

## Results for Swindale North

### Split times for M40L

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| Pos | No.  | Name                        | Age<br>Class | Time  | 1<br>(106)   | 2<br>(169)   | 3<br>(152)    | 4<br>(148)    | 5<br>(126)    | 6<br>(175)    | 7<br>(177)    | 8<br>(180)     | 9<br>(157)    | 10<br>(144)   | 11<br>(150)   | 12<br>(136)   | 13<br>(120)   | 14<br>(110)   | 15<br>(183)   | 16<br>(199) |
|-----|------|-----------------------------|--------------|-------|--------------|--------------|---------------|---------------|---------------|---------------|---------------|----------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|-------------|
| 1   | 810  | James Logue<br>EPOC         | M40          | 55:28 | 3:19<br>3:19 | 6:20<br>3:01 | 10:40<br>4:20 | 14:15<br>3:35 | 20:08<br>5:53 | 22:34<br>2:26 | 23:46<br>1:12 | 37:36<br>13:50 | 40:22<br>2:46 | 42:08<br>1:46 | 43:15<br>1:07 | 45:26<br>2:11 | 47:44<br>2:18 | 50:35<br>2:51 | 54:24<br>3:49 | 55:1<br>0:4 |
| 2   | 1217 | Nils Schmiedeberg<br>LG Ost | M40          | 59:10 | 4:50<br>4:50 | 8:03<br>3:13 | 12:34<br>4:31 | 16:59<br>4:25 | 22:45<br>5:46 | 25:15<br>2:30 | 26:46<br>1:31 | 40:26<br>13:40 | 43:26<br>3:00 | 45:32<br>2:06 | 47:00<br>1:28 | 49:18<br>2:18 | 51:37<br>2:19 | 54:13<br>2:36 | 58:04<br>3:51 | 58:5<br>0:5 |
| 3   | 1328 | Andrew Dale<br>ECKO         | M40          | 61:33 | 4:03<br>4:03 | 7:41<br>3:38 | 12:30<br>4:49 | 17:16<br>4:46 | 23:50<br>6:34 | 26:33<br>2:43 | 27:58<br>1:25 | 42:18<br>14:20 | 45:31<br>3:13 | 47:35<br>2:04 | 48:50<br>1:15 | 51:03<br>2:13 | 53:39<br>2:36 | 56:23<br>2:44 | 60:29<br>4:06 | 61:2<br>0:5 |
| 4   | 441  | Niklas Bratt<br>OK Orion    | M40          | 62:37 | 3:53<br>3:53 | 7:12<br>3:19 | 13:06<br>5:54 | 17:24<br>4:18 | 23:46<br>6:22 | 26:43<br>2:57 | 28:09<br>1:26 | 43:05<br>14:56 | 45:58<br>2:53 | 48:03<br>2:05 | 49:25<br>1:22 | 51:48<br>2:23 | 54:26<br>2:38 | 57:25<br>2:59 | 61:27<br>4:02 | 62:2<br>0:5 |
| 5   | 407  | Peter Ward<br>NGOC          | M40          | 63:34 | 4:46<br>4:46 | 8:17<br>3:31 | 13:05<br>4:48 | 17:03<br>3:58 | 23:22<br>6:19 | 26:14<br>2:52 | 27:41<br>1:27 | 42:23<br>14:42 | 45:41<br>3:18 | 47:53<br>2:12 | 49:11<br>1:18 | 53:21<br>4:10 | 55:39<br>2:18 | 58:32<br>2:53 | 62:30<br>3:58 | 63:2<br>0:5 |
| 6   | 1558 | Richard Barrett<br>SBOC     | M40          | 65:06 | 3:44<br>3:44 | 6:51<br>3:07 | 12:02<br>5:11 | 16:05<br>4:03 | 22:03<br>5:58 | 24:44<br>2:41 | 26:19<br>1:35 | 44:18<br>17:59 | 47:14<br>2:56 | 49:19<br>2:05 | 50:36<br>1:17 | 52:41<br>2:05 | 56:40<br>3:59 | 59:44<br>3:04 | 64:01<br>4:17 | 64:5<br>0:5 |
