	19:18 5:24	25:33 6:15	33:16 7:43	42:46 9:30	57:01 14:15	64:39 7:38	74:58 10:19	80:44 5:46	85:42 4:58	94:27 8:45	99:18 4:51	100:44 1:26	100:56 0:12
62	1034	Christopher Poole RAFO	M45	107:00	20:30 20:30	25:58 5:28	35:26 9:28	43:29 8:03	53:12 9:43	65:29 12:17	73:09 7:40	79:55 6:46	85:46 5:51	92:40 6:54	98:33 5:53	104:37 6:04	106:45 2:08	107:00 0:15
63	1808	Simon Maytum WCOC	M45	109:18	16:16 16:16	20:02 3:46	50:59 30:57	59:08 8:09	66:33 7:25	77:32 10:59	83:45 6:13	87:02 3:17	92:49 5:47	97:07 4:18	100:52 3:45	107:47 6:55	109:00 1:13	109:18 0:18
64	223	Pat Benjamin BOK	M45	111:11	21:49 21:49	26:22 4:33	41:06 14:44	49:12 8:06	57:52 8:40	72:14 14:22	79:57 7:43	85:02 5:05	90:46 5:44	98:39 7:53	103:12 4:33	109:30 6:18	110:57 1:27	111:11 0:14
65	313	Tony Smith DEVON	M55	120:01	16:28 16:28	21:53 5:25	27:56 6:03	40:52 12:56	48:43 7:51	77:47 29:04	87:00 9:13	91:25 4:25	97:37 6:12	103:17 5:40	108:07 4:50	118:05 9:58	119:48 1:43	120:01 0:13
66	1664	Chris Petre WCOC	M45	123:03	18:08 18:08	22:42 4:34	26:37 3:55	39:50 13:13	47:37 7:47	79:14 31:37	----- -----	94:37 -----	100:02 5:25	105:03 5:01	111:57 6:54	121:03 9:06	122:42 1:39	123:03 0:21
67	1019	Barry McElearney SO	M45	129:43	18:16 18:16	23:36 5:20	27:39 4:03	37:34 9:55	43:42 6:08	85:16 41:34	92:10 6:54	96:57 4:47	105:13 8:16	110:40 5:27	122:37 11:57	128:05 5:28	129:27 1:22	129:43 0:16
mp	1615	Ray Johnstone WCOC	M55	84:01	12:48 12:48	17:05 4:17	26:44 9:39	36:00 9:16	44:14 8:14	54:37 10:23	60:04 5:27	----- -----	68:05 -----	72:27 4:22	76:03 3:36	82:14 6:11	83:44 1:30	84:01 0:17