

Penrith Urban
Split time results

Sat 13/11/2010 17:08
 created by [OE2003 © Stephan Krämer 2007](#)

P1	Stno	Name	Time						
1	(37)				3.8 km	20 C			
					1 (101)	2 (102)	3 (103)	4 (104)	
5 (105)	6 (106)	7 (107)	8 (108)	9 (109)	10 (110)	11 (111)	12 (112)		
13 (113)	14 (114)								
					15 (115)	16 (116)	17 (117)	18 (118)	
19 (119)	20 (120)		F						
1	Phil Winskill			23:43	0:38	1:05	2:18	3:05	
3:54	5:06	5:45	6:43	7:42	9:26	10:21	12:46		
14:00	15:39								
	WCOC				0:38	0:27	1:13	0:47	
0:49	1:12	0:39	0:58	0:59	1:44	0:55	2:25		
1:14	1:39								
					16:35	19:33	20:41	21:15	
22:37	23:20	23:43							
					0:56	2:58	1:08	0:34	
1:22	0:43	0:23							
2	Michael Billingham			25:52	0:30	1:00	2:23	3:17	
4:24	6:06	6:48	7:52	8:51	10:43	11:47	13:53		
15:03	16:55								
	WCOC				0:30	0:30	1:23	0:54	
1:07	1:42	0:42	1:04	0:59	1:52	1:04	2:06		
1:10	1:52								
					17:54	21:05	22:19	22:56	
24:41	25:29	25:52							
					0:59	3:11	1:14	0:37	
1:45	0:48	0:23							
3	Helen Winskill			26:12	0:28	0:56	2:17	3:16	
4:19	5:38	6:22	7:21	8:22	10:13	11:16	13:27		
14:40	17:13								
	WCOC				0:28	0:28	1:21	0:59	
1:03	1:19	0:44	0:59	1:01	1:51	1:03	2:11		
1:13	2:33								
					18:10	21:32	22:39	23:12	
24:56	25:48	26:12							
					0:57	3:22	1:07	0:33	
1:44	0:52	0:24							
4	Christopher Brand-			27:09	0:23	0:51	2:04	2:53	
3:45	5:08	5:57	6:58	7:57	9:51	11:00	13:11		
14:31	17:30								
	WCOC				0:23	0:28	1:13	0:49	
0:52	1:23	0:49	1:01	0:59	1:54	1:09	2:11		
1:20	2:59								
					18:24	22:09	23:24	24:04	
26:03	26:49	27:09							
					0:54	3:45	1:15	0:40	
1:59	0:46	0:20							
5	Adam Bennett			27:25	0:39	1:08	2:29	3:29	
4:37	6:13	6:59	7:57	9:15	11:15	12:22	14:39		
15:53	17:51								
	BL				0:39	0:29	1:21	1:00	
1:08	1:36	0:46	0:58	1:18	2:00	1:07	2:17		
1:14	1:58								

26:07	27:00	27:25			18:53	21:30	22:36	23:12
					1:02	2:37	1:06	0:36
2:55	0:53	0:25						
6	Paul Fussell			29:15	0:27	1:04	2:49	3:50
5:01	6:54	7:40	8:46	9:49	11:45	13:07	15:35	
17:11	19:27							
	BL				0:27	0:37	1:45	1:01
1:11	1:53	0:46	1:06	1:03	1:56	1:22	2:28	
1:36	2:16							
					20:34	23:33	25:07	25:42
27:44	28:48	29:15						
					1:07	2:59	1:34	0:35
2:02	1:04	0:27						
7	Jeff Powell Davies			29:16	0:31	1:00	2:22	3:31
4:33	5:53	6:39	7:49	8:53	10:52	12:11	14:28	
15:52	18:09							
	BL				0:31	0:29	1:22	1:09
1:02	1:20	0:46	1:10	1:04	1:59	1:19	2:17	
1:24	2:17							
					19:16	23:03	24:22	25:01
27:47	28:45	29:16						
					1:07	3:47	1:19	0:39
2:46	0:58	0:31						
8	Paul Johnson			29:59	0:35	1:12	3:11	4:18
5:40	7:08	8:06	9:13	10:23	12:26	13:37	15:58	
17:22	19:37							
	BL				0:35	0:37	1:59	1:07
1:22	1:28	0:58	1:07	1:10	2:03	1:11	2:21	
1:24	2:15							
					20:56	24:33	25:51	26:30
28:31	29:29	29:59						
					1:19	3:37	1:18	0:39
2:01	0:58	0:30						
9	Jason Taylor			30:31	0:38	1:13	2:47	3:43
4:52	6:21	7:12	8:27	9:27	11:30	13:02	15:30	
17:17	19:27							
	IND				0:38	0:35	1:34	0:56
1:09	1:29	0:51	1:15	1:00	2:03	1:32	2:28	
1:47	2:10							
					20:33	23:55	25:22	26:06
29:08	30:05	30:31						
					1:06	3:22	1:27	0:44
3:02	0:57	0:26						
10	Andy Lewsley			30:34	0:27	0:59	2:41	3:55
5:05	6:47	7:33	8:39	10:12	13:05	14:17	16:42	
18:02	19:51							
	BL				0:27	0:32	1:42	1:14
1:10	1:42	0:46	1:06	1:33	2:53	1:12	2:25	
1:20	1:49							
					20:58	24:47	26:15	26:58
29:13	30:09	30:34						
					1:07	3:49	1:28	0:43
2:15	0:56	0:25						
11	Richard Baxter			30:52	0:27	1:01	2:32	3:41
4:46	6:08	6:57	8:27	9:30	11:38	12:54	16:06	
17:28	20:43							
	SYO				0:27	0:34	1:31	1:09
1:05	1:22	0:49	1:30	1:03	2:08	1:16	3:12	
1:22	3:15							
					21:48	25:39	27:01	27:43