| 7   | 248  | Graham Watson<br>AIRE       | M40          | 65:28 | 4:01<br>4:01 | 9:43<br>5:42 | 15:02<br>5:19 | 19:06<br>4:04 | 25:28<br>6:22 | 28:12<br>2:44 | 29:45<br>1:33 | 44:44<br>14:59 | 47:56<br>3:12 | 50:08<br>2:12 | 51:23<br>1:15 | 53:50<br>2:27 | 56:37<br>2:47 | 59:44<br>3:07 | 64:13<br>4:29 | 65:1<br>1:0 |
| 8   | 1493 | Simon Patton<br>FVO         | M40          | 65:45 | 4:58<br>4:58 | 8:32<br>3:34 | 15:15<br>6:43 | 19:17<br>4:02 | 25:18<br>6:01 | 27:59<br>2:41 | 29:37<br>1:38 | 44:48<br>15:11 | 48:25<br>3:37 | 50:28<br>2:03 | 51:55<br>1:27 | 54:14<br>2:19 | 57:19<br>3:05 | 60:13<br>2:54 | 64:18<br>4:05 | 65:3<br>1:1 |
| 9   | 923  | Richard Dearden<br>HOC      | M40          | 68:09 | 4:16<br>4:16 | 7:35<br>3:19 | 13:33<br>5:58 | 17:53<br>4:20 | 24:53<br>7:00 | 27:35<br>2:42 | 29:49<br>2:14 | 44:08<br>14:19 | 47:44<br>3:36 | 49:52<br>2:08 | 51:17<br>1:25 | 53:39<br>2:22 | 60:17<br>6:38 | 63:15<br>2:58 | 67:04<br>3:49 | 67:5<br>0:5 |
| 10  | 1185 | Justin Williams<br>LOG      | M45          | 69:37 | 4:13<br>4:13 | 7:39<br>3:26 | 15:03<br>7:24 | 19:40<br>4:37 | 25:36<br>5:56 | 28:14<br>2:38 | 30:33<br>2:19 | 47:07<br>16:34 | 50:15<br>3:08 | 53:36<br>3:21 | 54:55<br>1:19 | 57:26<br>2:31 | 60:37<br>3:11 | 63:59<br>3:22 | 68:07<br>4:08 | 69:2<br>1:1 |
| 11  | 668  | Jason Inman<br>FVO          | M40          | 70:13 | 4:30<br>4:30 | 8:21<br>3:51 | 14:19<br>5:58 | 19:36<br>5:17 | 27:06<br>7:30 | 30:29<br>3:23 | 32:06<br>1:37 | 48:13<br>16:07 | 51:37<br>3:24 | 54:00<br>2:23 | 55:29<br>1:29 | 57:58<br>2:29 | 61:16<br>3:18 | 64:25<br>3:09 | 68:58<br>4:33 | 69:5<br>1:0 |
| 12  | 1572 | Phil Marsland<br>SLOW       | M40          | 70:26 | 4:25<br>4:25 | 7:58<br>3:33 | 12:59<br>5:01 | 18:09<br>5:10 | 24:43<br>6:34 | 27:58<br>3:15 | 30:40<br>2:42 | 46:29<br>15:49 | 50:32<br>4:03 | 53:01<br>2:29 | 54:37<br>1:36 | 58:09<br>3:32 | 61:12<br>3:03 | 64:52<br>3:40 | 69:09<br>4:17 | 70:1<br>1:0 |

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| 13 | 1201 | Alan Irving<br>WCOC               | M40 | 71:48 | 4:42<br>4:42   | 8:25<br>3:43  | 14:09<br>5:44 | 18:54<br>4:45 | 26:43<br>7:49 | 29:41<br>2:58 | 31:17<br>1:36 | 49:00<br>17:43 | 52:33<br>3:33 | 55:00<br>2:27 | 56:30<br>1:30 | 59:14<br>2:44 | 62:18<br>3:04 | 65:35<br>3:17 | 70:22<br>4:47 | 71:3 |
| 14 | 1606 | Paul Thornton<br>CLOK             | M50 | 72:46 | 4:11<br>4:11   | 8:04<br>3:53  | 14:35<br>6:31 | 19:33<br>4:58 | 26:39<br>7:06 | 29:48<br>3:09 | 31:20<br>1:32 | 49:04<br>17:44 | 52:30<br>3:26 | 54:52<br>2:22 | 56:28<br>1:36 | 60:06<br>3:38 | 63:07<br>3:01 | 66:10<br>3:03 | 71:31<br>5:21 | 72:3 |
