

Gowbarrow 25 July 2007

LONG	RESULT	NAME	RUN TIME	+5s	+10s	AGE	CLUB	LEAGUE
	1	59.10	Michael Noblett	49.10	10	M18	WCOC	100
	2	62.21	Michael Billinghamurst	52.21	10	M45	WCOC	99
	3	71.17	Roger Thomas	61.17	10	M45	WCOC	98
	4	75.16	Jonathan Brown	60.16	5 10	M40	BL	97
	5	76.22	Alan Irving	56.22	20		WCOC	96
	6	82.39	Julian Lailey	67.39	5 10	M60	SROC	95
	7	83.31	Neil Hamlyn	58.31	5 20		IND	94
	8	92.31	Lewis Taylor	67.31	5 20		WCOC	93
	9	93.07	Mark Hawker	68.07	5 20	M40	BL	92
	10	93.54	Stuart Parker	63.54	10 20		WAROC	91
	11	95.07	Martin Smith	70.07	5 20	M45	LOC	90
	12	99.42	Charlotte Watson	69.42	10 20	W14	WCOC	89
	13	103.24	Raymond Wren	68.24	5 30	M60	BL	88
	14	110.06	Graham Watson	85.06	5 20	M45	WCOC	87
	15	115.08	Diana Mitchell	90.08	5 20	W60	BL	86
	16	122.48	Rob Holder	87.48	15 20		WCOC	85
		Dave Downes	Retd					0
SHORT	RESULT	NAME	RUN TIME	+5s	+10s	AGE	CLUB	LEAGUE
	1	42.30	Pete Nelson	42.30			WCOC	100
	2	51.22	Michael Pearson	46.22	5	M60	WCOC	99
	3	53.54	Jenny Evans	53.54		W14	NOC	98
	4	53.57	Alistair Hornsby	53.57		M40	WCOC	97
	5	55.06	Susan Skinner	50.06	5	W40	WCOC	96
	6	55.58	Malcolm Ruckledge	50.58	5	M60	WCOC	95
	7	58.31	Mike Cumpstey	58.31		M60	MDOC	94
	8	62.05	Robin Stansfield	57.05	5	M65	BL	93
	9	66.15	Heather Prince	56.15	10	W45	BL	92
	10	67.13	Dick Whitworth	67.13		M65	BL	91
	11	67.57	Christopher Lates	47.57	10 10	M65	BL	90
	12	70.17	Keith Masser	70.17			IND	89
	13	72.45	Alice Crook	67.45	5		IND	88
	14	74.54	Geoff Armer	74.54		M60	BL	87
	15	75.35	Annette Milburn	75.35			WCOC	86
	16	76.22	Janet Evans	66.22	10	W45	NOC	85
	17	76.36	Penny Bibby	61.36	5 10	W50	WCOC	84
	18	77.42	Jane Hornsby	67.42	10	W45	WCOC	83
	19	80.17	Louise Wilson	75.17	5	W65	BL	82
	20	81.51	Fran McDonald	71.51	10	W55	WCOC	81
	21	83.59	Joan Cumpstey	68.59	5 10	W55	MDOC	80
	22	84.37	Sally McKee (2)	64.37	10 10		IND	79
	23	88.17	Jeffrey Cowton (2)	73.17	15	M45	WCOC	78
	24	89.16	Angela Whitworth	84.16	5	W65	BL	77
	25	90.28	Rachel Osbourn	75.28	5 10		WAROC	76
	26	96.39	Sue Hawker	71.39	25	W40	BL	75
	27	101.37	Richard Evans	91.37	10		BL	74
	28	102.50	Marguerite Pennell	87.50	15	W65	WCOC	73
	29	110.12	Barbara Plant	110.12		W70	BL	72
	30	114.18	Jane Halle	104.18	10		IND	71
	31	130.54	Helen Lates	110.54	20	W65	BL	70
	32	157.55	Anita Evans	112.55	35 10		IND	69
	33	191.01	Tom Stenhouse	131.01	10 50		IND	68

NOVICE	RESULT	NAME	CLUB	AGE	LEAGUE
	1	48.29	Hannah Skinner	WCOC	W14100
	2	48.33	Callam & Robert Plunkett	IND	99
	3	51.42	Douglas Tickner	WCOC	98
	4	71.25	John Wigham	IND	97
DNF		52.29	Alistair Thomas	WCOC	