29:29	30:24	30:52					
					1:05	3:51	1:22 0:42
1:46	0:55	0:28					
12	Howard Leslie			32:56	0:27	1:05	3:06 4:19
5:36	7:20	8:14	9:24	10:31	12:44	14:17	17:01
18:39	20:49						
	WCOC				0:27	0:38	2:01 1:13
1:17	1:44	0:54	1:10	1:07	2:13	1:33	2:44
1:38	2:10						
					22:05	25:56	27:14 27:54
31:22	32:25	32:56					
					1:16	3:51	1:18 0:40
3:28	1:03	0:31					
13	Tony Brand-Barker			33:22	0:30	1:03	2:42 3:57
5:02	6:31	7:30	8:35	9:45	12:12	14:52	17:58
19:53	22:44						
	WCOC				0:30	0:33	1:39 1:15
1:05	1:29	0:59	1:05	1:10	2:27	2:40	3:06
1:55	2:51						
					23:52	27:36	29:06 29:51
31:50	32:50	33:22					
					1:08	3:44	1:30 0:45
1:59	1:00	0:32					
14	Mike Cumpstey			34:26	1:26	2:11	4:14 5:26
6:42	8:22	9:16	10:33	11:44	14:24	15:43	18:29
20:27	23:04						
	BL				1:26	0:45	2:03 1:12
1:16	1:40	0:54	1:17	1:11	2:40	1:19	2:46
1:58	2:37						
					24:23	28:40	30:06 30:47
32:50	33:54	34:26					
					1:19	4:17	1:26 0:41
2:03	1:04	0:32					
15	Angela Brand-Barke			34:43	0:31	1:14	3:05 4:21
5:47	8:09	9:09	10:42	12:02	14:28	16:00	18:58
20:40	23:36						
	WCOC				0:31	0:43	1:51 1:16
1:26	2:22	1:00	1:33	1:20	2:26	1:32	2:58
1:42	2:56						
					25:01	28:37	30:15 30:59
33:11	34:12	34:43					
					1:25	3:36	1:38 0:44
2:12	1:01	0:31					
16	Debbie Thompson			35:02	0:36	1:18	3:09 4:27
5:55	7:43	8:42	10:01	11:33	13:34	14:59	17:44
19:20	22:10						
	WCOC				0:36	0:42	1:51 1:18
1:28	1:48	0:59	1:19	1:32	2:01	1:25	2:45
1:36	2:50						
					23:29	27:49	29:32 30:24
33:25	34:29	35:02					
					1:19	4:20	1:43 0:52
3:01	1:04	0:33					
17	Stella Lewsley			35:24	0:40	1:27	3:09 4:27
5:56	7:48	8:37	10:17	11:33	13:44	17:25	19:52
22:03	24:15						
	BL				0:40	0:47	1:42 1:18
1:29	1:52	0:49	1:40	1:16	2:11	3:41	2:27
2:11	2:12						
					25:30	29:16	30:53 31:38
33:42	34:48	35:24					