| 15 | 1050 | Andy Thorpe<br>EPOC               | M40 | 73:50 | 4:10<br>4:10   | 10:48<br>6:38 | 18:20<br>7:32 | 23:34<br>5:14 | 29:59<br>6:25 | 33:16<br>3:17 | 34:54<br>1:38 | 51:58<br>17:04 | 55:07<br>3:09 | 57:31<br>2:24 | 58:53<br>1:22 | 61:07<br>2:14 | 63:48<br>2:41 | 67:35<br>3:47 | 72:43<br>5:08 | 73:3 |
| 16 | 35   | Max Cole<br>LEI                   | M40 | 74:27 | 4:30<br>4:30   | 9:35<br>5:05  | 15:01<br>5:26 | 21:51<br>6:50 | 28:46<br>6:55 | 31:43<br>2:57 | 33:34<br>1:51 | 49:25<br>15:51 | 52:51<br>3:26 | 55:19<br>2:28 | 56:47<br>1:28 | 59:18<br>2:31 | 64:10<br>4:52 | 67:58<br>3:48 | 73:01<br>5:03 | 74:7 |
| 17 | 395  | Edouard Salathe<br>MDOC           | M40 | 76:31 | 4:31<br>4:31   | 8:26<br>3:55  | 13:36<br>5:10 | 18:51<br>5:15 | 26:12<br>7:21 | 29:54<br>3:42 | 31:23<br>1:29 | 50:12<br>18:49 | 53:45<br>3:33 | 56:01<br>2:16 | 57:21<br>1:20 | 59:58<br>2:37 | 62:54<br>2:56 | 70:26<br>7:32 | 75:22<br>4:56 | 76:2 |
| 18 | 1392 | Andrew Monro<br>HOC               | M40 | 79:30 | 6:09<br>6:09   | 10:06<br>3:57 | 16:31<br>6:25 | 22:32<br>6:01 | 30:02<br>7:30 | 33:17<br>3:15 | 35:06<br>1:49 | 53:01<br>17:55 | 56:47<br>3:46 | 59:31<br>2:44 | 61:07<br>1:36 | 64:14<br>3:07 | 67:13<br>2:59 | 71:06<br>3:53 | 78:13<br>7:07 | 79:1 |
| 19 | 949  | Charles Mayes<br>CLOK             | M40 | 79:57 | 4:38<br>4:38   | 8:37<br>3:59  | 15:44<br>7:07 | 20:09<br>4:25 | 27:26<br>7:17 | 30:48<br>3:22 | 32:48<br>2:00 | 52:59<br>20:11 | 57:03<br>4:04 | 59:35<br>2:32 | 61:13<br>1:38 | 64:50<br>3:37 | 68:27<br>3:37 | 72:37<br>4:10 | 78:37<br>6:00 | 79:4 |
| 20 | 14   | Paul Murgatroyd<br>LOG            | M40 | 80:15 | 7:12<br>7:12   | 11:00<br>3:48 | 17:32<br>6:32 | 25:59<br>8:27 | 34:15<br>8:16 | 37:32<br>3:17 | 39:39<br>2:07 | 56:29<br>16:50 | 60:15<br>3:46 | 63:14<br>2:59 | 64:44<br>1:30 | 67:16<br>2:32 | 70:41<br>3:25 | 74:25<br>3:44 | 79:02<br>4:37 | 80:0 |
| 21 | 1825 | Richard Baxter<br>SYO             | M40 | 81:48 | 5:21<br>5:21   | 9:51<br>4:30  | 17:20<br>7:29 | 23:37<br>6:17 | 31:55<br>8:18 | 35:32<br>3:37 | 37:43<br>2:11 | 56:06<br>18:23 | 60:01<br>3:55 | 62:33<br>2:32 | 64:04<br>1:31 | 67:13<br>3:09 | 70:46<br>3:33 | 74:47<br>4:01 | 80:19<br>5:32 | 81:3 |
| 22 | 1058 | Burkhard Michaelis<br>TG Northeim | M40 | 82:01 | 5:12<br>5:12   | 9:27<br>4:15  | 16:08<br>6:41 | 21:26<br>5:18 | 29:15<br>7:49 | 32:50<br>3:35 | 34:56<br>2:06 | 54:47<br>19:51 | 58:36<br>3:49 | 61:43<br>3:07 | 63:19<br>1:36 | 65:54<br>2:35 | 69:53<br>3:59 | 73:42<br>3:49 | 80:26<br>6:44 | 81:4 |
| 23 | 1391 | Neil Speers<br>DFOK               | M40 | 82:50 | 5:02<br>5:02   | 9:20<br>4:18  | 16:03<br>6:43 | 21:20<br>5:17 | 29:41<br>8:21 | 33:15<br>3:34 | 35:09<br>1:54 | 54:24<br>19:15 | 58:27<br>4:03 | 61:14<br>2:47 | 62:49<br>1:35 | 66:08<br>3:19 | 70:27<br>4:19 | 74:44<br>4:17 | 81:19<br>6:35 | 82:3 |