					1:15	3:46	1:37	0:45
2:04	1:06	0:36						
18	Judy Johnson			35:59	0:47	1:26	3:18	4:47
6:35	8:21	9:13	11:00	12:25	14:42	16:08	19:00	
20:52	23:28							
	BL				0:47	0:39	1:52	1:29
1:48	1:46	0:52	1:47	1:25	2:17	1:26	2:52	
1:52	2:36							
					24:55	29:19	31:07	32:00
34:22	35:31	35:59						
					1:27	4:24	1:48	0:53
2:22	1:09	0:28						
18	Christopher Brown			35:59	0:41	1:12	3:04	4:19
5:28	7:21	8:18	13:07	14:20	16:18	17:40	21:11	
23:18	25:56							
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2:07	2:38							
					27:11	30:15	31:53	32:34
34:35	35:31	35:59						
					1:15	3:04	1:38	0:41
2:01	0:56	0:28						
20	Isabel Berry			36:30	0:58	1:52	3:48	5:04
6:33	8:43	9:34	11:15	12:57	15:15	16:58	20:11	
21:45	24:58							
	BL				0:58	0:54	1:56	1:16
1:29	2:10	0:51	1:41	1:42	2:18	1:43	3:13	
1:34	3:13							
					26:22	29:52	31:16	32:02
34:48	35:55	36:30						
					1:24	3:30	1:24	0:46
2:46	1:07	0:35						
21	Kim Leslie			37:10	0:35	1:20	4:04	5:26
6:53	9:04	10:06	11:47	13:20	16:07	17:35	20:31	
22:22	25:03							
	WCOC				0:35	0:45	2:44	1:22
1:27	2:11	1:02	1:41	1:33	2:47	1:28	2:56	
1:51	2:41							
					26:31	31:02	32:30	33:15
35:27	36:36	37:10						
					1:28	4:31	1:28	0:45
2:12	1:09	0:34						
22	Andrew Suddaby			39:10	0:34	1:23	3:12	4:35
6:08	8:02	9:04	10:33	11:46	14:27	16:09	19:28	
21:07	24:02							
	BL				0:34	0:49	1:49	1:23
1:33	1:54	1:02	1:29	1:13	2:41	1:42	3:19	
1:39	2:55							
					25:43	30:40	32:46	33:45
37:22	38:38	39:10						
					1:41	4:57	2:06	0:59
3:37	1:16	0:32						
23	Joan Cumpstey			39:52	0:42	1:28	3:30	5:07
6:43	8:34	9:46	11:10	12:33	15:19	16:59	20:31	
22:29	25:31							
	BL				0:42	0:46	2:02	1:37
1:36	1:51	1:12	1:24	1:23	2:46	1:40	3:32	
1:58	3:02							
					27:14	32:28	34:10	35:07
37:56	39:12	39:52						
					1:43	5:14	1:42	0:57

2:49	1:16	0:40						
24	Chris Lates			39:58	0:41	1:24	4:21	5:33
7:09	9:28	10:45	12:31	14:07	16:28	17:56	23:04	
24:46	27:12							
	BL				0:41	0:43	2:57	1:12
1:36	2:19	1:17	1:46	1:36	2:21	1:28	5:08	
1:42	2:26							
					28:24	32:04	33:21	35:58
38:23	39:25	39:58			1:12	3:40	1:17	2:37
2:25	1:02	0:33						
25	David LeBoutillier			42:01	0:49	1:31	3:56	5:34
7:02	9:43	10:40	13:05	14:27	16:56	18:33	22:09	
24:26	27:57							
	WCOC				0:49	0:42	2:25	1:38
1:28	2:41	0:57	2:25	1:22	2:29	1:37	3:36	
2:17	3:31							
					29:42	34:38	35:54	36:36
40:27	41:28	42:01			1:45	4:56	1:16	0:42
3:51	1:01	0:33						
26	Tom Ford			43:57	1:13	1:54	5:02	6:20
7:34	10:42	11:40	13:07	14:36	18:09	20:04	25:29	
27:40	31:20							
	IND				1:13	0:41	3:08	1:18
1:14	3:08	0:58	1:27	1:29	3:33	1:55	5:25	
2:11	3:40							
					32:38	36:32	38:25	39:07
42:23	43:29	43:57			1:18	3:54	1:53	0:42
3:16	1:06	0:28						
27	Annette Milburn			46:24	0:48	1:34	3:53	5:42
7:15	9:40	11:03	12:44	14:41	17:14	23:07	26:49	
28:49	31:53							
	WCOC				0:48	0:46	2:19	1:49
1:33	2:25	1:23	1:41	1:57	2:33	5:53	3:42	
2:00	3:04							
					33:47	38:58	40:57	41:46
44:25	45:50	46:24			1:54	5:11	1:59	0:49
2:39	1:25	0:34						
28	Anita Laird			48:01	1:03	2:05	4:29	6:22
8:53	11:26	12:52	15:05	17:04	19:54	21:44	25:31	
27:35	31:10							
	BL				1:03	1:02	2:24	1:53
2:31	2:33	1:26	2:13	1:59	2:50	1:50	3:47	
2:04	3:35							
					32:58	38:28	40:14	41:09
45:49	47:23	48:01			1:48	5:30	1:46	0:55
4:40	1:34	0:38						
29	Diana Mitchell			51:28	0:58	1:51	4:38	6:24
8:01	10:50	12:14	13:58	15:44	19:14	21:24	28:00	
30:39	34:26							
	BL				0:58	0:53	2:47	1:46
1:37	2:49	1:24	1:44	1:46	3:30	2:10	6:36	
2:39	3:47							
					36:19	41:08	42:57	43:46
49:18	50:44	51:28			1:53	4:49	1:49	0:49
5:32	1:26	0:44						

30	Sara Iversen				52:09	0:50	2:25	5:31	7:36
9:03	11:38	13:12	14:30	17:07	20:09	22:11	26:03		
28:01	32:13								
	IND				0:50	1:35	3:06	2:05	
1:27	2:35	1:34	1:18	2:37	3:02	2:02	3:52		
1:58	4:12								
					33:53	39:38	41:47	42:40	
50:26	51:35	52:09							
					1:40	5:45	2:09	0:53	
7:46	1:09	0:34							
31	Angela Whitworth				1:00:38	1:09	2:17	4:50	6:46
9:34	13:09	15:20	17:08	19:21	22:58	25:49	31:00		
33:26	38:54								
	BL				1:09	1:08	2:33	1:56	
2:48	3:35	2:11	1:48	2:13	3:37	2:51	5:11		
2:26	5:28								
					40:52	50:40	53:28	54:48	
58:02	59:43	1:00:38							
					1:58	9:48	2:48	1:20	
3:14	1:41	0:55							
32	Judy Suddaby				1:04:26	1:11	2:25	5:18	7:17
9:33	13:37	15:22	17:56	19:45	24:11	27:05	32:46		
36:00	41:13								
	BL				1:11	1:14	2:53	1:59	
2:16	4:04	1:45	2:34	1:49	4:26	2:54	5:41		
3:14	5:13								
					43:38	53:13	56:20	57:40	
1:01:19	0.00	1:04:26							
					2:25	9:35	3:07	1:20	
3:39		3:07							
33	Geoff Armer				1:09:50	1:38	3:03	6:35	9:22
12:00	17:13	19:14	21:35	24:10	29:04	31:53	37:14		
40:15	44:34								
	BL				1:38	1:25	3:32	2:47	
2:38	5:13	2:01	2:21	2:35	4:54	2:49	5:21		
3:01	4:19								
					47:09	54:07	57:39	59:16	
1:06:24	1:08:43	1:09:50		13:03					
					2:35	6:58	3:32	1:37	
7:08	2:19	1:07		*116					
	David Moorat				mp	1:26	2:16	11:10	12:32
-----	18:10	20:44	22:37	25:39	30:24	32:13	-----		
52:01	54:32								
	BL				1:26	0:50	8:54	1:22	
5:38	2:34	1:53	3:02	4:45	1:49		19:48		
2:31									
					-----	1:01:03	1:02:41	1:03:31	
1:07:22	1:08:40	1:09:40		15:56					
						6:31	1:38	0:50	
3:51	1:18	1:00		*116					
	Emma Moody				mp	1:26	3:00	8:27	22:55
29:15	-----	-----	-----	-----	-----	-----	-----	-----	---
--	-----								
	WCOC					1:26	1:34	5:27	14:28
6:20									
					-----	33:04	-----	-----	
-----	-----	43:03							
						3:49			
9:59									
	James Birkinshaw				mp	1:28	2:55	8:16	23:47

28:13	-----	-----	-----	-----	-----	-----	-----	---
--	-----							
		WCOC			1:28	1:27	5:21	15:31
4:26								
					-----	32:11	39:25	42:26
-----	48:53	51:19						
						3:58	7:14	3:01
6:27	2:26							
		Steve Birkinshaw		mp	0:22	0:49	2:11	3:03
3:52	5:05	5:46	6:42	7:39	9:19	10:18	12:39	----
-	16:04							
		WCOC			0:22	0:27	1:22	0:52
0:49	1:13	0:41	0:56	0:57	1:40	0:59	2:21	
3:25								
					16:57	19:41	20:35	21:03
22:31	23:16	23:40						
					0:53	2:44	0:54	0:28
1:28	0:45	0:24						