| 24 | 253  | Mark Mon-Williams<br>AIRE         | M45 | 86:29 | 4:21<br>4:21   | 8:26<br>4:05  | 16:31<br>8:05 | 21:51<br>5:20 | 28:35<br>6:44 | 31:55<br>3:20 | 33:48<br>1:53 | 59:57<br>26:09 | 63:40<br>3:43 | 66:27<br>2:47 | 67:59<br>1:32 | 72:11<br>4:12 | 75:10<br>2:59 | 78:38<br>3:28 | 84:49<br>6:11 | 86:1 |
| 25 | 1134 | Mike Harrison<br>WCOC             | M40 | 87:11 | 4:50<br>4:50   | 8:55<br>4:05  | 15:30<br>6:35 | 21:28<br>5:58 | 29:39<br>8:11 | 33:35<br>3:56 | 35:48<br>2:13 | 57:10<br>21:22 | 61:44<br>4:34 | 64:40<br>2:56 | 66:44<br>2:04 | 70:43<br>3:59 | 74:49<br>4:06 | 80:47<br>5:58 | 85:47<br>5:00 | 86:5 |
| 26 | 905  | Darren Baker<br>DEE               | M40 | 87:42 | 4:37<br>4:37   | 9:23<br>4:46  | 16:19<br>6:56 | 22:06<br>5:47 | 30:54<br>8:48 | 34:20<br>3:26 | 36:30<br>2:10 | 58:06<br>21:36 | 62:21<br>4:15 | 65:46<br>3:25 | 67:29<br>1:43 | 71:19<br>3:50 | 75:02<br>3:43 | 80:09<br>5:07 | 86:25<br>6:16 | 87:2 |
| 27 | 1815 | Duncan Conway<br>LOC              | M40 | 87:58 | 5:28<br>5:28   | 11:36<br>6:08 | 18:30<br>6:54 | 24:34<br>6:04 | 32:55<br>8:21 | 36:36<br>3:41 | 39:34<br>2:58 | 61:02<br>21:28 | 64:56<br>3:54 | 67:33<br>2:37 | 69:14<br>1:41 | 72:13<br>2:59 | 76:05<br>3:52 | 80:39<br>4:34 | 86:19<br>5:40 | 87:4 |
| 28 | 77   | Stefan Roehl<br>LOK Berlin        | M40 | 90:09 | 11:02<br>11:02 | 15:29<br>4:27 | 22:56<br>7:27 | 28:29<br>5:33 | 36:48<br>8:19 | 40:32<br>3:44 | 42:48<br>2:16 | 62:29<br>19:41 | 66:28<br>3:59 | 69:12<br>2:44 | 70:55<br>1:43 | 74:41<br>3:46 | 78:42<br>4:01 | 82:44<br>4:02 | 88:30<br>5:46 | 89:5 |
| 29 | 1025 | Mike Garvin<br>SLOW               | M40 | 90:46 | 7:20<br>7:20   | 13:17<br>5:57 | 21:07<br>7:50 | 27:23<br>6:16 | 36:01<br>8:38 | 40:58<br>4:57 | 42:51<br>1:53 | 63:12<br>20:21 | 67:01<br>3:49 | 69:37<br>2:36 | 71:31<br>1:54 | 74:57<br>3:26 | 79:26<br>4:29 | 83:08<br>3:42 | 89:18<br>6:10 | 90:3 |
| 30 | 1811 | Chris Littler<br>SYO              | M40 | 96:24 | 6:10<br>6:10   | 10:42<br>4:32 | 17:16<br>6:34 | 23:35<br>6:19 | 33:23<br>9:48 | 39:15<br>5:52 | 42:18<br>3:03 | 63:48<br>21:30 | 68:16<br>4:28 | 71:19<br>3:03 | 73:22<br>2:03 | 77:48<br>4:26 | 81:48<br>4:00 | 86:22<br>4:34 | 93:09<br>6:47 | 96:0 |

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| 31  | 567  | Neville Baker<br>TVOC      | M55 | 96:26  | 6:04<br>6:04   | 9:52<br>3:48  | 16:29<br>6:37  | 23:04<br>6:35  | 31:08<br>8:04  | 34:23<br>3:15 | 40:06<br>5:43  | 66:11<br>26:05 | 70:10<br>3:59 | 72:47<br>2:37 | 75:50<br>3:03 | 78:53<br>3:03 | 83:55<br>5:02  | 89:56<br>6:01   | 94:56<br>5:00  | 96:00<br>1:1  |
| 32  | 712  | Andrew Macpherson<br>CLYDE | M40 | 102:30 | 5:39<br>5:39   | 11:42<br>6:03 | 20:45<br>9:03  | 27:01<br>6:16  | 38:10<br>11:09 | 43:08<br>4:58 | 46:04<br>2:56  | 69:19<br>23:15 | 74:10<br>4:51 | 77:23<br>3:13 | 79:33<br>2:10 | 84:46<br>5:13 | 89:15<br>4:29  | 93:50<br>4:35   | 100:42<br>6:52 | 102:10<br>1:2 |
| 33  | 1440 | Paul Beresford<br>NOC      | M40 | 105:06 | 8:40<br>8:40   | 13:33<br>4:53 | 30:34<br>17:01 | 37:06<br>6:32  | 46:14<br>9:08  | 52:12<br>5:58 | 54:13<br>2:01  | 74:38<br>20:25 | 78:49<br>4:11 | 82:09<br>3:20 | 83:47<br>1:38 | 87:06<br>3:19 | 91:19<br>4:13  | 97:42<br>6:23   | 103:41<br>5:59 | 104:40<br>1:0 |
| 34  | 466  | John Scannell<br>CorkO     | M40 | 112:55 | 5:16<br>5:16   | 8:58<br>3:42  | 19:32<br>10:34 | 40:24<br>20:52 | 48:12<br>7:48  | 52:11<br>3:59 | 53:43<br>1:32  | 77:38<br>23:55 | 81:17<br>3:39 | 83:58<br>2:41 | 92:43<br>8:45 | 97:55<br>5:12 | 101:29<br>3:34 | 105:10<br>3:41  | 111:00<br>5:50 | 112:30<br>1:3 |
| 34= | 1355 | Derek Claxton<br>NOC       | M50 | 112:55 | 9:50<br>9:50   | 14:39<br>4:49 | 22:08<br>7:29  | 29:25<br>7:17  | 39:30<br>10:05 | 43:55<br>4:25 | 48:00<br>4:05  | 69:50<br>21:50 | 75:33<br>5:43 | 79:13<br>3:40 | 81:12<br>1:59 | 87:34<br>6:22 | 99:59<br>12:25 | 105:14<br>5:15  | 111:12<br>5:58 | 112:30<br>1:2 |
| 36  | 1831 | Duncan Harris<br>DEE       |     | 115:35 | 12:08<br>12:08 | 17:28<br>5:20 | 24:25<br>6:57  | 30:48<br>6:23  | 56:42<br>25:54 | 60:40<br>3:58 | 63:08<br>2:28  | 83:31<br>20:23 | 88:38<br>5:07 | 91:46<br>3:08 | 94:24<br>2:38 | 98:36<br>4:12 | 102:43<br>4:07 | 109:04<br>6:21  | 114:23<br>5:19 | 115:20<br>0:5 |
| 37  | 566  | John Worth<br>TVOC         | M45 | 116:49 | 10:57<br>10:57 | 16:00<br>5:03 | 25:45<br>9:45  | 38:32<br>12:47 | 47:20<br>8:48  | 53:46<br>6:26 | 58:06<br>4:20  | 81:27<br>23:21 | 86:22<br>4:55 | 90:00<br>3:38 | 91:44<br>1:44 | 99:22<br>7:38 | 103:47<br>4:25 | 108:32<br>4:45  | 115:05<br>6:33 | 116:30<br>1:2 |
| 38  | 406  | John Ward<br>NOR           | M40 | 123:26 | 9:03<br>9:03   | 16:38<br>7:35 | 33:10<br>16:32 | 38:16<br>5:06  | 51:31<br>13:15 | 55:27<br>3:56 | 58:03<br>2:36  | 78:26<br>20:23 | 85:18<br>6:52 | 88:01<br>2:43 | 90:22<br>2:21 | 95:07<br>4:45 | 104:35<br>9:28 | 116:40<br>12:05 | 121:57<br>5:17 | 123:00<br>1:1 |
| mp  | 548  | Jon Brooke<br>WSX          | M40 | 71:00  | 4:02<br>4:02   | 7:24<br>3:22  | 19:15<br>11:51 | 25:22<br>6:07  | 31:33<br>6:11  | 34:33<br>3:00 | -----<br>----- | 49:59<br>----- | 52:59<br>3:00 | 55:38<br>2:39 | 56:54<br>1:16 | 59:13<br>2:19 | 62:03<br>2:50  | 65:33<br>3:30   | 69:50<br>4:17  | 70:40<br>0:5  |

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